

ROCHESTER

ORIENTEERING



The Wild Times

December 2023

ROC Helpline: (585) 310-4ROC
Website: roc.us.orienteering.org
Find us on Facebook and Meetup!

THE OFFICIAL NEWSLETTER OF THE ROCHESTER ORIENTEERING CLUB

ROC President's Corner.... by Gary Maslanka

Volunteers

Volunteers are invaluable - they are firefighters, emergency medical responders, coaches of youth sports, hunter safety instructors, literacy instructors, deliverers of hot meals, ski patrollers and much more.

Like many organizations our club could not exist without volunteers. A typical local meet has volunteers course setting, managing the SI timing system, greeting people, and managing sign up, moving equipment to and from the event locations, providing food and drink at the finish, instruction, and picking up flags when the event is over.

Special events like the Mendon Trail Run, Rochester Map Adventure, and national level orienteering meets also have people managing road crossings, manning aid stations, coordinating parking, and vetting courses.



Continued on page 7

Camp Eastman End of the Year Membership Meeting on December 3rd

We will be at Kusak Lodge at Camp Eastman for the annual meeting, Sunday, December 3rd.

For the Annual Meeting event we will have regular courses planned. Details to be determined but something around 2.5k and 4.5k target lengths.

Courses to be open for starts 1:30-3:00 courses closed by 4:00. We will also set up Grid-O courses where you can practice punching and reading the map quickly, lengths from 200m to 400m.

Membership meeting at 4:30 pm!

Please join us!

Tyler Borden and Patty Borden
Course Setters



2023 Club Officers, Committee Chairs & Directors

Board Officers:

President: Gary Maslanka
gmm650b@gmail.com
President-Elect: Zack Butler
zack.j.butler@gmail.com
Past President: Steve Tylock
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Treasurer: Lindsay Worner
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Secretary: Don Winslow
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Wornerkohn@gmail.com
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General Information on Local Courses

The club will no longer be using the OUSA “color” designations, but rather names based on difficulty. A description of the courses is as follows:

| Name | Beginner | Advanced Beginner | Intermediate | Short Advanced | Advanced | Long Advanced |
|--------------------|----------|-------------------|--------------|----------------|----------|---------------|
| Approx. Distance | 2-4 km | 3-5 km | 4-7 km | 3-5 km | 4-7 km | 6-10 km |
| Number of Controls | 4-12 | 5-12 | 8-12 | 8-12 | 8-12 | 8-15 |
| Difficulty | Easiest | Easy | Medium | Hard | Hard | Hard |

The **Beginner** course is intended to be easy enough for first-time participants after a short introduction to the sport. Control points are generally on trails or similarly easy-to-locate features.

The **Advanced Beginner** course is slightly more difficult than the beginner course. Control points are generally placed close to but not right at easy-to-find features, such as on a knoll that is 50 m away from a trail junction.

The **Intermediate** course requires more map-reading and course-planning skills than the advanced beginner course. Controls will generally have a good attack point, but the attack point may be more subtle than on the advanced beginner course, or the control will be placed further from the attack point. The route choice from one control to the attack point for the next control is often less obvious than on the advanced beginner course.

The **Short Advanced, Advanced, and Long Advanced** courses differ from each other only in length. At local parks, they are usually the most difficult course that can be set given the size and the terrain of the park. Map-reading, compass, and route-planning skills will be tested to a greater degree on this course.

Sometimes other courses may be offered, such as a Motala, a course which involves one or more map exchanges, a Trail Challenge (long course with easy control placement), a Line-O or Score-O.

The entry fees to ROC meets are \$6 per map for ROC members and \$10 per map for non-members. If several people enter as a group using the same map, the fee is still \$6 (members) or \$10 (non-members). There is a \$1 discount if you use Online Registration... see roc.us.orienteering.org. The beginner and advanced beginner courses are \$5 per map. A person or group can do a second course for \$2 additional charge.

Beginner instruction is available at most of our regular meets, and beginners are welcomed to join us!



Schedule – subject to change!

Rochester Area:

2024 Tentative Schedule

The scheduling committee has put together a tentative 2024 schedule. We tried to pick maps that were not used in 2023 or use a different section of the map. We will be bringing back the Genesee Country Village map that has not been used since 2017 and the canoe/kayak O that has been missing for a couple of years.

The season's opening event will be a 2- and 4-hour Rogaine at Mendon similar to the event held at Durand last spring. We hope to bring back a couple of ski/snowshoe Os and use Genesee County Park for Ski O for the first time.

Last year we offered a course setting workshop. This year we are holding a field checking workshop. Our maps are constantly in need of field checking and updates. Field checking is a great way to improve your orienteering skills and to spend some quality time in the woods.

The club will host another national event NRE at the end of April or in early May of 2025 at Mendon Ponds. We are currently in discussion with Buffalo about them hosting another day so we can make it a weekend for people who have to travel.

The annual trail race is not an orienteering event, but for over 30 years we have used it to supplement our local meet budget. We often lose money on local meets because the Monroe County Park shelter costs.

The schedule and dates are still tentative so we welcome your comments or feedback!!

Please send to wornerkohn@gmail.com

January: Mendon Classic Ski O not attached to Winterfest. Possible demonstration course at Winterfest to keep relationship with County **SUNDAY, 1/21**

February: Genesee County Park Ski and Snowshoe Meet. Demonstration event at Nordicfest, but no formal meet. **SATURDAY, 2/20**

March: Field checking clinic to train some more people to update our maps **SATURDAY, 3/23**

April: Mendon Ponds Mini-Rogaine similar to last years Durand event (3 hours) **SUNDAY, 4/21**
Genesee Country Village Classic (Met with Director earlier this fall) **SATURDAY, 4/27**

May: Rotary Sunshine Classic **SUNDAY, 5/5**
Cumming Nature Center Classic **SATURDAY, 5/18**

June: RMA **SUNDAY, 6/2**
Canoe/Kayak O at South end of Braddocks Bay. **SATURDAY, 6/15**

July: Two Score O Events at smaller parks on a weeknights **WEDNESDAYS, 7/10/24**

August: Two Score O events at smaller parks on weeknights **THURSDAYS, 8/8/22**

September: Letchworth West Classic, **SUNDAY, 9/15** Mendon West Classic. (Save East side for 2025 NRE) **SATURDAY, 9/28**

October: Harriet Hollister Classic **SUNDAY, 10/6**
Durand East Classic **SATURDAY, 10/27**

November: Trail Race (May consider moving this to the end of October to avoid conflict with Fleet Feet Races. **SATURDAY, 11/2**

December: Annual meeting and activity **SUNDAY, 11/3**



In May 2024, between the dates of May 18th and May 26th, any activity can be registered as a World Orienteering Week event!

Outside of Rochester:

| | |
|------|--|
| CNYO | <p>Check their website for details! http://cnyo.us.orienteering.org/</p> <p>November 11 & 12, 2023 Highland Forest County Park Scout – O</p> |
| BFLO | <p>Check their website for details! https://buffalo-orienteering.org/</p> <p>November 11, 2023 Knox Farm Night-O</p> |
| EMPO | <p>Check their website for details! https://empoclub.org/</p> <p>November 11 – Grafton Lakes</p> |

| | |
|-----|---|
| NCO | <p>Check their website for details! https://northcountryorienteering.org/</p> <p>February 24 & 25, 2024 Black River Wild Forest Winter Rogaine</p> <p>April 8, 2024 Pleasant Lake State Forest Total Solar Eclipse Rogaine</p> |
|-----|---|

Permanent Course Opportunities

We have courses at Webster Park, Durand Eastman Park, Mendon Ponds Park, and Letchworth State Park. You can get maps at our events or on our website. They are free for members to download on our website.

On October 28, 2023, Don Winslow taught a mini-class on orienteering to a group of teachers from the NYS Master Teacher Program. This program provides professional development in various science and math related activities.

This group found about half the Webster Park controls. There were lots of smiles and some even said they just picked up a new hobby!



Permanent Course Opportunities – continued by Nancy Burgey

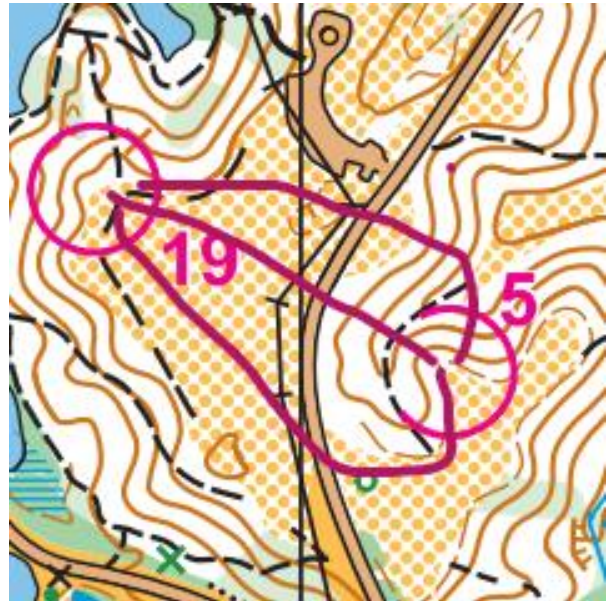
Looking for some orienteering ideas? Do you have a copy of a permanent orienteering map? Have someone give you a list of controls to visit, sort of a make your own course! For example: Durand Eastman East side your list might look like this: Starting at the parking lot near the maintenance building (open all year). Controls 24, 23, 19, 4, 21, 7, 5, 20, 1, 22, 8. If you need to get some additional running in add control 6.

For a longer course Control 23, 28, 2, 3, 18, 17, 22, 7, 4, 21, 20, 5, 19, 8, and 24. For an even longer course choose some of the controls further away. Challenge your friends or do the same course backwards next time you are in the park. Better yet, bring someone you know that is not familiar with orienteering take them along for the adventure.

Another idea is to take 3 or 4 controls; say 22, 1, 20, 5 and 19. Take different approaches to the controls each time you attempt. For 22 to 1 use the trail, then do 1 to 22 using the road. For 19 and 5 is it faster to straight line? Or is it better to loop to the south or the north loop.

If you have completed the course, try starting from a different location than you did before. You could skip every other control on your route, making some long legs and shorter legs. If you are a newer orienteer, try a mixing in the more difficult controls.

These are just a few ideas that you can do with any of the Permanent maps. You can also take a map from a past event and run it backwards (event maps will not have actual controls at the locations).



If you do not have a Permanent Orienteering map you can order from our website on line and we will mail the map to you. If you are a member, check the member page on the website.

Another idea would be to check out other places. The Penfield Recreation Center at 1985 Baird Road – Penfield has the maps of the Shadow Pines Permanent Course that was designed and maintained by Troop 312 It was Eagle Scout Project. The email address recreation@penfield.org for hours and questions.

See you at an event in the future!

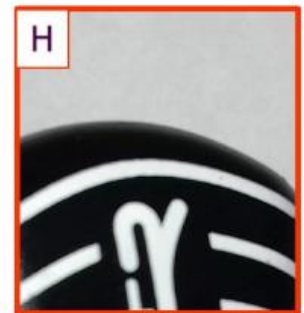
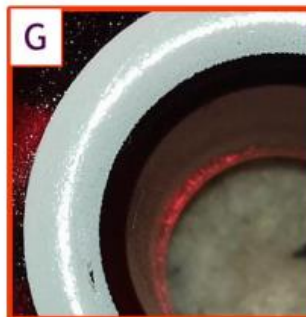
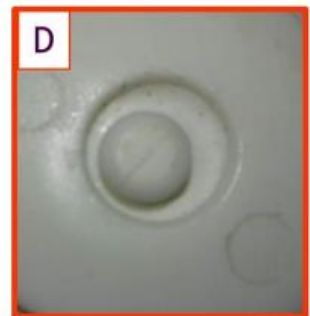
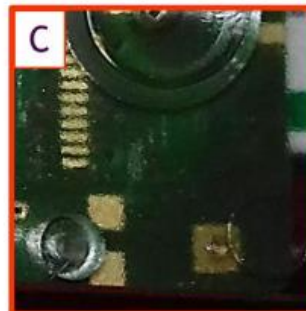
Pictured: Richard Burgey, CS for the first ever meet at Shadow Pines



Christmas Countdown Puzzle 3

Picture Puzzle Quiz

Can you recognise the following objects?



From the Scottish-Orienteering.org website....

President's Message continued...

Behind the scenes, board members and club officers plan schedules, manage finances, obtain permits, and reserve shelters, write the newsletter, and make decisions that keep the club moving forward. When the pandemic hit club volunteers kept us running in the wood by setting courses using UsynligO. 2023 was the first year since the pandemic hit that the club held the normal load of events, and it all went well.

Thank You Volunteers!! You are the force that makes it all possible. For those that have not been able to volunteer I ask you consider helping at one or two club events in 2024. If you're a xc-skier we could use your help picking up flags at a ski-o. A runner? The Mendon trail run can give you a chance to help the club and support your running friends by working at an aid station. Interested in Rochester history? Helping vet controls for the Rochester Map Adventure will take you to interesting historical places in the city. Helping at the start at a national or regional level meet gives you a chance to become comfortable with the start procedures used in these events and often allows you to run the event for free. Concerned you will not be able to do the event if you volunteer? Don't be, most volunteer jobs still let you do a course, and entry for local events is always free for volunteers.

For those that have been orienteering a while and want a deeper understanding of the variables that are considered when designing a course, try setting a course. The club holds events throughout the Rochester area and it is likely there is a park near you that you could work into your schedule. Use of course setting software like Purple Pen simplifies course layout, while the use of apps like UsynligO (phone) and O-range (Garmin watch) helps setting out controls in the woods. Several club members can help if you decide to give it a try.

Want to become better at reading and understanding maps? In 2024 the club will be providing instruction on map field checking to those interested in helping update some of our existing maps. Look for more information when next year's schedule is published.

If you'd like to have input on the club's schedule, equipment purchases, and long-range plans, becoming a board member maybe of interest to you. Board member serve a two-year term and the time commitment is flexible. There are four board meetings per year, each lasting about an hour or so. For the last few years, board meetings have been held on Zoom so travel to and from the meetings is not an issue. To find out more about what the various jobs entail, and to sign up as a volunteer, see the club website at [Rochester Orienteering Club - Volunteer](#)

To sum things up the 2023 season was great and we should all say thank you to the people that volunteered; they made it happen! Volunteering provides everyone an opportunity to learn new skills, visit new places, and meet new friends. It is the energy that keeps the club moving forward. See you in the woods...

Meet Director Position

The club is looking for an individual to act as meet director for all events throughout the 2024 year. Duties include caring for meet equipment and transporting equipment to and from meets as well as acting as meet director during the meet. Duties as meet director include being at the meet from approximately 30 minutes before registration opens through final course cleanup which is roughly 1 hour after courses close. The meet director coordinates with course setters for event details, and will write up a short paragraph reflecting on the event for the newsletter. Position includes a stipend of \$200 per event. Email zack.j.butler@gmail.com for more information in a timely manner.

OUSA Memberships

If you have been enjoying the local orienteering scene with our club, you may want to check out membership at the national level with Orienteering USA. The link is: <https://orienteeringusa.org/membership/> This helps support our national teams and there are benefits to you as well. You get a discount whenever you register for a national meet, a monthly email newsletter, and a great end of the year review magazine, and more!



2023 OUSA Masters Championships Recap

The recap can be found at: <https://orienteeringusa.org/2023/09/2023-ousa-masters-nationals-event-recap/> There are all the splits and tons of photos of the event. Thank you, Rick Worner and Lindsay Worner for putting on such a great event for ROC!

Pictured to the right are Dave Cady (BFLO) and Rick Worner (ROC), Meet Directors.

Also, from Rick to our great volunteers:

Masters volunteers,

Another great volunteer team effort this year. Lots of very positive comments from the participants. In these national events our experience really shows. Many of you have volunteered numerous times in the past and we continue to add new volunteers to the team each year.. The team is stronger than ever.

The hope is that this year's experience energized your enthusiasm for orienteering. Special thanks to Lindsay for the hours in the woods course setting, for Linda, who vetted points and spent many evenings formatting maps, to Tyler Borden, who did all the results and kept track of the runners still in the woods, and Kathy Bannister, for putting together a wonderful dinner at the East End Creamery in Perry on Saturday night. It was a great venue and the food and service were outstanding.

Tom Roycroft, Sergey Dobretsov, Georg Nadorff, and Linda Kohn vetted points before the event during numerous trips to the park and put out all of the controls on Saturday under the direction of Lindsay Worner. If I left anyone out, I apologize, please let me know if I did. I didn't have an email for Paul Manley who helped at the start and picked up signs and streamers after the event. I would also like to commend and appreciate the efforts of Dave Cady and Greg Hyatt from the Buffalo club. Greg was the Registrar and Dave was the Day 1 meet director and coordinated all the printing of the maps. We exchanged numerous emails and texts preceding the event.

OUR NEXT EVENT IS PENCILED IN FOR MENDON PONDS IN THE SPRING OF 2025. I HOPE THAT MANY OF YOU WILL BE ABLE TO VOLUNTEER AGAIN.

With great appreciation for all! Some pictures from the Championships from Clint Morse on the next page...





Kim Abell



Doug Hall



Zack Butler



Stina Bridgeman

Mendon Trail Run – November 4, 2023



Nancy Burgey, Heidi Hall, and Dick Detwiler at registration

The race took place in cool, yet comfortable conditions for the runners on Saturday November 4th. 54 runners finished the 10K, 33 finished the 20K, 9 the 30K and 43 finished all 5 laps of the 10K course to reach 50K. The Men's 50K champion, Marty Butler, Rochester, was so fast that he passed all but one of the 10K runners while he was running his third lap. The Women's 50K champion, Ellie Pell, is a well-known national class runner who happened to be in town, but she was given stiff competition by local runner Jessie George of Fairport. Wegmans provided a generous donation to help Anne's crew provide delicious food - her vegetarian chili was a big hit. Medved supplied gift cards to supplement the awards, and hosted the 'packet pick up' at their store the night before. Several runners commented on being 'spoiled' by how well the course was cleared of leaves. Runners also commented on how this is one of the more enjoyable races they have been in. This is all due to all the great ROC volunteers who make this race a success, as our numbers are continuing to climb back after the pandemic despite increasing trail race competition.

<https://scorethis-results.com/Results.php?raceid=20231104MNTR>



Steve Tylock and Rick Worner



Lindsay Worner and Ed Deller

ROC Needs You!... to Volunteer! By Steve Tylock



We have a full schedule this fall and will need regular volunteers at every event. If you're not on the volunteer email list and would like a handy reminder to let you know what specific openings we have, please contact me at stylock at gmail.com. You can also check into the club's website under volunteers for descriptions and a link to our volunteer page. And remember - we arrange things so that volunteers can still get out on a course and don't have to pay to register! Please consider helping the club and volunteering! It's a great way for newer folks to get to know everyone.

Kolva Award Nominees



In 2009, ROC established this award in honor of Karl Kolva for members between the ages of 14 and 20 that meet the following criteria and are nominated by another ROC member.

1. Attendance and participation in age related orienteering events.
2. Service to the Rochester Orienteering Club.
3. Showing interest in improving his or her orienteering skills.
4. Demonstrating good citizenship and sportsmanship in other activities.

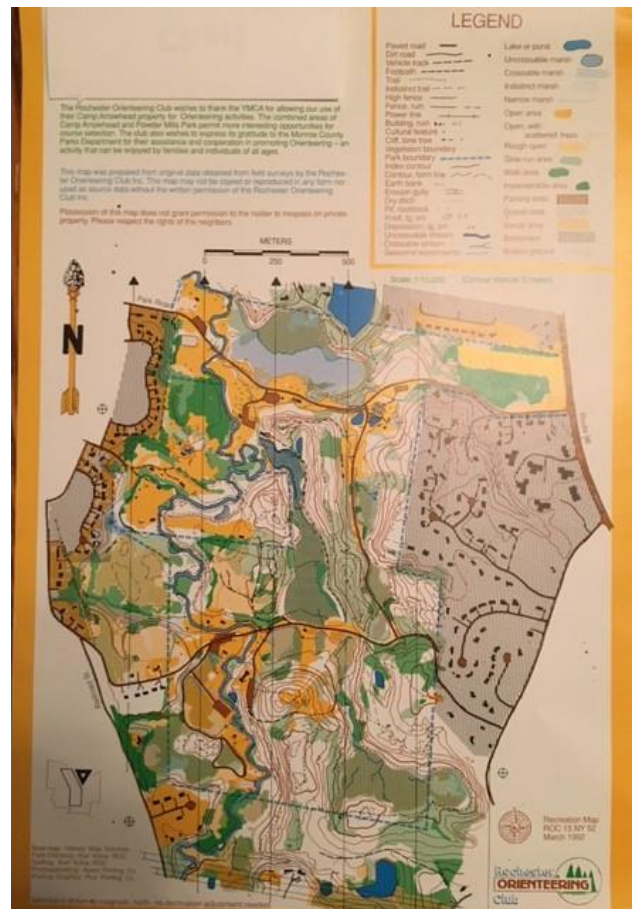
Please forward any nominees to the BOD!

O Tips for Beginners

From OUSA's website... New to O? Go to <https://orienteeringusa.org/> and check out the information that is there for new orienteers. There are videos to watch on many skills that orienteers use. You will find information on the vocabulary used in orienteering and equipment you may want to purchase as you progress. There's even a FAQ section. If you want help with anything, please ask a member at the next meet! We are here to help!

A Blast from the Past

This is a map that ROC used 31 years ago. The base map was done by Harvey Map Services and the field checking was done by Karl Kolva. Can you name this map?



Answer on page 15!

Get to Know the ROC

If you have an idea for a ROC member you'd like to see mentioned in this series, please contact Don Winslow.

Georg Nadorff

Name: Georg Nadorff. Let me say it is an honor to be asked to be spotlighted for The Wild Times!



Hometown: Victor, NY

Other family members: Ann Betz, Elanor Nadorff

Occupation/Grade in School: Lens Designer for 35+ years

Other Hobbies: J.R.R. Tolkien book collector and Middle-earth junkie; arboriculture and climbing trees

Involvement with ROC: member since 1989; help out from time to time. Was on US Ski-O team in the 1990's.

When did you start orienteering? 1989, although I tried it once in 1979 and again in 1986 and failed both times.

Why did you start orienteering? I read about it as a 9th grader growing up in Ohio in a magazine for youths called National Geographic World. It sounded wonderful and I was desperate to try it. There was a club in Cleveland already then, and I thought it would be simple to find your way in the woods. Although I did not get completely lost on the intermediate course that first time, I quickly realized I had no idea how to follow a bearing and to not wander way off. So, I sort of gave up, since it was taking forever to find the controls. Starting on a White course and getting some instruction would probably have been wiser. I tried it again in Minneapolis after college, but with similar results. Meanwhile, I instead became a cross-country ski fanatic while living in Minnesota for a year. Moving back to Rochester, I learned about ski-o, and realized I was much better at ski-o, since you follow trails and not bearings. Rick Worner noticed me and in his gentle prodding way asked if I would ever want to try a foot-o event, and thereafter I became completely hooked and traveled to every A-meet within driving distance from Rochester. Then I moved to Europe and orienteered my way through many countries.

Why did you stop orienteering? Sad to say, but I got busy with family, house, and work.

What level are you competing at? Oh, hi there. Am I competing? Thanks for reminding me. I would say Greenish?

What do you love about orienteering? The adventure of it. Never knowing what you will find around the corner or at the bottom of the cliff or in the middle of the swamp. Being at one with nature and relying on your wits to get you to the goal.

Favorite park in Rochester to orienteer in... Any new map. We need more! Apart from that? Probably Letchworth. I am planning on organizing the Ultra-Long-Orange event there, which hopefully could turn into an annual event, as long as no one falls into the gorge. It will be a rim-trail run like no other. If anyone

reading this can help me come up with a snazzy name for it, I would welcome suggestions!

Farthest from Rochester that you've orienteered...

Syktvykar, Russia, and all over Siberia, Russia (in Krasnoyarsk, Novosibirsk, and Khabarovsk).

Favorite orienteering experience... Well, the wonderful thing about orienteering is making new friends and meeting old friends at events, and then staying for free at their houses when traveling. But apart from that? There are basically an infinite number, since every event is unique. I don't think I have ever had, or ever will achieve, the perfect run. Nonetheless, actual highlights:

#1. City-O in Venice, Italy. Probably my all-time favorite event ever. It is an annual meet with participants from all over the world. <https://www.orivenezia.it/> Imagine 1000's of orienteers splashing at full-tilt in the narrow, flooded streets of Venice (the entire city is pedestrian zone—no cars) while the 10's of thousands of tourists are balancing on wooden planks trying to not get wet, and then getting completely lost because the alleys of Venice are maze-like and vast. I highly recommend trying it if you ever get a chance to visit Italy.

#2. Running through an active forest fire at an A-meet in Pennsylvania, jumping over fire lines, and finding several controls being licked by flames.

#3. Falling asleep while running on my feet during a 24-hour Rogaine at about 4 AM, and continuing to run. Completely surreal.

#4. Being in the lead group of about 20 runners during a Billygoat while at the height of my former running shape, and converging upon the control at the bottom of a cliffy depression from all directions simultaneously. Meet director Peter Gagarin was manning this control and it was simply awesome to all surprise him at once.

Worst orienteering experience... possibly only recently while vetting a course for the masters meet in Letchworth, when my o-shoe disintegrated and I essentially had to finish the course barefoot.

Any future orienteering goal you may have... It finally dawned on me just this year after 34 years of orienteering that o-shoes are not actually great for running in. They offer no support, so they are only good

when running off-trail. But they also fall apart after a single year of heavy usage, so you either always have to buy new shoes, or you stop orienteering. The ah-ha moment occurred when I noticed that my Solomon trail running shoes have lasted me for about 20 years and are still going strong, despite plenty of holes and rips in them. I tried them for orienteering after the barefoot run as I had no other option and noticed they were wonderfully comfortable and my feet did not hurt. They had zero traction though, since the soles are worn completely flat. So I went out and bought four different modern trail running shoes with the most aggressive cleats I could find, and I am super excited to figure out which ones work best for orienteering. It's a whole new world for me, and I am eager to get back into the adventure.

Any advice for newer orienteers? Start with short and easy courses, to have positive experiences. Unless you are determined like me to actually WANT to get lost, building your confidence with small successes will probably help you grow to love the sport and become a better orienteer sooner. And get tips from seasoned orienteers on techniques to follow a bearing with accuracy. But mostly, have fun and enjoy the time outdoors. And check yourself for ticks.

Meet Recaps by Lindsay Worner

Shadow Pines (8/24)

CS: Burgeys

MD: Lindsay Worner

A new map! Thanks to Dick Detwiler for mapping this new park (formally a golf course). We had a score-O event there as part of the summer score-O series. It was a warm and drizzly Thursday evening. The area is a mix of overgrown fields with mowed paths and mature forest along a stream. The Burgeys used the whole park and some runners were able to get them all. We had to watch out for flying discs but otherwise it was an uneventful event! Thanks to all who came out. There is a permanent course there as well.

Powder Mills (10/8)

CS: Steve Tylock

MD: Lindsay Worner

Steve's mass start/mass finish event was held at Powder Mills Park this fall. Steve designed the courses with the idea that everyone would run their category and everyone would finish at the same time. Meaning that the beginner course was a little longer but still beginner level difficulty and the long advanced might have been a little shorter but still advanced difficulty. Powder Mills sometimes proves a challenge because it is difficult to avoid crazy amounts of climb. Crossing over the ridge that runs down the middle of the map a couple times is a lot of climb and can really slow a runner down. I commend Steve for creating a different style event with such tricky requirements.



Kathy Bannister and Pete Dady at Shadow Pines

Harriett Hollister (9/3)

CS: Stina Bridgeman

MD: Lindsay Worner

We are fortunate to have some well-maintained mountain biking trails in the Rochester area. Harriett Hollister has a nice network of single track and hiking trails that made for some good options for route choice on the bike. Bike-O controls are all placed on trails much like a ski-O. You have to stay with your bike at all times (no leaving your bike to run to a control). Having the air punching has made the punching experience much more enjoyable. Another part of bike-o that is different is how to carry your map. Map holders for your bike are available and make navigating while riding much easier. You can also use a ski-o map holder that attaches to your chest. Change up your orienteering routine by trying out different types of orienteering events!

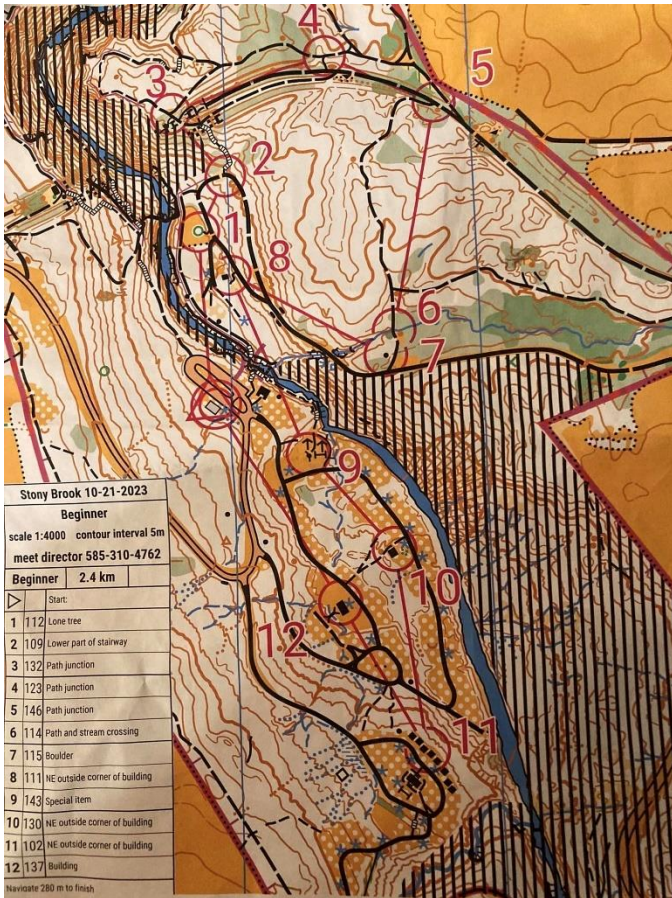


Jim Borden giving some instruction at Powder Mills

Stony Brook (10/21)

CS: Gary Maslanka
MD: Lindsay Worner

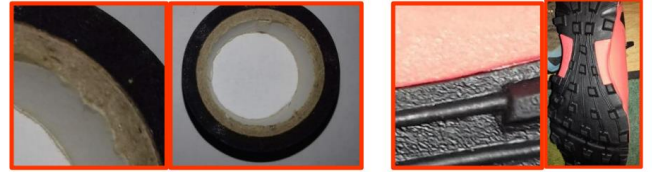
Another new map! Stony Brook has been in the works for a few years. Creating a new map involves a lot of work. It started with the LIDAR data, which is when light is bounced off the ground and the time it takes to travel back to the plane determines the elevation. With this data we are able to create base maps with very accurate contours. It can even distinguish water features and some vegetation. Once we create this base map, the mapper heads out to field check and add features and check vegetation. The club pays a mapper to do these tasks. Stony Brook did not disappoint with lots of old growth forest and long hillsides, very long hillsides. Gary set a sprint to go along with the regular courses to add to the fun. Thanks to all involved for making this new map possible!



The beginner course at Stony Brook State Park

Puzzle Time Answer...

Can you recognise the following objects?



Roll of Tape

Sole of shoe



Back of SI Unit

Bib Clips



Thumb Compass

Whistle



SI Unit

SI Air Dibber

A Blast from the Past Answer...

Powder Mills Park

SIAC Cards for sale...

Are you interested in getting your own SI card timing chip? The club has a stock available of SIAC cards for Air mode touchless punching that we have active for all our events and are the same as the cards we use as rentals. The SIAC cards are available for \$70 and can be had at any of our events, ask at the results laptop.

FIRST CLASS



4800 Eddy Ridge Road
Marion, NY 14505



Linda, Laurie, and Rick
at Stony Brook SP

In the next issue of The Wild Times...

- Read about recaps of our Ski-O events and articles about ROC members, Soren Lindahl and Alex and Natalie Nazarenko!
- Submissions due by March 1, 2024

We hope to have some nice snowy weather to be able to hold our Ski – O events! Dayle Lavine was enjoying a Ski – O at Letchworth State Park back in January 1993 according to the Democrat & Chronicle.

