



# *The Wild Times*

**April 2017**

ROC helpline: (585) 310-4ROC (4762) Web site: [roc.us.orienteering.org](http://roc.us.orienteering.org)

Find us on Facebook and on Meetup.com

**The official newsletter of the Rochester (NY) Orienteering Club**

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## **Orienteering Clinic at Fleet Feet, Culver Road Armory Store Saturday, April 22, 10:00 a.m to noon (registration at 9:30)**

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Learn the basics of orienteering! For those who have been hoping for some formal instruction before heading out on the trail, ROC will present classroom instruction on how to read orienteering maps. Then everyone will go out into Cobb's Hill Park to do a short orienteering course. We will regroup to talk about what was learned out on the course. Experienced ROC members will be there to guide you and share their expertise. You will come away from this workshop ready to participate in ROC's many events held throughout the season.

There is no charge! The clinic will include the following topics:

- Classroom instruction on terminology and techniques
- Learn to read an orienteering map
- Practice navigating an orienteering course in Cobb's Hill Park
- Find out about Rochester area permanent orienteering courses and local meets

Come dressed for the weather with appropriate footwear for variable trail conditions. We will be working both in the classroom and outdoors.

You are strongly encouraged to register on-line if you expect to attend, at:

<http://roc.us.orienteering.org/event-2480690>

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## **New maps in progress**

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ROC has, or will soon have, three new venues mapped!

These are Cumming Nature Center north of Naples; Alasa Farms, near Sodus Bay; and Genesee County Park, south of Batavia.

We've already had one event at Cumming Nature Center – an attempted ski-O in February (changed to a regular orienteering event, due to a thaw a couple of days before the event that wiped out some nice snow), and are scheduled to have a second event (Adventure Run) on May 21.

Events are on the schedule for the latter two locations: Genesee County Park on Saturday Sep 30, and Alasa Farms on Saturday October 14.

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## **2017 Schedule**

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The 2017 schedule has been set, and is available on the club web site.

Some highlights:

- First classic event of the season at Rotary Sunshine Camp on Sunday, April 30.
- Adventure Run at Cumming Nature Center on Sunday, May 21.
- Mountain Bike O (along with foot orienteering) at Dryer Road Park on Saturday, June 17.
- A training session, followed by our National Orienteering Day event, at Mendon on Saturday, September 9.
- National meet at Letchworth, on September 16-17.
- Night-O at Camp Eastman on Saturday, November 11.

Plus the two events, in September and October, at newly mapped sites (Genesee County Park and Alasa Farms), as mentioned above under the review of the new maps.

## 2017 Club Officers and Committee Chairs

### Board of Directors:

President: Dick Detwiler  
RLDetwiler@frontiernet.net

President-Elect: Vacant

Past President: Laurie Hunt  
hunt.laurieanne@gmail.com

Treasurer: Lindsay Worner  
lindsay.worner@gmail.com

Secretary: Don Winslow  
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Permanent Os: Richard Burgey  
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Permanent Os: Nancy Burgey  
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O Education: Jim Russell  
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Website: Tyler Borden tpb6816@gmail.com

### Board of Directors:

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Anne Schwartz anneschwz@yahoo.com

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## General information on local meets

### Courses

The club uses the OUSA "color" designations wherever applicable. A description of the courses is as follows:

Color	White	Yellow	Orange	Brown	Green	Red	Blue
Approx. distance	2-4 km	3-5 km	4-7 km	3-5 km	4-7 km	6-10 km	8-14 km
# of controls	4-12	5-12	8-12	8-12	8-12	8-15	10-18
Difficulty	Easiest	Easy	Medium	Hard	Hard	Hard	Hard

The White course is intended to be easy enough for first-time participants after a short introduction to the sport. Control points are generally on trails or similarly easy-to-locate features.

The Yellow course is slightly more difficult than the White course. Control points are generally placed close to but not right at easy-to-find features, such as on a knoll that is 50 m away from a trail junction.

The Orange course requires more map-reading and course-planning skills than the Yellow course. Controls will generally have a good attack point, but the attack point may be more subtle than on the Yellow course, or the control will be placed further from the attack point. The route choice from one control to the attack point for the next control is often less obvious than on the Yellow course.

The Brown, Green, Red, and Blue courses differ from each other only in length. At local parks, they are usually the most difficult course that can be set given the size and the terrain of the park. Map-reading, compass, and route-planning skills will be tested to a greater degree on this course.

Sometimes other courses may be offered, such as a Motala (a course which involves one or more map exchanges), a Trail Challenge (long course with easy control placement), a Line-O or Score-O. These courses will be explained in the meet instructions at any meet that uses these formats.

### Entry fees

The entry fees to ROC meets are \$6 per map for ROC members and \$10 per map for non-members. If several people enter as a group using the same map, the fee is still \$6 (members) or \$10 (non-members). There is a \$1 discount if you use Online Registration (see below). The White and Yellow courses are \$5 per map. A person or group can do a second course for \$2 additional charge.

### Beginner instruction

Beginners are always welcome; there is an informal beginners' clinic approximately 15 minutes after the beginning of the event, and all meets offer a course suitable for beginning orienteers.

# Schedule – April through September

## Rochester Area

Saturday, April 22	<b>Fleet Feet Armory - Orienteering Clinic.</b> for beginners. from 10:00 to noon. NO CHARGE
Sunday, April 30	<b>Rotary Sunshine Camp.</b> Barn Lodge. Classic Event. Starts from Noon. to 2:00 p.m..
Saturday May 13	<b>Powder Mill Park.</b> Wadham's Lodge, Classic Event. Starts from Noon. to 2:00 p.m..
Sunday, May 21	<b>Cumming Nature Center.</b> Adventure Run Nature Center.
Saturday, June 3	<b>Mendon Ponds Park West.</b> Classic Event. Pond View Shelter from 10:00 to noon.
Saturday June 10	<b>Mendon Ponds Park..</b> ADK Workshop Beach Parking Lot. 9:00 a.m. to 4 p.m.
Saturday June 17	<b>Dryer Road Park MTB-O.</b> Dryer Road Shelter, Mountain Bike & Classic event 10:00 to noon
Wednesday July 12	<b>Sprint Festival at R.I.T.</b>
Wednesday July 26	<b>Highland Park.</b> Sprint, White, Score-O.
Thursday August 10	<b>Ellison Park.</b> Sprint, White, Score-O.
Thursday August 24	<b>Durand Eastman Park.</b> Sprint, White, Score-O.
Saturday, September 9	<b>Mendon Ponds Park East.</b> Training, morning, National Orienteering Day, afternoon
Sat. & Sun., September 16 & 17	<b>Letchworth Park – 2017 National Event.</b> Sat. east side, Starts 11:00+, rec. starts 1:00+ Sun. west side, Starts 9:00+, rec. starts 11:00+
Saturday, September 30	<b>Genessee County Park &amp; Forest.</b> south of Batavia (new map!), from 10:00 to noon.

**Before traveling to any ROC meet, please call the Helpline at (585) 377-5650 or visit our web site.**

Meet locations, details, and schedules may change at any time – the Hotline and web site will always have the latest info!

## Outside of Rochester Area

See web sites of the sponsoring club for details.

Sat. & Sun., April 22 & 23	<b>38<sup>th</sup> West Point National Meet .</b> Saturday at Camp Buckner, Sunday at Harriman State Park
Sunday, June 18	<b>CNYO Lime Hollow Center in Cortland.</b> Daddy O Event
Sat. & Sun., July 22 & 23	<b>CNYO Rogainr XXVII in Orange,NY.</b> Sugar Hill State Forest

## Contact information

**ROC Helpline:** (585) 310-4ROC (4762) (directions to meet sites, any last-minute changes, etc.)

**ROC web site:** <http://roc.us.orienteering.org>

**Orienteering USA web site:** <http://orienteeringusa.org/>

**Buffalo Orienteering Club (BFLO) web site:** <http://www.buffalo-orienteering.org/>

**Central New York Orienteering (CNYO) web site:** <http://cnyo.us.orienteering.org/>

**Don't Get Lost Adventure Running** (Niagara/Hamilton region) web site: <http://www.dontgetlost.ca/gho/>

**Empire Orienteering Club (EMPO)** (Albany area) web site: <http://empo.us.orienteering.org>

**Other clubs:** See Orienteering USA web site.

## Permanent Course Finishers

Congratulation to the following for completing the following courses

### Durand East

Steve Scott

### Durand West

Kate Ford Daniels

Steve Scott

### Webster

Steven Ziembra

The Ortiz Boys



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## A Blast from the Past..excerpts from the May 1997 "Wild Times" Courtesy of Laurie Hunt

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Did you ever wonder what our ROC forefathers were experiencing twenty years ago? Here's a few highlights from our Wild Times newsletter from "back in the day"...

### **May 31st, 1997: Go Off the Trails at Mendon Ponds:**

*You may have collected a lot of Mendon Ponds maps in the past few years. The park has been the site of plenty of picnics, night-o's and trail runs, but chances are you've never experienced the "real" Mendon Ponds. For several years ROC was forbidden to orienteer off-trail because of environmental concerns. Last year the ban was lifted and on May 31st we're holding a regular meet which will allow those on advanced courses to explore the complex glacial terrain between the trails. Don't worry, the shorter courses will be on the trails as always. Meet at Evergreen Shelter. Starts are from 12-1:30.*

It isn't clear who is the ROC author of the article below...perhaps someone will come forward? A very unique O-experience!...

### **UXB-O:**

*Pocono Orienteering Club's meet on their new map of Tobyhanna State Park in Pennsylvania's Pocono Mountains proved difficult for me. But then, I had an excuse. No, it wasn't the topography, with its lack of contour detail, or the fairly thick vegetation, both of which put my (nonexistent) compass skills at a premium...My problem was that I was distracted on the way to the third control by an elderly camper who, pointing to a sign closing a park road to traffic, insisted that "you can't go off the trails back there. They've found live ammunition in the woods." Since the park surrounded the Tobyhanna military base the warning sounded almost reasonable. When I got back to the start, meet organizer Larry Pederson assured me that the old fellow was technically correct, but that the area had last been used for military exercises prior to WW I. At any rate, there's a new excuse. "I would have done better but I was worried about stepping on pre-WWI munitions."*

And some history of the April 19th, 1997 meet, thanks to Dayle Lavine. This is reminiscent of our Black Creek Icebreaker a few years ago...

**Mid-April at Highland Park.** *The warm air was filled with the perfume of brilliantly blooming tulips and daffodils. Of course that was inside the Lambertton Conservatory. Outside was a cold drizzle laced with snowflakes that soaked anyone who ventured outside the ROC canopy.*

Canopy?! Ah...orienteers! Despite the weather close to fifty people showed up. Thanks to Carol Moran's collection for this bit of ROC history, and for all our members who help support renting shelters!

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## Get to Know the ROC!

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If you know a ROC member you'd like to see mentioned in this series, contact Don Winslow.

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### **Olga Huber**

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**Hometown:** Originally from Moscow, Russia, and now live in Macedon, NY



**Other family members:** husband George, daughters Alona and Maria

**Occupation/Grade in School:** Senior Database Analyst at Harris Beach PLLC

**Other Hobbies:** running, swing and blues dancing

**When did you start orienteering?** 2013

**Why did you start orienteering?** I visit my family and friends in Russia every year. One of my college roommates, Lena, and her husband became avid orienteers in the recent years, even organized Russian Rogaine Championships. Listening to their orienteering/rogaine stories made me think that it might be the sport I might enjoy.

**What level are you competing at?** Red. I also prefer longer, Rogaine-type competitions.



**What do you love about orienteering?** It is physical and mental at the same time and you need to reconcile both aspects of it. And each course, even in the familiar local parks, is different, so it is a brand new adventure every single time. Every time I feel as a kid on a treasure hunt.

**Favorite park in Rochester to orienteer in...** Durand Eastman and Letchworth.

**Farthest from Rochester that you've orienteered...** Moscow, Finland and Spain.

**Favorite orienteering experience...**2015 World Rogaine Championship in Saariselkä, Finland. Located over the Arctic Circle, the area was breathtaking. We ran thru the herds of reindeer and drunk water straight from the lakes and streams



*This photo was added by the editor. I saw this car at the spring Webster meet, and I knew right away whose car it was! These stickers represent only some of the many ultramarathon races that Olga has completed!*

**Worst orienteering experience...** 2014 Racoongaine. My first Rogaine competition. There was no electronic punching at the event and I made a rookie mistake by pinning my control card to the outside of my jacket. 4.5 hours into 6 hour event, leading in the women's race (as I found out later), I realized I lost the card, retraced my steps but was not able to find it ...not surprising considering the distances involved.

**Any future orienteering goal you may have...**I really enjoy traveling to various orienteering and Rogaine events throughout the country and abroad, and I hope to do more of that in the future.

**Any advice for newer orienteers?** Start small, on the White course, and progress as you gain new skills. Also, ask for help/guidance from more experienced orienteers. 4 years ago, when I wanted to learn, I boldly asked Stina Bridgeman if I could shadow her on a training course in Mendon Ponds. I learned so much over those couple of hours (like - shorts are not the best orienteering attire and I really need to get a magnifying glass to see those tiny black dots). And it was a start of a wonderful friendship and partnership as Stina and I now team up sometimes for the Rogaine events and I still learn so much from Stina every time we race together!

Also, volunteer at ROC events. You get to meet a lot of great people, learn things in the process and you don't need to have top orienteering skills to do that.

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## Christine DuRoss

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**Hometown** – Hemlock, NY (now reside in Henrietta)

**Other family members** – Mom, brother, nephew

**Occupation/Grade in School** – Administrative Assistant

**Other Hobbies** – Die hard country music fan, love the Buffalo Bills, water aerobics, photography, gardening, theater and travel



**When did you start orienteering?** On and off over the years with cousins – the Burgeys...

**Why did you start orienteering?** To be able to spend more time outside and be active.

**What level are you competing at?** Permanent Orienteering Courses & white courses

**What do you love about orienteering?** Getting out in the woods and the challenge to find the controls!

**Favorite park in Rochester to orienteer in...** Letchworth and Mendon

**Farthest from Rochester that you've orienteered...** Buffalo Sardinia meet, I did the Score O with Richard Burgey, don't ask him about crossing the bridge to get me to the finish! It was a beautiful day and the different location along with the lower to the ground controls made for a very interesting and challenging day.

**Favorite orienteering experience...**so far it would be the Buffalo Sardinia meet because of the issue with the bridge and my fear of heights taking over. It was a challenge to get me to cross.

**Worst orienteering experience...** Durand Eastman .. getting lost several times at the easier portions of the white course...

**Any future orienteering goal you may have** – to finish the permanent orienteering courses

**Any advice for newer orienteers?** For additional practice outside of the meets, try the permanent orienteering courses at Mendon, Webster, Durand Eastman and Letchworth. No time limits and can go at your own schedule to finish the maps!

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## 2017 “A” Meet

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Every two years ROC tries to sponsor a national level “A” meet for orienteers from all over the U.S. and Canada. These help us raise funds to update our maps and provide our members with a chance to experience a high level meet without taking a long trip. The club will be hosting a meet at Letchworth on September 16 and 17, 2017. It will be a classic style event with times for each day added together to compute the final results. Day one will be on the East side of the park and day two will be on the West side. A discount will be offered to all members who volunteer at the meet. Please mark your calendars.

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## Local meets

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### Genesee Country Village September 11

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61 Starts

What started off as a cool morning for the volunteers who set out the flags, turned into a superb day for Orienteering. The temperature was in the 70s a break from the heat was welcome. The sun was shining and the sky was lightly clouded. A perfect day to be out in the woods.

The Genesee Country Village Nature Center is a great place to walk on numerous trails. It is a small area that has lots of open woods that could be wet most times, with the dry summer we have had mud was not a problem!!!

We had some newbies come out for the first time, some college students, families and lots of regulars. There were 61 starts with several heading out to try a 2nd course.

The Course Designer put together some great courses which everyone enjoyed and gave lots of compliments on. We had a full complement of courses: White, Yellow, Orange, Brown, Green and Red.

The Volunteers make it all happen: If I missed anyone let me know.

- Course designer: Linda Kohn and Dick Detwiler
- Flag Setters: Laurie Hunt, Tyler Borden, Richard Burgey
- Meet Directors: Nancy Burgey and Christine

DuRoss

- Greeter: Laurie Hunt
- Registration: Lindsay Worner and Zak Borden
- Instruction: Jim Borden
- Start : Nancy Burgey
- Finish: Tyler Borden, Stina Bridgeman
- Food: Patty Borden
- Flag Pick Up: Rob Stevens, Ed Deller, Don Winslow, and Gary Maslanka
- String-O: Christine DuRoss and Jackie Alexander
- Meet Directors: Nancy Burgey and Christine DuRoss

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## Durand Eastman NOW September 17

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34 Starts

This Durand Eastman event was our contribution to National Orienteering Week.

We had a white course with 11 starters plus a nice String-O. Then came the main event with a mass start of 23 (plus dogs) over a common course of 10 mandatory controls for all plus three groups of controls which allowed skipping from 0 to 6 to mimic the length and difficulty of red to yellow courses. Though it sounded complicated, it worked out quite well, clustering the finishing times and mixing runners of all ages. Thanks to Steve Tylock and Tyler Borden.

I thought this novel type of event might have been named THOMASS in the race director’s honor, but, no, according to Attackpoint the name comes from across the lake: Toronto/Hamilton/Oakville/Massauga Awesome Snow Series. Fortunately no snow for this one. In fact low 70’s and rain held off until we were just vacating the shelter. Park was busy with a nearby TrailsROC and Tunnel to Towers 5K events but we seemed to stay out of each other’s way.

We were fortunate to be visited and learn some history from ROC Orienteering pioneers Karl & Mary Kolva brought by their daughter Jean.

- Course: Steve Tylock, Tyler Borden
- Directors: Tom McNelly, Nancy Burgey
- Greeter: Laurie Hunt
- Registration: Turinsky Family, Lindsay Worner, O. Huber, Patti Borden
- Start / Finish: Zak Butler, Lindsay Worner
- Flag Pickup: Michael Alexander, Jim & Zak Borden
- Food: Anne Schwartz
- Instruction: Don Winslow
- String-O: Anna & Sarah Turinsky
- String-O: Dayle Lavine
- Pickup: Bob Bundy, Richard Burgey, Ed Deller, Joel Shore

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## Mendon Ponds Park October 8

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57 Starts

This classic event was run on the east side of the park out of Calvary Lodge over the moraines, eskers and kames left behind from the ice age. Winners were Dave Cornell for White, Michelle & Crosby Woods for Yellow, Don Wilslow for Orange, Rick Worner for Brown, Tyler Borden for Green and Rob Stevens for Red. Much thanks to all who volunteered to make this a great event.

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## Mendon Ponds Park October 23

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73 Starts

We had a great turnout for the Mendon meet at Hopkins Point. It was great to see Karl and Mary Kolva and their daughter Judy. Also, we hope to continue seeing

Eric Barbehenn now that he's moved back to the area after living a long time overseas. Jim Tappon was there with his granddaughter, and Randy McGarvey sped through the brown course, coming in first. Many thanks to all the volunteers who make the meet directing job go smoothly.



- Greg Michels set the courses with Linda Kohn's help. Linda Kohn and Rick Worner held a clinic for successful orienteering at the orange level and above.
- Anna and Sarah Turinsky (and their mom) donated a large supply of delicious homemade chocolate chip cookies. Mike Alexander and his daughter
- Jackie set a string-o course for the youngsters to enjoy.
- Laurie Hunt was greeter and overall helper.
- Registration was manned by Nancy Burgey, Patty

Borden, Bob Bundy and Heidi Hall. Thanks to Nancy and Patty for taking 'command' while the meet director ran the yellow course.

- Computer results were handled by Tyler Borden and Stina Brideman.
- Control pick-up was done by Zak and Jim Borden, Stina Bridgeman, and Doug Hall.
- Finally, thanks to all 73 groups and single competitors who came out to make this a success!

-Anne Schwartz, Race Director



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## Mendon Trail Run November 5

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We had nearly perfect weather on November 5th for the Mendon Trail Run. The colors in the park were beautiful and the trails were in great condition. The 102 starters in the 50k event headed out at 8am. The remainder of the runners: 37 for 30k, 75 for 20k and 99 for 10k, started at 9:30. It was an impressive group of runners and we saw the leader and eventual winner of the 50k, Jason Mintz, come through after his first 10k loop at approximately 45 minutes. He stayed pretty close to that pace for the rest of the run to finish with a total time of 4 hours and 3 seconds. The female overall winner of the 50k was Ellie



Pell with a time of 4:16:51. We believe that is the record time for women in the 50k and beats the previous best time by over 20 minutes.



*Ellie Pell, from Ithaca, #315, female winner of the 50K*



*50K male winner Jason Mintz from Syracuse on right; May McArthur from Port Perry, Ontario, Canada on left.*



*The start of the 10K, 20K, and 30K*

Other distance winners were Matthew Lovell (2:19:19) and Jill Skivington (2:37:53) for the 30k, Travis Money (1:34:32) and Annie Preston (1:46:45) for the 20k and Michael Gardella (42:14) and Molly Romano (52:59) for the 10k. All together 286 runners completed the courses. We had 6 ROC members out running: Doug Hall, David Vickers, Maria Huber, Carl Palmer and Rukhsana Cofer on the 10k course and Joseph Shayka on the 20k course.



*ROC members Rukhsana Cofer (#228) and Carl Palmer (#229), at the 10/20/30K start*

As registrar, Dick Detwiler compiled stats on where our runners came from. While 60% were from the greater Rochester area, the other 40% came from a wide range of places including: Canada (Quebec, Toronto, St. Catharines, Burlington, and Pt. Perry), Pennsylvania, Maryland, Maine, Michigan, New Jersey and about 110 runners from across New York. We received many compliments throughout the day about all aspects of the run and many runners said this is one of their favorite races.



*30K female winner Jill Skivington from Rochester*

We had a huge team of ROC members (and some non-members!) volunteering: Dick Detwiler, Anne Schwartz, Rick Worner, Linda Kohn, Don Winslow, Laura Howard, Doug Hall, Gary Maslanka, Nancy Burgey, Bob Bundy, Greg Michels, Lindsay Worner, Mike Meynadasy, Paul Schwartz, Kameron Schwartz, Natalie Johnstone, Mike and Jackie Alexander, Jim Morange, Cheryl Detwiler, Patty Borden, Tyler Borden, and Rob Stevens. I really appreciate all the hard work everyone put in to make the event a success.

Many thanks to Medved for their sponsorship of gift certificates for awards for overall winners in each race and age group winners in the 50k. We also appreciated the endurance fuel mix contributed by Tailwind.

- Heidi Hall, meet director



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## Ellison Park Night-O November 12

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48 Starts

Our annual Halloween inspired night mass start Score-O was held out of the Hazelwood Grove Lodge at Ellison Park. Stina Bridgeman racked up the most points for either sex, 250. Much thanks to all the volunteers who made this possible.

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## Brighton Town Park December 4

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Well the weather was better than predicted and the food was as good as usual at our 2016 Annual Meeting! Everyone seemed to like the history theme with the event and the intrigue of Laurie's member trivia mystery contest.

Much thanks to food volunteers Dayle Levine, Linda Kohn, and Anne Schwartz, registration and e-punch by Tyler Borden, and control pickup by Rob Stevens,

Bob Bundy, Heidi Hall and Doug Hall. And of course a huge thank you to our outgoing president Laurie Hunt for a well-run brilliantly-led year!

I have a green plastic glass left behind in case it is dear to anyone but amazingly I think that was about all.

Meet Director: Greg

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## Mendon Ponds Park Winterfest January 17

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44 Starts

Winterfest, January 17, 2017, Hopkins Point Lodge

In planning the Winterfest ski-o there was good news and bad news. The bad news; no snow was mentioned in any of the forecasts. The good news: no agonizing as to whether to plan for foot or ski. Gary Maslanka took advantage of the reduced winter vegetation to take us to places in the park where few had gone before. The weather was cold enough to freeze the wet spots, but otherwise not too bad.

One control in the woods went missing. Eventually the stake and epunch box were found in separate places. It's hard to imagine why someone walking in the woods in winter, presumably a kindred spirit, would do this.

The turnout was a small fraction of the ROC membership, but it was a very interesting and diverse group of eager orienteers.

Carl Fey was in town visiting from his present home in

Finland. Carl was a member of ROC until he moved away, and has been a member of the US ski-o team.

Tamara Yobe is a medical doctor visiting Strong Memorial Hospital for a month. Her home is in Mendoza, Argentina, in the foothills of the Andes. She came to Winterfest to experience Mendon Ponds Park. She was excited to discover orienteering. Her energy was contagious.

John Edgemon lives in South Carolina. He is an ROC member because he enjoys the opportunity to orienteer when he visits his Rochester family.

We missed Rick and Linda's energetic presence. They were in Georgia participating in the annual Georgia Navigator Cup. This was one of Karl Kolva's favorite events.

There were a few noteworthy orienteering accomplishments. Jackie Alexander, age 12, was second on the beginner 1.9k course, very close to first place. Jason Urckfitz had an amazing time of 63:26 on the 7.4 k long advanced course. Rob Stevens was right behind him by 4 minutes.

Vince Cassano did not do a course. At 30 degrees, it was too nice a day not to bike, so he rode from Bushnell's Basin to pick up the most difficult controls on the east eskers and hills.

Last, but not least, we thank the hard working dedicated volunteers who made the meet a success:

- Gary Maslanka , course setter; Dick Detwiler, printing and consultant
  - Mike and Jackie Alexander, Jim and Patty Borden, Heidi Hall, registration
  - Don Winslow, greeter
  - Dayle Lavine, food
  - Rick Lavine, instruction
  - Tyler Borden and Stina Bridgeman, epunch
  - Stina Bridgeman, Vince Cassano, Rukhsana Cofer, Carl Palmer, Dayle Lavine, flag pickup
  - Patty Borden, cleanup
- Meet directors: Dayle and Rick Lavine

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## Webster Park Ski-O February 11

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29 Starts



*Don Winslow giving instruction at the Webster Ski-O.*

- Meet director: Greg Michels
- Course setters: Doug Hall, Stina Bridgeman
- Greeter: Rick Worner
- Registration: Heidi Hall, Olga Huber, Rukhsana Cofer, Carl Palmer
- e-Punch: Tyler Borden, Zak Borden
- Instruction: Don Winslow
- Food: Dayle Lavine
- Flag pickup: Ed Deller, Rob Holmes, Steve Tylock, Richard Burgey



*Rick Worner at Webster Ski-O*



*Anne Schwartz at Webster Ski-O.*

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## Cumming Nature Center February 19

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25 Starts

We had a great event at Cumming Nature Center today. Although it was too warm for a Ski-O, it was a great day to be out in sunny 55 degrees in February. Hopefully we'll get to try the trails for ski-o next winter. The crew at the Nature Center were very welcoming and the ski patrol served up yummy chili and cornbread for their annual fund raiser.



*Patty Borden punching in at the finish at our inaugural meet at Cumming Nature Center.*

Thanks to Linda for mapping the Nature Center and designing the Score-O and Stina for setting the course. And many thanks to our wonderful crew of volunteers:

- Greeter: Carl Palmer
- Registration: Doug Hall, Dayle Lavine, Rukhsana Cofer and Dick Detwiler
- Instruction: Rick Lavine
- Start/Finish: Stina Bridgeman and Kathy Bannister
- Flag Pickup: Olga Huber, Gary Maslanka and Stina Bridgeman

Heidi Hall, Meet Director

# Rochester Orienteering Club membership application form

- \$10 for one-year student membership (high school or younger)
- \$15 for one-year individual membership
- \$20 for one-year full family membership
- \$25 for one-year organization membership (example: Scout group)
- \$40 for three-year individual membership
- \$55 for three-year family membership
- \$200 for life membership

	First name	Last name	Birthdate
<b>Self:</b>	_____	_____	_____
<b>Spouse:</b>	_____	_____	_____
<b>Children:</b>	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

**Address:** \_\_\_\_\_  
**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_  
**Phone:** (\_\_\_\_) \_\_\_\_\_ **e-mail:** \_\_\_\_\_

**Indicate if: New membership**  **or Renewal**  **Date of application:** \_\_\_\_\_

Please circle one or more areas below in which you would be willing to volunteer occasionally. Training will be provided if needed.

- Meet Course Food Greeter Registration String-O Start Control e-punch  
 Director Setter Finish Pickup

**Please enclose a check payable to the Rochester Orienteering Club and mail to:**  
 Rochester Orienteering Club, 422 Woodland Lane, Webster, NY 14580



*John Couran heading out on the Webster Park Ski-O.*



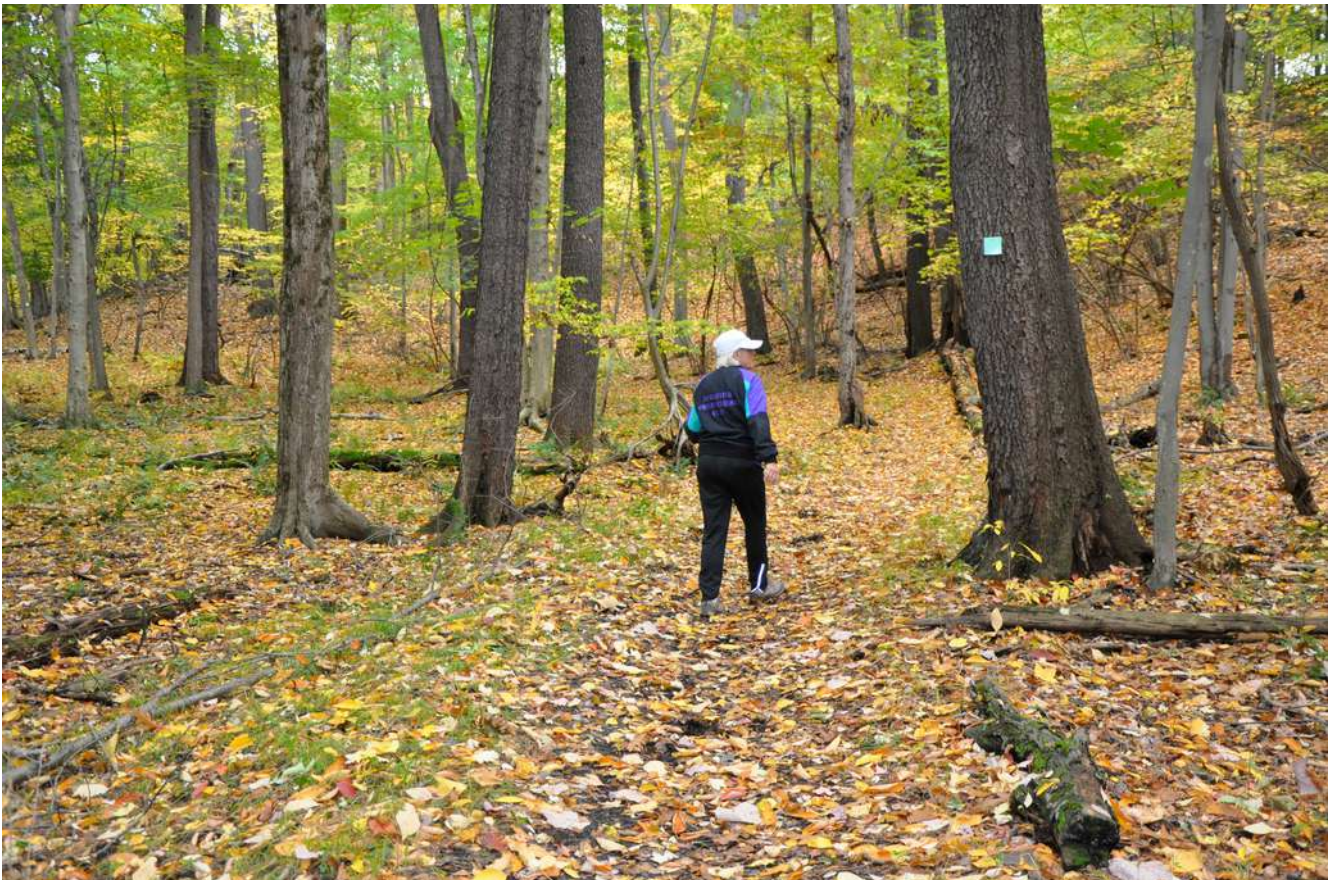
## First Class



422 Woodland Lane  
Webster, NY 14580



*Doug Hall in the Mendon  
Trail Race*



*At the Mendon Ponds Park meet, Oct. 23.*