



# *The Wild Times*

October 2011

ROC hotline: (585) 377-5650 Web site: [roc.us.orienteering.org](http://roc.us.orienteering.org)

The official newsletter of the Rochester (NY) Orienteering Club

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## **2011 Canal Cities Orienteering Festival (early August) Great Success!!**

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ROC hosted the Orienteering USA national convention in early August. To say it was a success is a major understatement! The week in Rochester was sandwiched between A-Meets in Syracuse (CNYO) and Buffalo (BFLO) on the weekends.

A total of 145 people participated in the convention in Rochester; 255 attended the CNYO meet, while 180 people competed in the BFLO meet. Of all of the people participating in some aspect of the Orienteering Festival, a whopping 90% were from outside of the Rochester area. Thirty-one states plus the District of Columbia were represented; in addition, there was a good turnout of Canadians (28 from Ontario and 6 from Quebec).

The week in Rochester included daily seminars about many aspects of orienteering (held at the Cornell Cooperative Extension on Highland Avenue); daily Sprint courses and training exercises (see article by Linda Kohn about these); a Night-O at Mendon; a mountain-bike-O at Dryer Rd Park; a canoe-O at Genesee Waterways Center; and the US Trail-O Championships at Highland Park. In addition, there were non-orienteering activities such as a family night at Sea Breeze amusement park.



*A group from Wilson High School Outdoor Club (OC) heading out on its course on National Orienteering Day in Highland Park. (All pictures by Dick Detwiler.)*

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## **Next Meet: Saturday, October 15 Irondequoit Bay Park West**

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The next meet will be at Irondequoit Bay Park West, located on the southwestern shore of Irondequoit Bay. This is a small park, but very rugged, and except for an extensive trail system, essentially undeveloped. This meet will feature White, Yellow, Orange, Brown, Green, and Red courses. This is the fifth of the 2011 Club Series meets. Because of the size of the park, most courses will be shorter than standard length; however, the extensive hills that the park has to offer means that the courses will not be wimpy in spite of the shorter-than-normal lengths! Start any time between noon and 2:00 pm.

## 2011 Club Officers and Committee Chairs

**President:** Rob Holmes, 421-9246  
rahklh@frontiernet.net

**Past President:** Mike Lyons, 787-0088,  
Michael.Lyons@xerox.com

**President-Elect:** Laurie Hunt, 267-7665  
hunt.laurianne@gmail.com

**Treasurer:** Lindsay Worner, 581-2979,  
Lindsay.worner@gmail.com

**Secretary:** Vacant

**Membership:** Mike Meynadasy, 406- 6140,  
mikemey1@yahoo.com

**Equipment:** Rick & Dayle Lavine, 442-6358,  
rdlavine@frontiernet.net

**Mapping Chair:** Dick Detwiler 671-2437,  
Rlshadow@aol.com

**Hotline:** Carol Moran, 377-8144,  
Pwtmoran@frontiernet.net

**Newsletter:** Dick Detwiler 671-2437  
Rlshadow@aol.com

**Volunteer Coordinators:** Sandra Lomker/Tom  
Cornell 426-6773 slomker@frontiernet.net

**Publicity:** Steve Tylock, 370-4632  
stylock@gmail.com

**Retail Map Sales:** Vacant

**Permanent O:** Tom Cornell, 426-6773,  
tcornell@frontiernet.net

**O Education:** Jim Russell, 314-1309  
Jrusell1@rochester.rr.com

**GPS Coordinator:** Mike Gallagher, 582-2408,  
mafgl1953@gmail.com

**Web Site:** Sergey Dobretsov, 388-0683,  
Dobretsov@yahoo.com

### Board of Directors:

Bob Bundy, 586-9393 rbundy1@rochester.rr.com

Mike Meynadasy, 406-6140,  
mikemey1@yahoo.com

Sandi Willsey, 398-7041 srw22@frontiernet.net

Laurie Hunt, 267-7665  
hunt.laurianne@gmail.com

Rick Lavine, 442-6358 rdlavine@frontiernet.net

Steve Tylock, 370-4632 stylock@gmail.com

Jim Pamper, 582-2715, jrpamper@yahoo.com

Carol Moran, 377-8144  
Pwtmoran@frontiernet.net

Joe Seyfried, 872-0903 jpsyef@frontiernet.net

Lindsay Worner, 581-2979  
Lindsay.worner@gmail.com

Joel Shore, 256-0794 jshore@frontiernet.net

Rick Worner, 581-2979 Wornerkohn@aol.com

Vince Cassano, 387-0891 rycdvc@frontiernet.net

Tyler Borden, 581-0378 tpb6816@rit.edu

Rob Stevens, 200-3613 rjseme@rit.edu

Stina Bridgeman, 396-2926  
stina.bridgeman@gmail.com

## General information on local meets

### Courses

The club uses the USOF "color" designations wherever applicable. A description of the courses is as follows:

| Color                   | White   | Yellow | Orange | Brown  | Green  | Red     | Blue    |
|-------------------------|---------|--------|--------|--------|--------|---------|---------|
| <b>Approx. distance</b> | 2-4 km  | 3-5 km | 4-7 km | 3-5 km | 4-7 km | 6-10 km | 8-14 km |
| <b># of controls</b>    | 4-12    | 5-12   | 8-12   | 8-12   | 8-12   | 8-15    | 10-18   |
| <b>Difficulty</b>       | Easiest | Easy   | Medium | Hard   | Hard   | Hard    | Hard    |

The White course is intended to be easy enough for first-time participants after a short introduction to the sport. Control points are generally on trails or similarly easy-to-locate features.

The Yellow course is slightly more difficult than the White course. Control points are generally placed close to but not right at easy-to-find features, such as on a knoll that is 50 m away from a trail junction.

The Orange course requires more map-reading and course-planning skills than the Yellow course. Controls will generally have a good attack point, but the attack point may be more subtle than on the Yellow course, or the control will be placed further from the attack point. The route choice from one control to the attack point for the next control is often less obvious than on the Yellow course.

The Brown, Green, Red, and Blue courses differ from each other only in length. At local parks, they are usually the most difficult course that can be set given the size and the terrain of the park. Map-reading, compass, and route-planning skills will be tested to a greater degree on this course.

Sometimes other courses may be offered, such as a Motala (a course which involves one or more map exchanges), or a Line-O or Score-O. These courses will be explained in the meet instructions at any meet that uses these formats.

### Entry fees

The entry fees to ROC meets are \$3.00 per individual or group for ROC members and \$6.00 for non-members. If several people (a family group for example) enter as a group using the same map, the fee is still \$3.00 (members) or \$6.00 (non-members). Additional maps are available for \$1.00 each. A person or group can do a second course using the same map for no additional charge (if you complete the White course and decide to try the Yellow course, for example).

### Beginner instruction

Beginners are always welcome; there is an informal beginners' clinic approximately 15 minutes after the beginning of the event, and all meets offer a course suitable for beginning orienteers.

# Fall 2011 – Winter 2012 Schedule

## (Full Ski-O information from other clubs not yet available)

### Rochester Area

|                      |  |
|----------------------|--|
| Saturday, October 15 | <b>Irondequoit Bay Park West.</b> Regular meet and Club Series #5. (Shorter than normal courses.) Start from 12:00 noon to 2:00 p.m. |
| Sunday, October 30   | <b>Powder Mills Park.</b> Wadhams Lodge. Regular meet and Club Series #6. Start from 12:00 noon to 2:00 p.m.                         |
| Saturday, November 5 | <b>Annual Mendon Trail Run.</b> East Lodge. 5K, 10K, 20K, 50K. Start times: 8:00 a.m. 50K, all other distances 9:30.                 |
| Saturday, December 3 | <b>Annual Meeting &amp; Scrooge-O,</b> Brighton Town Park. 5:00 p.m.   |
| Sunday, January 15   | <b>Ski-O at Mendon Ponds Park.</b>   |
| Sunday, February 5   | <b>Ski-O at Harriet Hollister.</b>   |

### Outside of Rochester Area

See web sites of the sponsoring club for details.

|                        |   |
|------------------------|---|
| Sun. Oct. 23           | <b>BFLO.</b> Sprague Brook Park. Four Courses, Beginner to Advanced |
| Sat. & Sun. Nov. 5 & 6 | <b>CNYO.</b> 18th Annual Scout O. Highland Forest Park, Fabius      |
| Sat. Nov. 19           | <b>CNYO.</b> 31st Annual Turkey O. Highland Forest Park, Fabius     |
| Sun. Jan. 29           | <b>BFLO.</b> Byrncliff Resort Ski-O                                 |

#### Attention!

**Before traveling to any ROC meet, please call the Hotline at (585) 377-5650.**

**Meet locations, details, and schedules may change at any time – the Hotline will always have the latest info!**

### Contact information

**ROC Hotline:** 585-377-5650 (directions to meet sites, any last-minute changes, etc.)

**ROC web site:** <http://roc.us.orienteering.org>

**USOF web site:** [www.us.orienteering.org/](http://www.us.orienteering.org/)

**Buffalo Orienteering Club (BFLO) web site:** <http://www.buffalo-orienteering.bfn.org/>

**Central New York Orienteering (CNYO) web site:** <http://cnyo.us.orienteering.org/cnyo/>

**Golden Horseshoe Orienteering (GHO)** (Niagara/Hamilton region) web site: <http://www.dontgetlost.ca/gho/>

**Empire Orienteering Club (EMPO)** (Albany area) web site: <http://empoweb.us.orienteering.org>

**Other clubs:** See USOF web site.

## Recent Permanent Course Finishers - Congratulations!

### Mendon

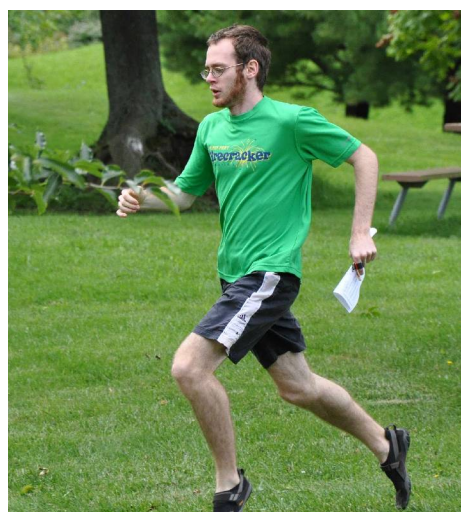
|                   |         |           |
|-------------------|---------|-----------|
| David Harris      | 5/31/11 | Sodus     |
| Kristina Modjeski | 6/1/11  | Rochester |
| Manzella Family   | 7/12/11 | Pittsford |
| Bob Miller        | 7/23/11 | Rochester |
| Jenna Adams       | 8/8/11  | Pittsford |

### Letchworth

Greg Lavin & Chris Basile 5/3/11 Geneva

### Webster

|                      |         |           |
|----------------------|---------|-----------|
| Kristina Modjeski    | 6/1/11  | Rochester |
| Wendy & Joerg Helbig | 7/12/11 | Ontario   |



*Zachary Borden competing in the Trail Challenge at the Highland Park meet.*

# Sprint Series Championships Results

## by Steve Tylock

A Lyons and Stevens have been in the top three of the Men's Open for each of the three years of the Club Sprint Championship series. Mike Lyons has had a second and third place finish, but this time around we find Nate Lyons in first place. Rob Stevens won the inaugural event, and earns his second silver this year. Sergey Dobretsov rounds out in third, bouncing back into the top three after missing the podium in 2010.

Stina Bridgeman makes it three for three winning the Women's Open class. Linda Kohn earns second place after moving up to open.

Vince Cassano wins the Men's 45+ class after a solid finish in the last race of the season, moving ahead of perennial favorite Dick Detwiler. Vince competed in the 45+ class this year after a solid fifth place in the open class in 2010. Dick earns second place after first and third place finishes - if this were baseball, we'd have a term for that! Peter Dady places third for our CNYO neighbors.

Richard Burgy earns his second first place in the Male 65+ class while Anne Schwartz wins the Women's 55+ class. Walt and Patty Lyons take a pair of second place finishes back to BFLO.

In the youth category, Zach Lyons finishes in first place finish for the Male 16 and under class - taking another virtual gold medal back to the family trophy case. Tim Dobretsov earns second, moving up from third place in 2010.

That wraps things up for 2011 Sprints, but stay tuned for the Club Championship finishing up over three races in October.

See full results of the Sprint Series below.

See the ROC web site for a complete explanation of the series scoring system. The top four scores count towards the total score.

|                       |                   |            |                    |                |                         |             |
|-----------------------|-------------------|------------|--------------------|----------------|-------------------------|-------------|
| <b>Meet Director:</b> | P & A<br>Schwartz | R. Stevens | S & T<br>Dobretsov | N & M<br>Lyons | P. Borden, S.<br>Lomker | S. Willsey  |
| <b>Course Setter:</b> | R Detwiler        | T. Borden  | S & T<br>Dobretsov | N & M<br>Lyons | T. Borden               | R. Detwiler |

| Class  | Name             | Total Score  | Lincoln Park<br>06/05/11 | Mendon<br>06/15/11  | Basil Marella<br>06/29/11 | Ellison Park<br>07/09/11 | Genesee Valley<br>08/20/11 | Highland<br>09/17/11 |
|--------|------------------|--------------|--------------------------|---------------------|---------------------------|--------------------------|----------------------------|----------------------|
| F-Open | Stina Bridgeman  | <b>20.65</b> |                          | 10.60               |                           |                          | 10.05                      |                      |
|        | Linda Kohn       | <b>17.04</b> |                          |                     | 9.04                      | 8.00                     |                            |                      |
|        | Lindsay Worner   | <b>9.02</b>  |                          |                     |                           | 9.02                     |                            |                      |
|        | Jackie Novkov    | <b>7.54</b>  |                          |                     |                           | 7.54                     |                            |                      |
| M-Open | Nate Lyons       | <b>69.55</b> | 19.19                    | 18.31               |                           | <b>CS (17.39)</b>        | 14.66                      |                      |
| M-Open | Rob Stevens      | <b>54.34</b> | 13.85                    | <b>MD (13.28)</b>   |                           | 12.26                    | 12.05 x                    | 14.96                |
| M-Open | Sergey Dobretsov | <b>52.12</b> | 14.37                    | 12.67               | <b>CS (13.03)</b>         | 12.05                    |                            |                      |
| M-Open | Tyler Borden     | <b>51.46</b> | 13.29                    | <b>CS (10.89) x</b> | 13.96                     | 13.32                    | <b>CS (10.89)</b>          | 3.00 x               |
| M-Open | Mike Lyons       | <b>48.60</b> | 14.45                    | 10.02               |                           | <b>CS (12.15)</b>        | 11.98                      |                      |
| M-Open | Egils Robs       | <b>48.20</b> | 10.90                    | 8.13                | 15.30                     | 13.87                    |                            |                      |
| M-Open | Steve Tylock     | <b>47.59</b> | 11.65                    |                     | 11.18                     | 12.27                    | 10.28 x                    | 12.50                |
| M-Open | Brian Thomas     | <b>40.46</b> | 7.26 x                   | 8.58 x              | 10.51                     | 9.87                     | 9.40                       | 10.68                |
| M-Open | Don Winslow      | <b>37.39</b> | 7.90 x                   | 7.65 x              | 9.85                      | 8.94                     | 9.20                       | 9.40                 |
| M-Open | William Hawkins  | <b>37.04</b> |                          |                     | 18.62                     |                          |                            | 18.42                |
| M-Open | Erin Schirm      | <b>36.01</b> | 17.32                    | 18.69               |                           |                          |                            |                      |
| M-Open | Jason Urckfitz   | <b>27.20</b> | 10.99                    | 7.14                |                           | 9.07                     |                            |                      |

| <b>Class</b> | <b>Name</b>             | <b>Total Score</b> | <b>Lincoln Park<br/>06/05/11</b> | <b>Mendon<br/>06/15/11</b> | <b>Basil<br/>Marella<br/>06/29/11</b> | <b>Ellison Park<br/>07/09/11</b> | <b>Genesee<br/>Valley<br/>08/20/11</b> | <b>Highland<br/>09/17/11</b> |
|--------------|-------------------------|--------------------|----------------------------------|----------------------------|---------------------------------------|----------------------------------|--|------------------------------|
| M-Open       | Pavel Korniliev         | <b>24.02</b>       |                                  | 12.21                      |                                       | 11.81                            |  |                              |
| M-Open       | Erik Pieh               | <b>21.21</b>       | 9.79                             | 11.42                      |                                       |                                  |  |                              |
| M-Open       | Ravi Nareppa            | <b>16.75</b>       | 8.09                             |                            |                                       |                                  |  | 8.66                         |
| M-Open       | Rob Holmes              | <b>12.77</b>       |                                  |                            |                                       | 12.77                            |  |                              |
| M-Open       | James Mortillaro        | <b>7.36</b>        |                                  |                            |                                       |                                  |  | 7.36                         |
| M-Open       | Zak Borden              | <b>6.63</b>        | 6.63                             |                            |                                       |                                  |  |                              |
| M-Open       | Nathan Sugarman         | <b>3.00</b>        | 3.00                             |                            |                                       |                                  |  |                              |
| F35+         | Jackie Novkov           | <b>7.74</b>        |                                  |                            |                                       |                                  | 7.74                                   |                              |
| F55+         | Anne Schwartz           | <b>27.82</b>       | 7.26                             | 6.29                       |                                       | 6.93                             |  | 7.33                         |
| F55+         | Patty Lyons             | <b>19.86</b>       | 9.88                             | 9.98                       |                                       |                                  |  |                              |
| M45+         | Vince Cassano           | <b>42.88</b>       |                                  | 10.39                      | 11.18                                 | 10.60                            | 9.95 x                                 | 10.71                        |
| M45+         | Dick Detwiler           | <b>42.30</b>       | <b>CS (10.23)</b>                | 10.62                      | 8.85 x                                | 10.51                            | 10.94                                  | <b>CS (10.23) x</b>          |
| M45+         | Peter Dady              | <b>31.12</b>       |                                  | 10.97                      | 9.66                                  | 10.49                            |  |                              |
| M45+         | Rick Worner             | <b>21.06</b>       |                                  |                            | 10.16                                 | 10.91                            |  |                              |
| M45+         | Gary Maslanka           | <b>18.68</b>       |                                  | 7.58                       |                                       | 11.09                            |  |                              |
| M45+         | Jim Borden              | <b>17.26</b>       |                                  |                            | 9.23                                  | 8.04                             |  |                              |
| M45+         | Scott<br>Heiligenthaler | <b>16.81</b>       |                                  |                            | 9.60                                  |                                  | 7.21                                   |                              |
| M45+         | Michael<br>Meynadasy    | <b>16.60</b>       |                                  | 6.46                       |                                       | 10.14                            |  |                              |
| M45+         | Jim Tappon              | <b>8.94</b>        | 8.94                             |                            |                                       |                                  |  |                              |
| M45+         | Doug Kennedy            | <b>7.70</b>        |                                  |                            |                                       | 7.70                             |  |                              |
| M45+         | Shawn Forney            | <b>3.86</b>        |                                  |                            |                                       | 3.86                             |  |                              |
| M45+         | Carl Palmer             | <b>3.00</b>        | 3.00                             |                            |                                       |                                  |  |                              |
| M65+         | Richard Burgey          | <b>26.27</b>       | 6.18                             | 5.86                       | 8.40                                  | 5.83                             | 5.70 x                                 |                              |
| M65+         | Walter Lyons            | <b>13.51</b>       |                                  | 7.10                       |                                       | 6.41                             |  |                              |
| M65+         | Karl Kolva              | <b>3.00</b>        |                                  |                            |                                       |                                  |  | 3                            |
| M-16         | Zach Lyons              | <b>46.14</b>       | 10.12                            | 13.00                      |                                       | 12.35                            | 10.67                                  |                              |
| M-16         | Tim Dobretsov           | <b>15.60</b>       |                                  | 7.36                       |                                       | 8.25                             |  |                              |
| F-16         | Katie Edwards           | <b>5.72</b>        |                                  |                            |                                       |                                  | 5.72                                   |                              |
| F-16         | Maggie Hall             | <b>3.00</b>        | 3.00                             |                            |                                       |                                  |  |                              |

## Club Series Standings to Date (through the October 2 Mendon meet)

Due to space considerations, only those who have scores for two or more meets are shown below. Full Series Standings are available on the ROC web site. (Being MD (Meet Director) or CS (Course Setter) results in a score for that meet.)

|        |                  | MD:          | R. Worner   | L. Hunt    | S. Willsey | R. Worner | P & A Schwartz        |              |
|--------|------------------|--------------|-------------|------------|------------|-----------|-----------------------|--------------|
|        |                  | CS:          | R. Detwiler | W. Hawkins | J. Russell | R. Lavine | S. Tylock, R Detwiler | R. Stevens   |
|        |                  |              | Webster     | Mendon     | Dryer Road | Mendon    | Iron. Bay West        | Powder Mills |
| Class  | Name             | Total        | 04/16/11    | 05/07/11   | 05/22/11   | 10/02/11  | 10/15/11              | 10/30/11     |
| F-Open | Stina Bridgeman  | <b>33.51</b> | 9.82        | 10.69      | 10.00      |           |                       |              |
|        | Lindsay Worner   | <b>25.54</b> | 7.13        |            | 8.54       | 9.87      |                       |              |
|        | Linda Kohn       | <b>13.59</b> |             |            | 3.00       | 10.59     |                       |              |
| M-Open | Sergey Dobretsov | <b>55.15</b> | 11.52       | 12.28      | 12.96      | 14.39     |                       |              |
|        | Jim Pamper       | <b>38.34</b> | 7.82        | 11.03      | 8.70       | 10.79     |                       |              |
|        | Pavel Korniliev  | <b>36.54</b> | 10.43       | 13.75      | 12.36      |           |                       |              |
|        | Steve Tylock     | <b>34.25</b> | 10.52       | 11.19      |            | 12.55     |                       |              |
|        | William Hawkins  | <b>33.68</b> |             | CS         | 16.84      |           |                       |              |
|        | Dick Detwiler    | <b>26.27</b> | CS          | 9.09       | 8.42       |           |                       |              |
|        | Ravi Nareppa     | <b>26.07</b> | 6.99        | 8.25       | 3.00       | 7.83      |                       |              |
|        | Brian Thomas     | <b>25.11</b> | 6.31        | 7.43       | 3.00       | 8.37      |                       |              |
|        | Rob Stevens      | <b>24.31</b> | 11.47       | 12.83      |            |           |                       |              |
|        | Mike Lyons       | <b>23.32</b> |             |            | 11.38      | 11.94     |                       |              |
|        | Georg Nadorff    | <b>21.14</b> |             | 11.42      | 9.72       |           |                       |              |
|        | Gary Maslanka    | <b>18.75</b> |             | 8.75       |            | 10.00     |                       |              |
| M45+   | Peter Dady       | <b>46.09</b> | 12.18       | 10.36      | 10.00      | 13.54     |                       |              |
|        | Vince Cassano    | <b>46.29</b> | 13.13       | 13.62      | 3.00       | 12.55     |                       |              |
|        | Rick Worner      | <b>41.19</b> | MD          | 13.54      |            | 13.91     |                       |              |
|        | Joel Shore       | <b>29.86</b> | 9.71        | 9.04       | 3.00       | 8.11      |                       |              |
|        | Jim Russell      | <b>17.61</b> | 8.81        |            | CS         |           |                       |              |
| F35+   | Linda Kohn       | <b>25.01</b> | 12.01       | 13.00      |            |           |                       |              |
| M65+   | Richard Burgey   | <b>38.42</b> | 11.17       | 7.16       | 11.14      | 8.95      |                       |              |
|        | Richard Lavine   | <b>30.05</b> |             | 8.35       | 11.68      | CS        |                       |              |
|        | Bob Bundy        | <b>26.90</b> | 10.00       | 8.44       | 8.46       |           |                       |              |
|        | Karl Kolva       | <b>9.00</b>  | 3.00        | 3.00       |            | 3.00      |                       |              |
| F55+   | Dayle Lavine     | <b>21.86</b> |             | 11.86      |            | 10.00     |                       |              |
|        | Laurie Hunt      | <b>20.61</b> | 6.58        | MD         | 7.16       |           |                       |              |
|        | Kathy Bannister  | <b>18.72</b> |             | 8.92       | 9.80       |           |                       |              |
|        | Nancy Burgey     | <b>18.00</b> | 10.78       |            |            | 7.22      |                       |              |
| M-12   | Tim Dobretsov    | <b>51.83</b> | 10.28       | 20.28      | 21.27      |           |                       |              |
| F-12   | Riesa Cassano    | <b>44.53</b> |             | 13.92      | 16.88      | 13.73     |                       |              |
| F-14   | Maggie Hall      | <b>31.64</b> |             | 21.23      | 10.41      |           |                       |              |
| M-14   | Luke Lyons       | <b>30.80</b> |             |            | 17.37      | 13.43     |                       |              |
| M-16   | Zach Lyons       | <b>37.93</b> |             |            | 20.43      | 17.50     |                       |              |

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## **Training Sessions at the Convention**

### **Linda Kohn**

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As the person in charge of designing the training exercises for the convention I started by (what else?) checking the Internet. I found the website with all sorts of training exercises sorted by topic. I then determined which activities would be suited for each of the four parks that were being used. Once I had that figured out I simply needed to plug in the activities, right? It turned out to be not quite so cut and dried. Many changes ensued when I started figuring out where to put the courses. In the end it all came together nicely with only a couple of glitches...not including the printer running out of yellow toner resulting in very pink/blue maps at Webster!

I thought some of the training exercises were very fun and that people seemed to really enjoy them. The corridor "O" at Mendon was certainly challenging, as was the circle map exercise. I had experienced corridor "O" but never had done the circle map. I made the circle map by taking off all of the north-oriented objects, north lines, trails and lettering forcing the runners to look at and use the contours. I also rotated the map so that north wasn't at the top of the page and wrote instructions in a circle around the map. This did require that I hone my skills with OCAD since these are functions that aren't usual in course setting and map making.

The opposite of the corridor "O" (where only a strip of the map showing 50 meters on either side of the line is shown) was the compass exercise. Instead of showing the map between controls the area on either side of the line was blocked out making it necessary to navigate by compass. In hindsight I shouldn't have used the steep part of Letchworth for this exercise...I'll know better next time.

Webster Park, the final day of training, was highlighted by Mass Start Practice. Runners were given one of four different maps that had some common controls with forking (i.e. sending runners to different controls). This made for some wild running since the courses were only 1.2k long. This was a very enthusiastic group with most runners doing both the A loop and the B. Thanks to Tyler's

incredible computer skills we were able to see results on the monitor almost instantaneously.

Each of the four days there was a sprint course offered but these were set by Rob Holmes (Mendon), Tyler Borden (Durand), Kathy Bannister (Letchworth) and Dick Detwiler (Webster). The courses were excellent and provided all of our runners with a great experience. Many thanks to everybody who pitched in to help set controls, make sure everything ran smoothly, and keep Linda from self-destructing. Many thanks to Tyler for setting up and manning the results computer for all four days. People were impressed!

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## **New Orienteering Race Format -- "Trail Challenge"**

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You may have noticed a type of event that was offered at the last two Sprint meets (Genesee Valley Park and Highland Park) called a "Trail Challenge".

This was pioneered in ROC by Tyler Borden at the Genesee Valley meet.

Basically, a Trail Challenge is a mass start cross-country race over fields and trails with a difference, as compared to cross-country races or trail races. The course is not marked out by marshals and cones but is instead defined by checkpoints (controls) that are marked on a specially made color map. The term Trail Challenge arises from choosing the fastest route between them.

The intent of this format is to appeal to people who might be decent runners but don't have much (or maybe no) orienteering experience. They may find a White or Yellow course too short to be a physical challenge, but an advanced course like Green or Red to be frustrating navigationally.

A Trail Challenge is ideally about a White to Yellow technical level, but with longer legs, and longer in general. Distances offered at Genesee Valley were 3K, 6K, and 10K; at Highland Park, one distance of 6K was offered.

An interesting feature about the Trail Challenge format is that following (technically not allowed in most orienteering events) is not only permitted, but encouraged. This led to some interesting head-to-head competition at the Highland Park meet.

See Page 19 to see a Trail Challenge map.



# Local Meet results

## Webster Park Ice-Breaker April 16, 2011

Who would have thought that after hours of driving rain this morning that I would have had such an exciting day at the Icebreaker? I came home with "an attitude of gratitude" that I wanted to share. And the rain is starting again as I look out the window...

First, thanks to Dick [Detwiler] for the wonderful course setting. I'm sure I get the "most stream crossings" award. But despite some of my poor decisions and very wet boots I had a great day. Thanks, Linda [Kohn], for getting that control moved to the bottom of the spur!

I'm grateful to Rick [Worner] and Linda for all the work they did prior to most of us arriving. Tyler [Borden], thank you for all the work you did to streamline the registration process and for sitting at the computer all day. Tom [Cornell], thank you for the T shirts. The color is perfect! Unfortunately I needed a green shirt for St. Patrick's Day, but I'll be ready for next year. Mary [Kolva], thank you for all the wonderful refreshments. Mike [Meynadasy], thanks for checking in about the membership after the meet. Bob [Bundy], thanks for booking the shelter. Thank you to all the volunteers whom I haven't named who came and made our meet possible.

I don't know if the membership sign was especially helpful, but we had a number of new members today and quite a few renewals. For those who didn't renew, some wonderful person has made it possible for us to renew online. I actually don't know who.

Thank you everyone who obliged my request to take your picture.



And it was SO great to see all those RIT students come and participate! Maybe Linda's O course at RIT will bring forth

some energetic new members for us? I hope we see them come back again and again. Since I was already losing lots of time between #2 and 3 I got to help one of them twice! Trust the compass. His was still in his pack.

We all contributed to making the meet today possible. I hope you all had as fun a day as I did.

Laurie Hunt



### Brown 4.0k 75m

| <u>Name</u>      | <u>Class</u> | <u>Club</u> | <u>Time</u> |
|------------------|--------------|-------------|-------------|
| 1 Don Winslow    | B-Rec        | ROC         | 58:45       |
| 2 Richard Burgey | M65+         | ROC         | 87:26       |
| 3 Nancy Burgey   | F55+         | ROC         | 90:39       |
| 4 Bob Bundy      | M65+         | ROC         | 97:41       |
| 5 Adam Smith     | B-Rec        | ROC         | 105:12      |
| 6 Elizabeth Hane | B-Rec        | ROC         | 140:50      |
| 7 Laurie Hunt    | F55+         | ROC         | 148:25      |
| Karl Kolva       | M65+         | ROC         | DNF         |
| Tom Cornell      | M65+         | ROC         | DNF         |

### Green 6.700k 115m

|                     |      |      |        |
|---------------------|------|------|--------|
| 1 Vince Cassano     | M45+ | ROC  | 73:33  |
| 2 Peter Dady        | M45+ | CNYO | 79:14  |
| 3 Linda Kohn        | F35+ | ROC  | 80:25  |
| 4 Larry Zygo        | M45+ | ROC  | 83:39  |
| 5 Carl Palmer       | M45+ | ROC  | 93:37  |
| 6 Joel Shore        | M45+ | ROC  | 99:28  |
| 7 R. Victor Klassen | M45+ | ROC  | 103:28 |
| 8 Marilyn Zygo      | F35+ | ROC  | 107:34 |
| 9 Jim Russell       | M45+ | ROC  | 109:37 |
| 10 Carilyn Orr      | F35+ | ROC  | 119:03 |

### Orange 4.400k 75m

|                           |       |     |        |
|---------------------------|-------|-----|--------|
| 1 Roger Kurtz             | O-Rec | ROC | 51:34  |
| 2 Vince Kurtz             | M-16  | ROC | 53:41  |
| 3 Anne Schwartz           | O-Rec | ROC | 75:43  |
| 4 Jennifer Manley & party | O-Rec | ROC | 101:57 |
| 5 Jim & Patty Borden      | O-Rec | ROC | 103:39 |
| Tyler Schindel            | O-Rec | RIT | DNF    |
| Rukhsana Cofer            | O-Rec | ROC | DNF    |
| David Hermans             | O-Rec |     | DNF    |



**Red 8.300k 155m**

|    |                  |       |     |        |
|----|------------------|-------|-----|--------|
| 1  | Sergey Dobretsov | M-21+ | ROC | 72:25  |
| 2  | Rob Stevens      | M-21+ | ROC | 72:44  |
| 3  | Steve Tylock     | M-21+ | ROC | 79:21  |
| 4  | Pavel Korniliev  | M-21+ | ROC | 80:01  |
| 5  | Rob Holms        | M-21+ | ROC | 81:55  |
| 6  | Stina Bridgeman  | F-21+ | ROC | 84:59  |
| 7  | Jim Pamper       | M-21+ | ROC | 106:42 |
| 8  | Lindsay Worner   | F-21+ | ROC | 117:01 |
| 9  | Ravi Nareppa     | M-21+ | ROC | 119:18 |
| 10 | Brian Thomas     | M-21+ | ROC | 132:14 |

**White 1.300k 10m**

|    |                    |       |     |       |
|----|--------------------|-------|-----|-------|
| 1  | David Tomlinson    | W-Rec |     | 14:26 |
| 2  | Joe Impellizzieri  | W-Rec | RIT | 16:17 |
| 3  | Abby & Barb Schroo | W-Rec | ROC | 17:04 |
| 4  | Michael Roberts    | W-Rec | RIT | 19:14 |
| 5  | Alex Schroo        | W-Rec | ROC | 21:27 |
| 6  | Tim Dobretsov      | M-12  | ROC | 21:44 |
| 7  | Jack Griffin       | W-Rec | RIT | 22:15 |
| 8  | Samantha Phillips  | W-Rec | RIT | 22:21 |
| 9  | Tyler Schindel     | W-Rec | RIT | 23:49 |
| 10 | Michael Sussman    | W-Rec | RIT | 24:35 |
| 11 | Richard Ruger      | W-Rec | RIT | 24:40 |
| 12 | Jake Valletta      | W-Rec | RIT | 24:41 |
| 13 | Shannon Lowes      | W-Rec | RIT | 31:25 |
| 14 | Colleen Manley     | W-Rec | RIT | 31:29 |
| 15 | Garnetta & Rita    | W-Rec | ROC | 33:09 |
|    | Philip Schneider   | W-Rec | RIT | DNF   |
|    | Theophil Syslo     | W-Rec | RIT | DNF   |

**Yellow 2.100k 35m**

|   |                           |       |     |       |
|---|---------------------------|-------|-----|-------|
| 1 | Tyler Borden              | Y-Rec | ROC | 19:30 |
| 2 | David Tomlinson           | Y-Rec |     | 36:11 |
| 3 | Tyler Schindel            | Y-Rec | RIT | 44:33 |
| 4 | Paul Duerr Caral Elsmorth | Y-Rec | ROC | 54:05 |
| 5 | Shannon Lowes             | Y-Rec | RIT | 54:21 |
| 6 | Colleen Manley            | Y-Rec | RIT | 54:24 |
| 7 | Richard Ruger             | Y-Rec | RIT | 54:48 |
| 7 | Michael Sussman           | Y-Rec | RIT | 54:48 |
| 9 | Jake Valletta             | Y-Rec | RIT | 54:58 |
|   | Jeff Luellen              | Y-Rec | ROC | DNF   |
|   | Garnetta Ely Rita Pelusio | Y-Rec | ROC | DNF   |

# Mendon Ponds Park

## May 7, 2011

**White 1.8k 85m**

|    |   |       |     |        |
|----|---|-------|-----|--------|
| 1  | Tim Dobretsov   | M-12  | ROC | 18:15  |
| 2  | Hannah Collinsworth                                   | F-12  | ROC | 19:33  |
| 3  | Ashley Willsey  | W-Rec | RIT | 22:56  |
| 4  | Riesa Cassano   | F-12  | ROC | 26:36  |
| 5  | Sam and Katie Phillips                                | W-Rec |     | 26:39  |
| 6  | Kayla Stevens   | F-12  | ROC | 27:20  |
| 7  | Carol Moran   | W-Rec | ROC | 29:41  |
| 8  | Nathan Collinsworth                                   | W-Rec | ROC | 30:32  |
| 9  | Frank Pilato  | W-Rec |     | 31:40  |
| 10 | Tom Higgins, Pat, Darian and Olivia & Orion Craniford | W-Rec | RIT | 37:01  |
| 11 | Kevin, Cheryl, Brianna, Kara, Aleesa Wu               | W-Rec | RIT | 39:41  |
| 12 | Peter and Ella Laney                                  | W-Rec |     | 40:27  |
| 13 | Jason Smith   | W-Rec | RIT | 40:32  |
| 14 | Anna, Sarah, George Turiasky and Beth Debartolo       | W-Rec | ROC | 47:38  |
| 15 | Barb & Rouian Nordquist                               | W-Rec | ROC | 50:40  |
| 16 | Lauren, Colton, Joselyn Lamb                          | W-Rec | ROC | 54:07  |
| 17 | Kelly, Zachary, Benjamin Person                       | W-Rec |     | 58:46  |
| 18 | Patty Borden Sylvia Mace                              | W-Rec | ROC | 61:56  |
| 19 | Roger B Keeney  | W-Rec | ROC | 131:35 |

**Yellow 2.2k 105m**

|    |   |       |     |        |
|----|---|-------|-----|--------|
| 1  | Maggie Hall                             | F-14  | ROC | 24:32  |
| 2  | Sandi Willsey                           | Y-Rec | ROC | 28:39  |
| 3  | Tim Dobretsov                           | Y-Rec | ROC | 29:19  |
| 4  | Hannah Collinsworth                     | Y-Rec | ROC | 33:36  |
| 5  | Joel Kincaid                            | Y-Rec |     | 34:10  |
| 6  | Stephanie Reh, Daniel, Veronica         | Y-Rec | ROC | 34:18  |
| 7  | Nathan Collinsworth                     | Y-Rec | ROC | 35:06  |
| 8  | Michael Roberts                         | Y-Rec | RIT | 39:50  |
| 9  | Jeff Luellen                            | Y-Rec | ROC | 39:53  |
| 10 | Heidi & Doug Hall                       | Y-Rec | ROC | 40:27  |
| 11 | Don Hammen                              | Y-Rec |     | 44:13  |
| 12 | Sarah Priestap                          | Y-Rec | RIT | 44:52  |
| 13 | Jack Griffin                            | Y-Rec | RIT | 50:08  |
| 14 | Tyler Schindel and Sussane Weatherly    | Y-Rec | RIT | 52:05  |
| 15 | Ted Syslo                               | Y-Rec | RIT | 54:06  |
| 16 | Philip Schneider                        | Y-Rec | RIT | 54:10  |
| 17 | Elizabeth Hane                          | Y-Rec | ROC | 55:03  |
| 18 | Shannon Lowes                           | Y-Rec | RIT | 55:23  |
| 19 | Colleen Manley                          | Y-Rec | ROC | 55:26  |
| 20 | Michael Sussman                         | Y-Rec | RIT | 64:39  |
| 21 | Janet Wong                              | Y-Rec | RIT | 64:46  |
| 22 | Richard Ruger                           | Y-Rec |     | 64:50  |
| 22 | Jake Valletta                           | Y-Rec | RIT | 64:50  |
| 24 | Robin KLouy                             | Y-Rec |     | 75:39  |
| 25 | Molly Christie, Ali and Alynna Gonzalez | Y-Rec |     | 76:03  |
| 26 | James Kull                              | Y-Rec |     | 101:36 |

|  |       |     |        |  |
|--|-------|-----|--------|--|
| 27 Pat Young and Ron & Heather Wellman |       |     |        |  |
|  | Y-Rec | ROC | 110:01 |  |
| Barb & Rouian Nordquist                | Y-Rec |     | DNF    |  |
| Curt Fey                               | Y-Rec | ROC | DNF    |  |

**Orange 3.3k 195m**

|   |       |       |        |  |
|---|-------|-------|--------|--|
| 1 Vince Kurtz                           | O-Rec |       | 43:07  |  |
| 2 Jim Borden                            | O-Rec | ROC   | 71:55  |  |
| 3 Joe Impellizzieri                     | O-Rec | Other | 72:09  |  |
| 4 Aaron Caveglia                        | O-Rec |       | 72:33  |  |
| 5 Paul Weirick                          | O-Rec |       | 83:16  |  |
| 6 Eric & Marikyzuka Barbehenn           | O-Rec | ROC   | 86:07  |  |
| 7 Eileen Flanagan                       | O-Rec | ROC   | 89:48  |  |
| 8 Scott Heiligenthaler                  | O-Rec | ROC   | 89:58  |  |
| 9 Anne Schwartz                         | O-Rec | RIT   | 95:07  |  |
| 10 Sheri Mortillaro                     | O-Rec | ROC   | 104:58 |  |
| 11 Jennifer Manley                      | O-Rec | ROC   | 111:37 |  |
| 12 Christine, Annika, Brendan           | O-Rec |       | 112:17 |  |
| 13 Stephanie Reh, Daniel, Veronica      | O-Rec | ROC   | 140:20 |  |
| 14 Tyler Schindel and Sussane Weatherly | O-Rec | RIT   | 168:30 |  |

**Brown L3+L4 3.5k 200m**

|                    |       |      |        |  |
|--------------------|-------|------|--------|--|
| 1 Erik Pieh        | B-Rec | ROC  | 51:46  |  |
| 2 Roger Kurtz      | B-Rec | ROC  | 59:04  |  |
| 3 Jamie Mortillaro | B-Rec | ROC  | 61:12  |  |
| 4 Dayle Lavine     | F55+  | ROC  | 64:48  |  |
| 5 Don Winslow      | B-Rec | ROC  | 67:27  |  |
| 6 Adam Smith       | B-Rec | ROC  | 67:34  |  |
| 7 Kathy Bannister  | B-Rec | ROC  | 86:08  |  |
| 8 Bob Bundy        | M65+  | ROC  | 91:02  |  |
| 9 Richard Lavine   | M65+  | ROC  | 92:04  |  |
| 10 Richard Burgey  | M65+  | ROC  | 107:19 |  |
| 11 Shawn Forney    | B-Rec | CNYO | 139:21 |  |
| 12 Lousie Cook     | F55+  | ROC  | 141:45 |  |
| Karl Kolva         | M65+  | ROC  | DNF    |  |
| Laurie Hunt        | F55+  | ROC  | DNF    |  |

**Green L1+L2 4.9k 290m**

|                       |       |      |        |  |
|-----------------------|-------|------|--------|--|
| 1 Vince Cassano       | M45+  | ROC  | 68:34  |  |
| 2 Rick Worner         | M45+  | ROC  | 68:56  |  |
| 3 Linda Kohn          | F35+  | ROC  | 71:50  |  |
| 4 Lindsay Worner      | G-Rec | ROC  | 72:03  |  |
| 5 Pete Dady           | M45+  | CNYO | 90:06  |  |
| 6 Laurie Collinsworth | F35+  | ROC  | 93:22  |  |
| 7 Keith Ash           | G-Rec | ROC  | 100:46 |  |
| 8 Joel Shore          | M45+  | ROC  | 103:14 |  |
| 9 Doug Brooks         | M45+  | ROC  | 108:16 |  |
| 10 Doug Kennedy       | M45+  | BFLO | 118:48 |  |
| 11 Casey Lamb         | G-Rec | ROC  | 130:23 |  |

**Red L1+L2+L3 7.4k 400m**

|                    |       |     |       |  |
|--------------------|-------|-----|-------|--|
| 1 Pavel Koriliev   | M-21+ | ROC | 77:44 |  |
| 2 Rob Stevens      | M-21+ | ROC | 83:18 |  |
| 3 Sergey Dobretsov | M-21+ | ROC | 87:05 |  |
| 4 Georg Nadorff    | M-21+ | ROC | 93:37 |  |
| 5 Steve Tylock     | M-21+ | ROC | 95:32 |  |
| 6 Jim Pamper       | M-21+ | ROC | 96:53 |  |

|                      |       |      |        |  |
|----------------------|-------|------|--------|--|
| 7 Stina Bridgeman    | F-21+ | ROC  | 99:59  |  |
| 8 Mitch Collinsworth | M-21+ | ROC  | 106:54 |  |
| 9 Russell Nordquist  | M-21+ | ROC  | 109:52 |  |
| 10 Richard Detwiler  | M-21+ | ROC  | 117:35 |  |
| 11 Gary Maslanka     | M-21+ | ROC  | 122:09 |  |
| 12 Carl Fey          | M-21+ | ROC  | 123:59 |  |
| 13 Ravi Nareppa      | M-21+ | ROC  | 129:33 |  |
| 14 Jackie Novkov     | F-21+ | BFLO | 139:46 |  |
| 15 Brian Thomas      | M-21+ | ROC  | 143:56 |  |

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## Dryer Road Park May 22, 2011

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Well, since this was my first attempt trying out the Meet Director role, I have to say that my responsibilities were made much more manageable due to the very dedicated and talented group of volunteers that put forth above and beyond effort to put on a successful event on Sunday. Thank you, thank you, thank you to all of you!!!!!! First of all, Jim Russell, for setting a challenging course in a challenging park with a spiderweb of trails and then expanding that onto neighboring hills besides, just to add to the "fun" factor. From what I heard, the courses provided quite the mental and physical workout which Mother Nature added to by having the already difficult conditions, being made more challenging when it began raining midway through the afternoon. Other than some episodes of light rain, it was a great day to hold a meet I thought, but then, I wasn't out running around in the rain either because it was nice and dry under the pavilion...

Jim had lots of control setting assistance from the the Worner/Kohn clan of Rick, Linda and Lindsay, Sunday am. and they were able to finish just in time for our 12:00 start. Thank you to the Borden clan of Patty, Jim, Zak and Tyler for their registration and start and finish help which kept them busy all afternoon. The Bordens also helped with the post meet cleanup along with Rick and Dayle Lavine who graciously allowed us to stuff their vehicle with all of the meet boxes, equipment, etc. in preparation for the next event. Thanks also to Ravi Nareppa who seems to spend alot of time sitting in front of a computer screen at these events and to Dick Detweiler who also helped at Start/Finish. Thank you also to Carol Moran, Sandra Lomker and Ruhksana Cofer for their very efficient registration assistance. They were able to get 74 starts and 85 entries total, out onto the courses in a very timely manner.

Thank you to Tom Cornell for his friendly greetings to our first time and veteran participants. I saw that Randy Mcgarvey was kept busy with his instruction clinic when we had an impressive number of curious and first time O-er's show up for the event. I think that there were several new people that had come to the park to either bike or have their kids enjoy the playground and roller rink, that also decided to see what the orange and white signs were all about. Several young O-er's were able to enjoy the string O set up by Stephanie and Faith Reh. The crowds were kept very well nourished by the above and beyond efforts of Barb Schroo. Barb must have spent most of the week playing Betty Crocker by baking a wide array of delicious treats. She also provided a great assortment of fruits

and other snacks including cheese/crackers and pepperoni. I think the only thing missing was a couple of bottles of wine and maybe that little oversight could be included the next time.....

Gary Maslanka and Riesa Cassano were able to pinch hit for us even though they weren't "official" volunteers for the event, by filling in on multiple tasks including start and general assistance where needed. The control picker upper crew of Jim Pamper, Brian Thomas, Mike, Zach and Nate Lyons had the big job of retrieving the controls from all of the far flung places of the courses which gave them all yet another big workout. A big sigh of relief from me and thanks to Tyler Borden from an appreciative and electronically challenged Meet Director, for preparing all of the results so that I didn't have to muddle through that.

And last but not least, thank you very much to my "unofficial" Co-Meet Director, Jim Pamper, who helped out with a myriad of tasks in front of and behind the scenes, in preparation for the meet, during the meet and post meet. He had some new ideas which improved the overall efficiency of the meet which made it easier for all of us volunteers. .

All in all, I would say that we had a great turnout of volunteers, and participants that were able to enjoy a great day of Orienteering at a challenging park on a weather day that cooperated for the most part in that it didn't rain for the entire day as has become the norm for all of us here in Rochester. Something to be appreciated for certain.

Happy O-ing to one and all.

Sandi Willsey, Meet Director

**White 1.6k**

|    |   |       |     |           |
|----|---|-------|-----|-----------|
| 1  | Nathan Sugarman   | W-Rec | ROC | 11:36     |
| 2  | Tim Dobretsov   | M-12  | ROC | 15:53     |
| 3  | Daniel Savage   | W-Rec |     | 17:16     |
| 4  | Riesa Cassano   | F-12  | ROC | 20:01     |
| 5  | Catherine McCorkindale, Catlin O'Leyar                    | W-Rec |     | 28:19     |
| 6  | Beth DeBartolo, and Anna, Sarah, George Turinsky          | W-Rec | ROC | 30:26     |
| 7  | Carol Moran, and Gregory, Amber, Chester, Kathleen Doskos | W-Rec | ROC | 32:48     |
| 8  | Ksenia Dobretsova   | W-Rec | ROC | 33:47     |
| 9  | Bethany, Eliana, Manny, Abel, Cloninger                   | W-Rec |     | 40:08     |
| 10 | Patty Borden, Jeannette Wahl                              | W-Rec |     | 41:10     |
| 11 | Elanor Nadorff, Mary Kathryn                              | W-Rec |     | 47:34     |
| 12 | Faith Reh, Stephanie Chiesi Reh, Danielle Chiesi          | W-Rec |     | 48:03     |
| 13 | Zainab Bakrin   | W-Rec |     | 48:32     |
| 14 | Lamb Family   | W-Rec | ROC | 64:15     |
| 15 | Borraccia Family  | W-Rec | ROC | 64:56     |
|    | Largson Omberg  | W-Rec |     | 13:48 N/C |

**Yellow 1.8k**

|   |                    |       |     |       |
|---|--------------------|-------|-----|-------|
| 1 | Luke Lyons         | M-14  | ROC | 17:35 |
| 2 | Haley Hunter-Zinck | Y-Rec |     | 17:39 |

|    |                              |       |     |         |
|----|------------------------------|-------|-----|---------|
| 3  | Largson Omberg               | Y-Rec |     | 19:26   |
| 4  | Meghan, Todd, Jean Sheehan   | Y-Rec |     | 22:10   |
| 5  | Jennifer, Clara, Paul Manley | Y-Rec |     | 28:01   |
| 6  | Jim Borden                   | Y-Rec | ROC | 28:23   |
| 7  | Megan Lewis                  | F-14  | ROC | 29:21   |
| 7  | Maggie Hall                  | F-14  | ROC | 29:21   |
| 9  | Nathan Sugarman              | Y-Rec |     | 31:45   |
| 10 | Daniel Savage                | Y-Rec |     | 34:20   |
| 11 | Jeff Monnier                 | Y-Rec |     | 34:26   |
| 12 | Nancy, Cindy Burgey          | Y-Rec |     | 40:01   |
| 13 | Bob Miller, Julian Epstein   | Y-Rec | ROC | 43:37   |
| 14 | Karl Kolva                   | Y-Rec | ROC | 63:28   |
| 15 | David Hermans                | Y-Rec |     | 94:20   |
| 16 | Rukhsana Cofer               | Y-Rec | ROC | 94:22   |
|    | Tyler Borden                 | Y-Rec | ROC | 14:25   |
|    | N/C                          |       |     |         |
|    | Zak Borden Jon Erbeliding    | Y-Rec | ROC | DNF N/C |

**Orange 3.300k**

|    |                                       |       |         |        |
|----|---------------------------------------|-------|---------|--------|
| 1  | Zach Lyons                            | M-16  | ROC     | 41:08  |
| 2  | Don Winslow                           | O-Rec | ROC     | 51:23  |
| 3  | Tyler Borden                          | O-Rec | ROC     | 58:04  |
| 4  | Jamie Mortillaro                      | O-Rec | ROC     | 62:06  |
| 5  | Zak Borden Jon Erbeliding             | O-Rec | ROC     | 68:36  |
| 6  | Eric, Mari Barbehenn                  | O-Rec | ROC     | 82:49  |
| 7  | Daniel Savage                         | O-Rec |         | 84:02  |
| 8  | Elizabeth Hane                        | O-Rec | ROC     | 118:18 |
| 9  | Shawn Forney                          | O-Rec | CNYO    | 126:58 |
| 10 | Sheri Mortillaro and Kenneth, Morrill | O-Rec | Krystle | 135:43 |
| 11 | Don Hammen                            | O-Rec |         | 136:37 |
| 12 | Anna LaForce, Ron Minges              | O-Rec |         | 138:15 |
| 13 | Tom Cornell, Sandra Lomker            | O-Rec | ROC     | 153:57 |
|    | Claire Bowern                         | O-Rec |         | DNF    |

**Brown 4.2k**

|    |  |       |     |        |
|----|--|-------|-----|--------|
| 1  | Largson Omberg                           | B-Rec |     | 62:58  |
| 2  | Halye Hunter-Zinck                       | B-Rec |     | 72:23  |
| 3  | Rick Lavine                              | M65+  | ROC | 115:48 |
| 4  | Richard Burgey                           | M65+  | ROC | 121:28 |
| 5  | Brian Tomaszewski                        | B-Rec |     | 133:33 |
| 6  | Randall, Denise McGarvey                 | B-Rec | ROC | 137:01 |
| 7  | Kathy Bannister                          | F55+  | ROC | 138:00 |
| 8  | Bob Bundy                                | M65+  | ROC | 159:52 |
| 9  | Jim & Kathy Curry                        | B-Rec |     | 161:31 |
| 10 | Laurie Hunt                              | F55+  | ROC | 188:59 |
|    | Pavel Korniliev                          | B-Rec | ROC | 52:38  |
|    | N/C                                      |       |     |        |
|    | Austin Lamb                              | B-Rec | ROC | DNF    |
|    | Louise Cook                              | B-Rec | ROC | DNF    |
|    | Barb Schroo                              | F35+  | ROC | DNF    |
|    | Keith, Kierstin Ash and Katherine Naylor | B-Rec |     | DNF    |
|    | Adam Smith                               | B-Rec | ROC | DNF    |

**Green 5.2k**

|               |      |      |        |
|---------------|------|------|--------|
| 1 Peter Dady  | M45+ | CNYO | 101:27 |
| Joel Shore    | M45+ | ROC  | DNF    |
| Vince Cassano | M45+ | ROC  | DNF    |
| Dayle Lavine  | F35+ | ROC  | DNF    |

**Red 6.9k**

|                     |       |      |        |
|---------------------|-------|------|--------|
| 1 William Hawkins   | M-21+ | ROC  | 51:57  |
| 2 Erin Schirm       | M-21+ | CNYO | 62:06  |
| 3 Nate Lyons        | M-21+ | ROC  | 63:13  |
| 4 Sergey Dobretov   | M-21+ | ROC  | 67:29  |
| 5 Pavel Korniliev   | M-21+ | ROC  | 70:47  |
| 6 Mike Lyons        | M-21+ | ROC  | 76:51  |
| 7 Stina Bridgeman   | F-21+ | ROC  | 87:29  |
| 8 Georg Nadorff     | M-21+ | ROC  | 90:02  |
| 9 Rick Worner       | M-21+ | ROC  | 95:15  |
| 10 Jim Pamper       | M-21+ | ROC  | 100:34 |
| 11 Lindsay Worner   | F-21+ | ROC  | 102:26 |
| 12 Richard Detwiler | M-21+ | ROC  | 103:54 |
| 13 Casey Lamb       | M-21+ | ROC  | 130:47 |
| Brian Thomas        | M-21+ | ROC  | DNF    |
| Ravi Nareppa        | M-21+ | ROC  | DNF    |
| Linda Kohn          | F-21+ | ROC  | DISQ   |

|   |     |       |     |
|---|-----|-------|-----|
| 30 Stephanie Reh                        | ROC | 42:28 | 120 |
| 31 Laurie Hunt                          | ROC | 63:37 | 120 |
| 32 Jennifer, Paul, Clayton, Clara Manly | ROC | 65:30 | 50  |

**Sprint 1.6k 90m**

|                           |       |       |       |
|---------------------------|-------|-------|-------|
| 1 Nate Lyons              | M-21+ | ROC   | 11:16 |
| 2 Erin Schirm             | M-21+ | CNYO  | 12:29 |
| 3 Mike Lyons              | M-21+ | ROC   | 14:58 |
| 4 Sergey Dobretsov        | M-21+ | ROC   | 15:03 |
| 5 Rob Stevens             | M-21+ | ROC   | 15:37 |
| 6 Tyler Borden            | M-21+ | ROC   | 16:16 |
| 7 Steve Tylock            | M-21+ | ROC   | 18:34 |
| 8 Jason Urckfitz          |       |       | 19:41 |
| 9 Egils Robs              | M-21+ | Other | 19:50 |
| 10 Zach Lyons             |       | ROC   | 21:22 |
| 11 Patty Lyons            |       | BFLO  | 21:53 |
| 12 Erik Pieh              | M-21+ | ROC   | 22:05 |
| 13 Jamie Mortillaro & Ken |       | ROC   | 23:26 |
| 14 Jim Tappon             |       | ROC   | 24:12 |
| 15 Ravi Nareppa           | M-21+ | ROC   | 26:44 |
| 16 Don Winslow            |       | ROC   | 27:22 |
| 17 Anne Schwartz          |       | ROC   | 29:46 |
| 17 Brian Thomas           | M-21+ | ROC   | 29:46 |
| 19 Zak Borden             | M-21+ | ROC   | 32:36 |
| 20 Richard Burgey         | M65+  | ROC   | 34:58 |
| Maggie Hall               | F-16  | ROC   | DNF   |
| Carl Palmer               |       | ROC   | DNF   |
| Nathan Sugarman           | M-21+ | ROC   | DNF   |

## Lincoln Park June 5, 2011

**Score-0**

| <u>Name</u>                   | <u>Club</u> | <u>Time</u> | <u>Score</u> |
|-------------------------------|-------------|-------------|--------------|
| 1 Erin Schirm                 | CNYO        | 45:09       | 600          |
| 2 Rob Stevens                 | ROC         | 55:28       | 600          |
| 3 Jason Urckfitz              |             | 56:23       | 600          |
| 4 Mike Lyons                  | ROC         | 58:09       | 600          |
| 5 Sergey Dobretsov            | ROC         | 58:40       | 600          |
| 6 Nate Lyons                  | ROC         | 46:56       | 570          |
| 7 Zach Lyons                  | ROC         | 61:04       | 510          |
| 8 Erik Pieh                   | ROC         | 59:53       | 480          |
| 9 Steve Tylock                | ROC         | 71:11       | 360          |
| 10 Jim Pamper                 | ROC         | 63:27       | 340          |
| 11 Zak Borden                 | ROC         | 54:58       | 330          |
| 12 Austin & Casey Lamb        | ROC         | 61:07       | 320          |
| 13 Brian Thomas               | ROC         | 53:12       | 290          |
| 14 Patty Lyons                | BFLO        | 58:25       | 290          |
| 15 Mark & Jon Erbeling        |             | 59:12       | 260          |
| 16 Jamie Mortillaro & Ken     | ROC         | 55:26       | 250          |
| 17 Walton Lyons               | BFLO        | 57:48       | 250          |
| 18 Tyler Borden               | ROC         | 20:56       | 230          |
| 19 Anne Schwartz              | ROC         | 54:49       | 230          |
| 20 Ravi Nareppa               | ROC         | 62:38       | 230          |
| 21 Don Winslow                | ROC         | 63:31       | 230          |
| 22 Jim & Patty Borden         | ROC         | 55:01       | 220          |
| 23 Joe Seyfried               | ROC         | 55:10       | 190          |
| 24 Ally, Adam, William Tylock |             | 54:33       | 180          |
| 25 Reid Palmer                | ROC         | 52:04       | 160          |
| 26 Sheri Mortillaro & Krystle |             | 53:25       | 160          |
| 27 Jim Tappon                 | ROC         | 55:25       | 160          |
| 28 Richard Burgey             | ROC         | 52:03       | 140          |
| 29 Emily & Alice Tylock       |             | 54:21       | 130          |



**White 1.8k 60m**

|    |  |     |       |
|----|--|-----|-------|
| 1  | Reid Palmer  | ROC | 16:55 |
| 2  | Nathan Sugarman  | ROC | 21:52 |
| 3  | Nancy Burgey   | ROC | 35:53 |
| 4  | Sheri Mortillaro & Krystle   |     | 36:39 |
| 5  | Doug Hall  | ROC | 39:59 |
| 6  | Olivia, Orion Crawford, Tom Higgin   |     | 43:52 |
| 7  | Carol Moran  | ROC | 45:36 |
| 8  | Beth DeBartolo, Anna, Sarah Turinsky   | ROC | 47:29 |
| 9  | Sandy Robs & Nikada Joseph   |     | 52:03 |
| 10 | Stephanie, Faith Reh, Danielle Chiesi,<br>Jerry, Brian Mathews, Brian Mendel | ROC | 58:50 |
| 11 | Sandra Lomker  | ROC | 49:34 |
|    | Obiurah Ike  | ROC | DNF   |
|    | Cindy Burgey   | ROC | DNF   |

|   |     |       |
|---|-----|-------|
| Patty Borden (N/C)  | ROC | 16:43 |
| Peter Baxendale, Brandon, Jordan,<br>Kristopher, Nickolas |     | DNF   |
| Kevin Houk, Leam, Noah, Kaden, Matt, Kevin                |     | DNF   |
| Troop #469 Kent, Russell, David, Kyran,<br>Kyan, Jared    |     | DNF   |
| Kent Palmer   |     | DNF   |
| Troop #469 Stephen, Miles, Dana, Branden,<br>Konnor       |     | DNF   |
| Cheri Levine & Edward Levine                              |     | DNF   |
| Cindy Burgey  |     | DNF   |

**Score-O 6.1-8.5k**

| Name                          | Club | Time  | Score |
|-------------------------------|------|-------|-------|
| 1 Erin Schirm                 | CNYO | 52:00 | 563   |
| 2 Peter Dady                  | CNYO | 57:17 | 510   |
| 3 Nate Lyons                  | ROC  | 48:52 | 496   |
| 4 Zachary Lyons               | ROC  | 50:58 | 489   |
| 5 Stina Bridgeman             | ROC  | 57:48 | 487   |
| 6 Vince Cassano               | ROC  | 59:35 | 485   |
| 7 Dick Detwiler               | ROC  | 56:56 | 471   |
| 8 Erik Pieh                   | ROC  | 57:13 | 467   |
| 9 Michael Lyons               | ROC  | 55:47 | 465   |
| 10 Pavel Korniliev            | ROC  | 57:47 | 464   |
| 11 Joel Shore                 | ROC  | 59:06 | 452   |
| 12 Larson Omberg              |      | 59:11 | 431   |
| 13 Lucas Lyons                | ROC  | 55:47 | 404   |
| 14 Walter Lyons               | BFLO | 56:39 | 404   |
| 15 Brian Thomas               |      | 53:25 | 399   |
| 16 Zak Borden                 | ROC  | 55:11 | 397   |
| 17 Tim Dobretsov              | ROC  | 55:18 | 381   |
| 18 Michael Meynadasy          | ROC  | 59:59 | 364   |
| 19 Don Winslow                | ROC  | 58:28 | 360   |
| 20 Jackie Novicov             | BFLO | 58:39 | 356   |
| 21 Sergey Dobretsov           | ROC  | 55:21 | 352   |
| 22 Lawrence Creatura          |      | 62:37 | 347   |
| 23 Patricia Lyons             | BFLO | 56:48 | 344   |
| 24 James Martin               |      | 80:22 | 343   |
| 25 Gary Maslanka              | ROC  | 59:06 | 337   |
| 26 Jim Borden                 | ROC  | 56:09 | 310   |
| 27 Bob Bundy                  | ROC  | 59:41 | 303   |
| 28 Scott Heiligenthaler       |      | 56:05 | 293   |
| 29 Patrick Cohcane            | ROC  | 57:38 | 239   |
| 30 Stephanie Chiesi Reh       |      | 54:33 | 233   |
| 31 Anne Schwartz              | ROC  | 59:37 | 225   |
| 32 Elizabeth Hane             | ROC  | 59:33 | 223   |
| 33 Eleen Flanagan             | ROC  | 59:16 | 202   |
| 34 Jennifer, Clara Manley     | ROC  | 49:23 | 194   |
| 35 Bob Miller, Julian Epstein | ROC  | 50:37 | 176   |
| 36 Nathan Sugarman            |      | 51:01 | 119   |
| 37 Carilyn Orr                | ROC  | 54:37 | 95    |
| 38 Laurie Hunt                | ROC  | 68:33 | -52   |

**Mendon Ponds Park  
June 15, 2011****Sprint 2.1k 105m**

|    |                   |       |      |       |
|----|-------------------|-------|------|-------|
| 1  | Erin Schirm       | M-21+ | CNYO | 11:48 |
| 2  | Nate Lyons        | M-21+ | ROC  | 12:03 |
| 3  | Zachary Lyons     | M-16  | ROC  | 16:58 |
| 4  | Sergey Dobretsov  | M-21+ | ROC  | 17:25 |
| 5  | Pavel Korniliev   | M-21+ | ROC  | 18:04 |
| 6  | Erik Pieh         | M-21+ | ROC  | 19:19 |
| 7  | Peter Dady        | M45+  | CNYO | 20:06 |
| 8  | Dick Detwiler     | M45+  | ROC  | 20:46 |
| 9  | Stina Bridgeman   | F-21+ | ROC  | 20:49 |
| 10 | Vince Cassano     | M45+  | ROC  | 21:14 |
| 11 | Michael Lyons     | M45+  | ROC  | 22:01 |
| 12 | Patricia Lyons    | F55+  | BFLO | 22:06 |
| 13 | Brian Thomas      | M-21+ | ROC  | 25:43 |
| 14 | Egils Robs        | M-21+ | ROC  | 27:08 |
| 15 | Don Winslow       | M-21+ | ROC  | 28:51 |
| 16 | Gary Maslanka     | M45+  | ROC  | 29:05 |
| 17 | Tim Dobretsov     | M-16  | ROC  | 29:59 |
| 18 | Jason Urakfriz    | M-21+ |      | 30:53 |
| 19 | Walter Lyons      | M65+  | BFLO | 31:03 |
| 20 | Michael Meynadasy | M-21+ | ROC  | 34:08 |
| 21 | Anne Schwartz     | F35+  | ROC  | 35:04 |
| 22 | Richard Burgey    | M65+  | ROC  | 37:39 |

**White 1.4k 60m**

|    |  |     |       |
|----|--|-----|-------|
| 1  | Lucas Lyons  | ROC | 10:29 |
| 2  | Nathan Sugarman  |     | 19:55 |
| 3  | Sandra Lomker  | ROC | 21:44 |
| 4  | Carol Moran  | ROC | 24:23 |
| 5  | Toop 905 #2 (Lisa, Natalie, Sarah)                                     |     | 25:20 |
| 6  | Stephanie Chiesi Reh & Danielle Chiesi                                 | ROC | 26:40 |
| 7  | Troop 167 Jacob, Mathew, Eric, Jaben, Cole,<br>Eldridge                |     | 34:31 |
| 8  | Ravi Nareppa Group (Tejus, Nikhil, Rukmini,<br>Raghu, Swasti, Srinjay) | ROC | 36:07 |
| 9  | Troop 905 (Rachel, Anari, Leah, Becca,<br>Karen)                       |     | 59:35 |
| 10 | Katie & Kathy Carney   |     | 70:07 |

## Basil Marella Park June 29, 2011

| <u>Sprint</u> | <u>2.1k</u>          | <u>105m</u> |      |       |  |  |
|---------------|----------------------|-------------|------|-------|--|--|
| 1             | William Hawkins      | M-21+       | ROC  | 14:22 |  |  |
| 2             | Egils Robs           | M-21+       | ROC  | 17:29 |  |  |
| 3             | Tyler Borden         | M-21+       | ROC  | 19:10 |  |  |
| 4             | Steve Tylock         | M-21+       | ROC  | 23:56 |  |  |
| 4             | Vince Cassano        | M45+        | ROC  | 23:56 |  |  |
| 6             | Brian Thomas         | M-21+       | ROC  | 25:27 |  |  |
| 7             | Rick Worner          | M45+        | ROC  | 26:20 |  |  |
| 8             | Don Winslow          | M-21+       | ROC  | 27:10 |  |  |
| 9             | Peter Dady           | M45+        | CNYO | 27:42 |  |  |
| 10            | Scott Heiligenthaler | M45+        | ROC  | 27:52 |  |  |
| 11            | Jim Borden           | M45+        | ROC  | 28:59 |  |  |
| 12            | Linda Kohn           | F-21+       | ROC  | 29:35 |  |  |
| 13            | Richard Detwiler     | M45+        | ROC  | 30:13 |  |  |
| 14            | Richard Burgey       | M65+        | ROC  | 31:50 |  |  |

| <u>White</u> | <u>1.4k</u>   |  |     |       |  |
|--------------|---|--|-----|-------|--|
| 1            | Tim Dobretsov   |  | ROC | 16:14 |  |
| 2            | Girl Scout Troop A 60286 Denise Winden, Sarah Winden, Maryssa Angst, Jillian Rayburn, Jeanna Rayburn, De'anna Petitte |  |     | 27:36 |  |
| 3            | Lisa, Natalie, Brynna Dillon  |  |     | 28:57 |  |
| 4            | Dan and Alec Gonnella   |  |     | 30:09 |  |
| 5            | Patty Borden, Donna Natale, Gina DiBella  |  | ROC | 32:45 |  |
| 6            | Stephanie Chiesi Reh  |  | ROC | 33:43 |  |
| 7            | Wemdy Stephary  |  |     | 35:36 |  |
| 8            | Nathan Sugarman   |  | ROC | 35:45 |  |
| 9            | Carol Moran   |  | ROC | 41:25 |  |
| 10           | Girl Scout Troop C 60286 Scott Willis, Madison Willis, Dave Erb, Adriana Erb  |  |     | 54:28 |  |
| 11           | Girl Scout Troop B 60286 Beth and Lexie Salamone, Liz and Lauren Simons Annika Morrison                               |  |     | 55:42 |  |
| 12           | Nancy Burgey  |  | ROC | 56:53 |  |
|              | Anna and Sarah Turinsky, Beth DeBartolo   |  | ROC | DNF   |  |

| <u>Score-O</u> | <u>5.8k</u>          |              |             |             |              |
|----------------|----------------------|--------------|-------------|-------------|--------------|
|                | <u>Name</u>          | <u>Class</u> | <u>Club</u> | <u>Time</u> | <u>Score</u> |
| 1              | William Hawkins      | PRO          | ROC         | 28:13       | 220          |
| 2              | Steve Tylock         | PRO          | ROC         | 41:14       | 220          |
| 3              | Peter Dady           | PRO          | CNYO        | 43:11       | 220          |
| 4              | Vince Cassano        | PRO          | ROC         | 44:31       | 220          |
| 5              | Brian Thomas         | PRO          | ROC         | 48:02       | 220          |
| 6              | Gary Maslanka        | PRO          | ROC         | 48:13       | 220          |
| 7              | Richard Detwiler     | PRO          | ROC         | 48:35       | 220          |
| 8              | Michael Meynadasy    | PRO          | ROC         | 55:28       | 220          |
| 9              | Joel Shore           | PRO          | ROC         | 58:55       | 210          |
| 10             | Bob Bundy            | PRO          | ROC         | 53:13       | 200          |
| 11             | Rick Worner          | PRO          | ROC         | 40:38       | 190          |
| 12             | Don Winslow          | Regular      | ROC         | 36:57       | 180          |
| 13             | Scott Heiligenthaler |              |             |             |              |
|                |                      | Regular      | ROC         | 46:47       | 180          |
| 14             | Jim Borden           | Regular      | ROC         | 52:23       | 180          |

|    |  |         |     |       |     |
|----|--|---------|-----|-------|-----|
| 15 | Tyler Borden   | PRO     | ROC | 23:04 | 170 |
| 16 | Linda Kohn   | PRO     | ROC | 40:06 | 170 |
| 17 | Tim Dobretsov  | Regular | ROC | 40:10 | 160 |
| 18 | Stephanie Chiesi Reh, Faith Susanna Reh, Danielle Chiesi | Regular | ROC | 55:33 | 160 |
| 19 | Karen, Scott, Sarah, Becca Bready                        |         |     |       |     |
|    |  | Regular |     | 51:37 | 150 |
| 20 | Eileen Flanagan  | Regular | ROC | 46:37 | 140 |
| 21 | Laurie Hunt  | Regular | ROC | 55:52 | 140 |
| 22 | Nathan Sugarman  | Regular | ROC | 56:34 | 140 |
| 23 | Karl Kolva   | PRO     | ROC | 52:16 | 130 |
| 24 | Patty Borden   | Regular | ROC | 52:30 | 130 |
| 25 | Wendy Stephary   | Regular |     | 59:56 | 120 |
| 26 | Patrick Cahnere  | Regular | ROC | 56:15 | 90  |

## Ellison Park July 9, 2011

It was a great day for an orienteering event. The weather was not cold or too hot with no rain. There was a nice breeze blowing that made the run (walk) even better.

Thanks to the following volunteers the event ran smoothly:

- Course setters: Nate and Mike Lyons
- Meet directors: Richard and Nancy Burgey
- Greeter: Louise Cook
- Registration: Carol Moran, Heidi Hall, Rukhsana Cofer and Sandra Lomker
- Start / Finish: Mike Lyons, Tyler Borden, Rob Stevens
- Flag pick-up: Don Winslow, Brian Thomas, Mike Meynadasy and Joel Shore
- Food: Casey Lamb and Sandra Lomker
- String-O: Doug Hall
- Typing Results: Tyler Borden and Bob Bundy
- Instructor: Linda Kohn

Thanks for volunteering; many hands make light work. Also thanks to those who pre-registered it saves time and bottle necks and the registration table.

The white course had 16 starts, Sprint course had 28 starts and the Score-O had 35 starts.

| <u>Sprint</u> | <u>2.4k</u>       | <u>90m</u> |      |       |  |
|---------------|-------------------|------------|------|-------|--|
| 1             | Egils Robs        | M-21+      | ROC  | 15:42 |  |
| 2             | Tyler Borden      | M-21+      | ROC  | 16:21 |  |
| 3             | Rob Holmes        | M-21+      | ROC  | 17:03 |  |
| 4             | Zachary Lyons     | M-16       | ROC  | 17:38 |  |
| 5             | Steve Tylock      | M45+       | ROC  | 17:45 |  |
| 6             | Rob Stevens       | M-21+      | ROC  | 17:46 |  |
| 7             | Sergey Dobretsov  | M-21+      | ROC  | 18:04 |  |
| 8             | Pavel Kornilier   | M-21+      | ROC  | 18:26 |  |
| 9             | Gary Maslanka     | M45+       | ROC  | 19:38 |  |
| 10            | Rick Worner       | M45+       | ROC  | 19:58 |  |
| 11            | Vince Cassano     | M45+       | ROC  | 20:33 |  |
| 12            | Richard Detwiler  | M45+       | ROC  | 20:43 |  |
| 13            | Peter Dady        | M45+       | CNYO | 20:46 |  |
| 14            | Michael Meynadasy | M45+       | ROC  | 21:29 |  |
| 15            | Brian Thomas      | M-21+      | ROC  | 22:04 |  |
| 16            | Jason Urckfitz    | M-21+      | ROC  | 24:00 |  |



|                                 |       |      |       |                                   |     |       |
|---------------------------------|-------|------|-------|-----------------------------------|-----|-------|
| 17 Lindsay Worner               | F-21+ | ROC  | 24:08 | 7 Sandra Lomker                   | ROC | 28:49 |
| 18 Don Winslow                  | M-21+ | ROC  | 24:21 | 8 Patty Borden                    | ROC | 28:51 |
| 19 Tim Dobretsov                | M-16  | ROC  | 26:24 | 9 Bill and Adam Tylock            | ROC | 29:52 |
| 20 Jim Borden                   | M45+  | ROC  | 27:06 | 10 Russell Nordquist, Mike Kipp   |     | 38:09 |
| 21 Linda Kohn                   | F-21+ | ROC  | 27:13 | 11 Greg and Frederick Detwiler    | ROC | 38:12 |
| 22 Doug Kennedy                 | M45+  | BFLO | 28:16 | 12 Cheri and Jeff Levine          |     | 42:59 |
| 23 Jackie Novkov                | F-21+ | BFLO | 28:52 | 13 Katie Carny, Kathleen Udauchak |     | 44:07 |
| 24 Anne Schwartz                | F55+  | ROC  | 31:26 | 14 Anna, Sarah, George & Beth     | ROC | 51:23 |
| 25 Walter Lyons                 | M65+  | BFLO | 33:58 | 15 Carol Moran, Joan Bigelow      | ROC | 61:14 |
| 26 Richard Burgey               | M65+  | ROC  | 37:21 | Frances Nardia                    |     | DNF   |
| 27 Shawn Forney                 | M45+  | CNYO | 56:22 |                                   |     |       |
| 28 Natalie, Lisa, David, Dillon |       |      | 59:20 |                                   |     |       |

## Genesee Valley Park August 20, 2011

### Score-O

| Name                              | Club | Time  | Score |
|-----------------------------------|------|-------|-------|
| 1 Jason Urckfitz                  | ROC  | 58:15 | 555   |
| 2 Vince Cassano                   | ROC  | 57:20 | 520   |
| 3 Sergey Dobretsov                | ROC  | 57:38 | 520   |
| 4 Zachary Lyons                   | ROC  | 60:09 | 520   |
| 5 Steve Tylock                    | ROC  | 64:59 | 505   |
| 6 Zak Borden                      | ROC  | 55:49 | 475   |
| 7 Russell Nordquist, Mike Kipp    |      | 61:18 | 470   |
| 8 Tyler Borden                    | ROC  | 47:36 | 440   |
| 9 Peter Dady                      | CNYO | 59:56 | 440   |
| 10 Rob Holmes                     | ROC  | 58:51 | 425   |
| 11 Brian Thomas                   | ROC  | 59:18 | 420   |
| 12 Ravi Narerpa                   | ROC  | 54:25 | 405   |
| 13 Lindsay Worner                 | ROC  | 56:04 | 400   |
| 14 Linda Kohn                     | ROC  | 56:08 | 400   |
| 15 Michael Meynadasy              | ROC  | 60:29 | 400   |
| 16 Jamie & Sheri Mortillo         | ROC  | 57:07 | 390   |
| 17 Joel Shore                     | ROC  | 58:27 | 385   |
| 18 Pavel Kornilier                | ROC  | 63:41 | 370   |
| 19 Don Winslow                    | ROC  | 56:24 | 365   |
| 20 Tim Dobretsov                  | ROC  | 55:57 | 345   |
| 21 Gary Maslanka                  | ROC  | 61:20 | 330   |
| 22 Denise & Randy McGarvey        | ROC  | 59:44 | 325   |
| 23 Rick Worner                    | ROC  | 55:23 | 310   |
| 24 Jackie Novkov                  | BFLO | 56:51 | 300   |
| 25 Richard Detwiler               | ROC  | 61:40 | 290   |
| 26 Walter Lyons                   | BFLO | 56:00 | 285   |
| 27 Rukhsana Cofer                 | ROC  | 50:51 | 210   |
| 28 Anne Schwartz                  | ROC  | 55:41 | 205   |
| 29 Patty Borden                   | ROC  | 58:16 | 195   |
| 30 Louise Cook                    | ROC  | 58:24 | 195   |
| 31 Jim Borden                     | ROC  | 59:21 | 175   |
| 32 Doug Kennedy                   | BFLO | 51:53 | 170   |
| 33 Stephanie Reh, Danielle Chiesi | ROC  | 55:42 | 155   |
| 34 Bill and Adam Tylock           |      | 64:14 | 135   |
| 35 Shawn Forney                   | CNYO | 55:28 | 120   |

### White 2.2k

|  |     |       |
|--|-----|-------|
| 1 Doug Hall  | ROC | 16:15 |
| 2 Lucas Lyons  | ROC | 18:33 |
| 3 Rukhsana Cofer   | ROC | 18:56 |
| 4 Nancy Burgey   | ROC | 27:13 |
| 5 Stephanie, Matthew, Faith, and Leah Reh, Danielle Chiesi | ROC | 28:09 |
| 6 Laurie Hunt  | ROC | 28:10 |

It was a beautiful day at Genesee Valley Park for orienteering with bright sunshine and warm temperatures. Tyler Borden set up a new course type, a Trail Challenge, a mass start cross country race on trails and tracks. The Trail Challenge 10K, 6K, and 3Ks offered variety and interest in choosing the fastest route and e-punching your way through. There was also a fun string-o, a white beginner course and a fast sprint course to warm up and practice on. It was a successful meet with about 50 starts of singles and groups enjoying the park.

Thanks to all the wonderful volunteers that made this event special and possible:

- Course setter: Tyler Borden
- Greeter: Don Winslow
- Registration: Carol Moran, Chris Lyons, Patty Borden
- Start / Finish: Jim Borden, Tyler Borden, Rob Stevens, Riesa Cassano, Zak Borden
- Flag Pick-up: Steve Tylock, Vince Cassano, Jim, Pamper, Riesa Cassano
- Food: Dayle Lavine (yummy brownies), Sandra Lomker
- Instruction: Karl Kolva
- String - O: Riesa & Vince Cassano
- Typing Results: Tyler and Patty Borden
- Meet Co-Directors: Patty Borden & Sandra Lomker

### Sprint 2.7k 25m

|                         |       |      |       |
|-------------------------|-------|------|-------|
| 1 Nathaniel Lyons       | M-21+ | ROC  | 12:17 |
| 2 Rob Stevens           | M-21+ | ROC  | 14:57 |
| 3 Michael Lyons         | M40+  | ROC  | 15:02 |
| 4 Richard Detwiler      | M45+  | ROC  | 16:28 |
| 5 Zachary Lyons         | M-16  | ROC  | 16:53 |
| 6 Steve Tylock          | M-21+ | ROC  | 17:31 |
| 7 Stina Bridgeman       | F-21+ | ROC  | 17:55 |
| 8 Vince Cassano         | M45+  | ROC  | 18:06 |
| 9 Brian Thomas          | M-21+ | ROC  | 19:09 |
| 10 Don Winslow          | M-21+ | ROC  | 19:35 |
| 11 Jackie Novkov        | F35+  | BFLO | 23:16 |
| 12 Scott Heiligenthaler | M45+  | ROC  | 24:58 |
| 13 Katie Edwards        | F-16  |      | 31:29 |
| 14 Richard Burgey       | M65+  | ROC  | 31:34 |

**White 1.4k 20m**

|    |                                |       |     |       |
|----|--------------------------------|-------|-----|-------|
| 1  | Roberto Renteria               | W-Rec |     | 11:57 |
| 2  | Patty Borden                   | W-Rec | ROC | 15:13 |
| 3  | Riesa Cassano                  | F-16  | ROC | 16:53 |
| 4  | Mike, Mae Kehoe                | Team  |     | 18:33 |
| 5  | Carol Moran                    | W-Rec | ROC | 18:58 |
| 6  | Winden Family                  | Team  |     | 20:25 |
| 7  | Jeff Levine                    | Team  |     | 20:36 |
| 8  | Katie, Kathleen Carney         | Team  |     | 24:16 |
| 9  | Karl Kolva                     | W-Rec | ROC | 24:36 |
| 10 | Stephanie Chiesi Reh           | Team  |     | 25:05 |
| 11 | Anna Turinsky                  | Team  | ROC | 25:53 |
| 12 | Mike & Christine Giess, Doug M | Team  |     | 49:05 |
|    | Michele Parsons                | W-Rec |     | DNF   |

**10k TC 9.7k 65m**

|    |                  |       |     |       |
|----|------------------|-------|-----|-------|
| 1  | Nathaniel Lyons  | M-21+ | ROC | 39:59 |
| 2  | Alan Powers      | M-21+ |     | 45:28 |
| 3  | Zachary Borden   | M-20  | ROC | 47:37 |
| 4  | Michael Lyons    | M40+  | ROC | 51:56 |
| 5  | Thomas Hollowell | M-20  |     | 53:47 |
| 6  | Rob Stevens      | M40+  | ROC | 54:31 |
| 7  | Steve Tylock     | M40+  | ROC | 56:20 |
| 8  | John Natale      | M40+  |     | 57:03 |
| 9  | Jim Pamper       | M40+  | ROC | 58:10 |
| 10 | Stina Bridgeman  | F-21+ | ROC | 60:42 |
|    | Zachary Lyons    | M-20  | ROC | DNF   |

**6k TC 5.7k 40m**

|   |                      |       |      |       |
|---|----------------------|-------|------|-------|
| 1 | Joe Makowski         | M-20  |      | 31:54 |
| 2 | Richard Detwiler     | M60+  | ROC  | 34:45 |
| 3 | Chelsea Lyons        | F-21+ | ROC  | 36:52 |
| 4 | Brisn Thomas         | M-21+ |      | 50:11 |
| 5 | Jackie Novkov        | F40+  | BFLO | 52:12 |
| 6 | Stephanie Chiesi Reh | Team  |      | 57:53 |
|   | Michele Parsons      | F-21+ |      | DNF   |
|   | Jen Weg              | F-21+ |      | DNF   |

**3k TC 2.7k 35m**

|   |                      |        |     |       |
|---|----------------------|--------|-----|-------|
| 1 | Don Winslow          | M-Open | ROC | 18:34 |
| 1 | Lucas Lyons          | M-16   | ROC | 18:34 |
| 3 | Roberto Renteria     | M-Open |     | 20:20 |
| 4 | Jim Borden           | M-Open | ROC | 21:27 |
| 5 | Scott Heiligenthaler | M40+   | ROC | 25:13 |
| 6 | Richard Burgey       | M60+   |     | 25:14 |
|   | Katie Edwards        | F-16   | ROC | DNF   |

## Highland Park National Orienteering Day September 17, 2011

What an absolutely perfect NOD day we had at Highland Park. The weather was just right. The park itself is very scenic with lots of interesting features. Per usual, there was lots of delicious food and tasty drinks including apple cider. The building facilities were great. We had many "newbies" as well as seasoned veterans and a lot of enthusiastic students from

several RCSD locations that enjoyed National Orienteering Day 2011. I did not go out on the courses since I needed to stay close by to the Command Post at Cornell Cooperative Extension. However, I heard more than a few people say, that the courses including the sprint and trail challenge were enjoyable for all the right reasons even if some found them more difficult than expected.



This perfect day to hold our NOD meet was made more perfect by the dedicated, energetic and friendly volunteers who made the event run so smoothly and who were so helpful towards participants. Dick Detwiler was the course setter for the event. Dick was able to make the most of a small park by designing challenging courses with some extras like the sprint and the trail challenge thrown in to satisfy a wide variety of skill levels. Our knowledgeable greeters, who consisted of Don Winslow and Karl Kovla, were kept very busy instructing the hordes of students also the "newbies" trying out orienteering for the first time and those needing a refresher course.



The registration table seemed to be swamped for an extended period of time, however, our highly skilled team of registration officials including Patty Borden, Carol Moran and Sandra Lomker were able to process everyone with a high level of efficiency so that participants could get out and enjoy the day. Start and Finish was run with a very high level of IT efficiency by the skilled and knowledgeable group of Ravi Nareppa, Erik Pieh, Jim, Zak and Tyler Borden along with some fellow RIT guys I think.

Mary Kolva outdid herself as usual and prepared an absolute feast of delicious baked treats. Thanks to Mary for keeping the hungry orienteers so well fed! We had lots of fresh fruit too which Sandra provided.

Thanks to Faith and Stephanie Reh for stringing up our String-O course which had a lot of traffic. Flag pick-up was handled by a large group of pick 'er uppers that very efficiently and thoroughly reclaimed the multitude of controls that were spread out around Highland Park. That group included Brian

Thomas, Tyler Borden, Dick Detweiler, Rick Lavine, Patty and Jim Borden, and some RIT guys including Zak Borden, Jon Erbelding and Calvin Connor.



Thanks to all that stayed to the very end and collected all of our meet items and loaded them up in Rick Lavine's car. The most special volunteer opportunity of the day went to Ravi's son who had the pressure filled job of selecting all of the winning entries for the raffle drawing.

And a final thank you to my quasi-official Co-Meet Director, Jim Pamper. He helped out in a very big way "behind the scenes" by picking up all the meet boxes from the Lavines, posting all the signs, installing the banner, collecting all of the meet equipment and signs which were then loaded into and unloaded from the Lavine vehicle into the Lavine garage.

All in all a successful day of Orienteering.

**Sprint 2.3k**

|    |                  |       |     |       |
|----|------------------|-------|-----|-------|
| 1  | William Hawkins  | M-21+ | ROC | 13:34 |
| 2  | Rob Stevens      | M-21+ | ROC | 16:42 |
| 3  | Steve Tylock     | M-21+ | ROC | 19:59 |
| 4  | Vince Cassano    | M45+  | ROC | 23:19 |
| 5  | Brian Thomas     | M-21+ | ROC | 23:24 |
| 6  | Don Winslow      | M-21+ | ROC | 26:34 |
| 7  | Ravi Nareppa     | M-21+ | ROC | 28:50 |
| 8  | James Mortillaro | M-21+ | ROC | 33:58 |
| 9  | Anne Schwartz    | F55+  | ROC | 34:04 |
| 10 | Karl Kolva       | M65+  | ROC | 83:45 |
|    | Tyler Borden     | M-21+ | ROC | DNF   |

**White 2.5k**

|   |   |  |     |       |
|---|---|--|-----|-------|
| 1 | Wilson OC4  |  |     | 15:25 |
| 2 | Patty Borden  |  | ROC | 30:01 |
| 3 | Duane Hanselman, Rashuun Mcctee, Unique Fair - WOIS |  |     | 32:49 |
| 4 | Riley, Rebecca, Rowan, Michael, Kathy McGwin        |  |     | 40:51 |
| 5 | Jim Chapman, Roxy Reisch, Thess Chapman             |  |     | 42:32 |
| 6 | Divya, Nikhil & Tejus Reddy                         |  | ROC | 67:01 |
| 7 | Catherine McCorkindale                              |  | ROC | 69:58 |
| 8 | Carney Donato                                       |  |     | 74:07 |
| 9 | Davin Reddington, Branwyn Wilkinson, Erika          |  |     |       |

|    |  |  |     |        |
|----|--|--|-----|--------|
|    | Tryon, Chris Widmaier - WOIS                                       |  |     | 74:19  |
| 10 | Alfred, Amelia and Laura Kuhn                                      |  |     | 76:29  |
| 11 | Mercy and Briana Dawson, Jessica McGraity, Emily VanEennyk         |  |     | 80:59  |
| 12 | Carol Moran  |  | ROC | 84:42  |
| 13 | Grace Bernunzio, Lena, Nora, Henry and Kara Miller                 |  |     | 99:37  |
| 14 | Theresa, Lily, Samantha and Tiffany Funk                           |  |     | 100:07 |
|    | Veronica Kitchenman, Jenna Steger, Caitlyn Kitchenman - Wilson OC3 |  |     | DNF    |
|    | Cris Kerekes, Katie Kerekes  |  |     | DNF    |

**Yellow 3.3k**

|    |   |  |     |        |
|----|---|--|-----|--------|
| 1  | Eugene Vasilier   |  |     | 26:20  |
| 2  | Ed Deller   |  | ROC | 39:26  |
| 3  | Richard Burgey  |  | ROC | 42:36  |
| 4  | Don Winslow   |  | ROC | 51:52  |
| 5  | Zachory Dean, Kaleb Chitaphony, Tim Pasquhi, Jhade Benitez - Wilson OC4 |  |     | 52:03  |
| 6  | Jim and Kathy Curry   |  | ROC | 53:39  |
| 7  | Eric, Keri, Jonathan and Jordan Hayes                                   |  |     | 62:20  |
| 8  | Nora Coopar, Ben Pegoni, Liam Fitzstevens - Wilson OC2                  |  |     | 65:41  |
| 9  | Kelly and Alex Behlook  |  |     | 68:08  |
| 10 | Leslie Simon, Charles, Ben & Sam Lowenstein                             |  |     | 73:14  |
| 11 | Stephanie and Faith Reh, Danielle Chiesi                                |  | ROC | 73:35  |
| 12 | Anna LaForce and Ron Minges   |  |     | 78:43  |
| 13 | Jim Chapman, Roxy Reisch, Thess Chapman                                 |  |     | 79:54  |
| 14 | Victor Rodriguez, Kendra Dean, Shane Mandel - Wilson OC1                |  |     | 79:59  |
| 15 | Bob Williams, Kevin Young, Steve Marucci, ??, ??                        |  |     | 97:22  |
| 16 | Patrick and Josephine Waser   |  |     | 101:02 |
|    | Sandra Lomker   |  | ROC | DNF    |
|    | Duane Hanselman - WOIS  |  |     | DNF    |
|    | Sheri Mortillaro  |  |     | DNF    |
|    | Alexander Yerstifeer  |  | RIT | DNF    |
|    | Chris Reepmeyer - RIT   |  | RIT | DNF    |

**Trail Challenge 5.9k**

|    |                    |       |     |       |
|----|--------------------|-------|-----|-------|
| 1  | William Hawkins    | M-21+ | ROC | 29:13 |
| 2  | Steve Tylock       | M40+  | ROC | 38:11 |
| 3  | Rob Stevens        | M40+  | ROC | 38:12 |
| 4  | Zachary Borden     | M-21+ | ROC | 38:18 |
| 5  | Tyler Borden       | M-21+ | ROC | 43:07 |
| 6  | Eugene Vasilier    | M-21+ |     | 46:06 |
| 7  | Erik Pieh          | M-21+ | ROC | 51:35 |
| 8  | Jim Pamper         | M40+  | ROC | 51:38 |
| 9  | Brian Thomas       | M-21+ | ROC | 52:41 |
| 10 | Claire Bower       | F-21+ | ROC | 62:17 |
| 11 | Jonathan Erbelding | M-21+ |     | 64:39 |
| 12 | Kalvin Connor      | M-21+ |     | 64:41 |
| 13 | Jim Borden         | M40+  | ROC | 65:58 |
| 14 | Jim Russell        | M60+  | ROC | 79:16 |
| 15 | Anne Schwartz      | F40+  | ROC | 95:30 |



## Mendon Ponds Park October 2, 2011

### White 2.1k 55m

|   |                                 |       |     |       |
|---|---------------------------------|-------|-----|-------|
| 1 | Riesa Cassano                   | F-12  | ROC | 19:46 |
| 2 | Patty Borden                    | W-Rec | ROC | 19:50 |
| 3 | Don Swoot                       | W-Rec |     | 27:08 |
| 4 | Carol Moran                     | W-Rec | ROC | 29:55 |
| 5 | Lauren, Colton and Joselyn Lamb | W-Rec | ROC | 66:21 |

### Yellow 2.5k 60m

|   |               |       |     |       |
|---|---------------|-------|-----|-------|
| 1 | Lucas Lyons   | M-14  | ROC | 21:24 |
| 2 | Sandi Willsey | Y-Rec | ROC | 28:45 |
| 3 | Heidi Hall    | W-Rec | ROC | 56:37 |

### Orange 4.1k 120m

|   |                                 |       |        |        |
|---|---------------------------------|-------|--------|--------|
| 1 | Zachary Lyons                   | M-16  | ROC    | 44:25  |
| 2 | Jim Borden                      | O-Rec | ROC    | 51:36  |
| 3 | Meaghan, Jean, and Todd Sheehan | O-Rec |        | 58:22  |
| 4 | Jennifer, and Clara Manley      | O-Rec | ROC    | 77:45  |
| 5 | Carilyn, and Liam Orr           | O-Rec | ROC    | 82:35  |
| 6 | Doug Hall                       | O-Rec | ROC    | 88:17  |
| 7 | David, and Cal Reddington       | O-Rec | Wilson | 103:49 |
|   | Sandi Willsey                   | O-Rec | ROC    | DNF    |
|   | Mike Yanker                     | O-Rec |        | DNF    |
|   | Louise Cook                     | O-Rec | ROC    | DNF    |

### Brown 4.0k 110m

|   |                                   |       |     |       |
|---|-----------------------------------|-------|-----|-------|
| 1 | Tyler Borden                      | B-Rec | ROC | 36:32 |
| 2 | Don Winslow                       | B-Rec | ROC | 50:02 |
| 3 | Adam Smith                        | B-Rec | ROC | 55:11 |
| 4 | Alexander Yefstifeev, Ankush Goel | B-Rec | RIT | 57:27 |

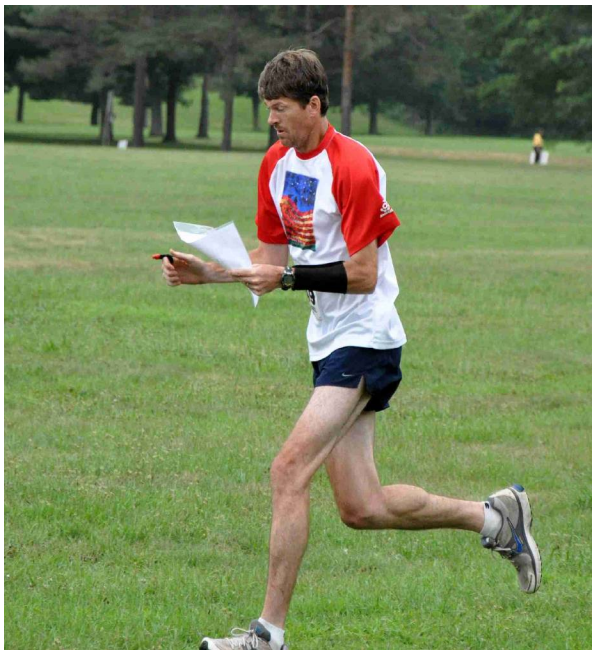
|    |   |       |      |        |
|----|---|-------|------|--------|
| 5  | Ed Deller   | B-Rec | ROC  | 65:57  |
| 6  | Dayle Lavine  | F55+  | ROC  | 67:05  |
| 7  | Richard Burgey  | M65+  | ROC  | 74:58  |
| 8  | Nancy Burgey  | F55+  | ROC  | 92:53  |
| 9  | Mark A. Wade  | B-Rec |      | 94:42  |
| 10 | Scott Heiligenthaler  | B-Rec | ROC  | 95:02  |
| 11 | Anna Liisa Keller, Conlan Wesson, Anup Aryal, Michael Cresswell | B-Rec | RIT  | 102:03 |
| 12 | Shawn Forney  | B-Rec | CNYO | 130:33 |
|    | Karl Kolva  | M65+  | ROC  | DNF    |

### Green 5.2k 175m

|   |   |       |      |        |
|---|---|-------|------|--------|
| 1 | Rick Worner   | M45+  | ROC  | 55:20  |
| 2 | Peter Dady  | M45+  | CNYO | 56:51  |
| 3 | Vince Cassano   | M45+  | ROC  | 61:21  |
| 4 | Rick Slattery   | M45+  |      | 74:28  |
| 5 | Mike Meynadasy  | M45+  | ROC  | 79:30  |
| 6 | Zachary Borden  | G-Rec | ROC  | 92:02  |
| 7 | David Nesnadny, Sean Deshaies, Steve Carilin                  | G-Rec | RIT  | 110:31 |
| 8 | Chris Reepmeyer, Danielle Marino, Dan Artinger, Jenna Hoffman | G-Rec | RIT  | 113:45 |

### Red 6.3k 200m

|    |                       |       |     |       |
|----|-----------------------|-------|-----|-------|
| 1  | Sergey Dobretsov      | M-21+ | ROC | 51:44 |
| 2  | Steve Tylock          | M-21+ | ROC | 59:20 |
| 3  | Michael Lyons         | M-21+ | ROC | 62:21 |
| 4  | Jim Pamper            | M-21+ | ROC | 69:01 |
| 5  | Linda Kohn            | F-21+ | ROC | 70:19 |
| 6  | Gary Maslanka         | M-21+ | ROC | 74:27 |
| 7  | Lindsay Worner        | F-21+ | ROC | 75:24 |
| 8  | Brian Thomas          | M-21+ | ROC | 88:54 |
| 9  | Joel Shore            | M45+  | ROC | 91:48 |
| 10 | Ravi Nareppa          | M-21+ | ROC | 95:08 |
| 11 | Casey and Austin Lamb | R-Rec | ROC | 95:23 |



Mike Lyons starting out on the Sprint at the BFLO A-Meet at Sprague Brook Park.



Clem McGrath from Delaware Valley Orienteering Club, finishing strong in the Sprint at Sprague Brook.

# Rochester Orienteering Club membership application form

- \$10 for one-year student membership (high school or younger)
- \$20 for one-year individual membership
- \$25 for one-year full family membership
- \$25 for one-year organization membership (example: Scout group)
- \$50 for three-year individual membership
- \$65 for three-year family membership
- \$200 for life membership

|                  | First name | Last name | Birthdate |
|------------------|------------|-----------|-----------|
| <b>Self:</b>     | _____      | _____     | _____     |
| <b>Spouse:</b>   | _____      | _____     | _____     |
| <b>Children:</b> | _____      | _____     | _____     |
|                  | _____      | _____     | _____     |
|                  | _____      | _____     | _____     |
|                  | _____      | _____     | _____     |

**Address:** \_\_\_\_\_  
**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_  
**Phone:** (\_\_\_\_) \_\_\_\_\_ **e-mail:** \_\_\_\_\_  
**Indicate if: New membership** \_\_\_ **or Renewal** \_\_\_ **Date of application:** \_\_\_\_\_

Please circle one or more areas below in which you would be willing to volunteer occasionally. Training will be provided if needed.

- |          |        |      |         |              |          |        |         |         |
|----------|--------|------|---------|--------------|----------|--------|---------|---------|
| Meet     | Course | Food | Greeter | Registration | String-O | Start  | Control | Results |
| Director | Setter |      |         |              |          | Finish | Pickup  | Typing  |

**Please enclose a check payable to the Rochester Orienteering Club and mail to:**  
 Rochester Orienteering Club, 40 Erie Crescent, Fairport, NY 14450

| GVP Trail Challenge |        |      |  |
|---------------------|--------|------|--|
| Sprint #5           |        |      |  |
| 6k TC               | 5.7 km | 40 m |  |
|                     |        |      | Start: between building and well       |
| 1 164               |        |      | E inside corner of semi-open land      |
| 2 165               |        |      | Beneath bridge and path crossing       |
| 3 163               |        |      | N/E outside corner of building (water) |
| 4 154               |        |      | N inside corner of semi-open land      |
| 5 171               |        |      | Foot of stairway                       |
| 6 159               |        |      | Berc in ditch                          |
| 7 173               |        |      | N end of ditch                         |
| 8 160               |        |      | SE outside corner of building (water)  |
| 9 167               |        |      | E outside corner of building           |
| 10 168              |        | 3.0  | SE side of statue, 3m high             |
| 11 157              |        |      | Between lone tree and ditch            |
| 12 156              |        |      | SE bridge                              |
| 13 174              |        |      | Reentrant                              |
| 14 169              |        |      | NW side of broad-leaved lone tree      |
|                     | 230 m  |      | Navigate 230 m to finish               |

Map from the 6K Trail Challenge at Genesee Valley Park. See article on Page 7.





*A group from the Wilson HS Outdoor Club, enjoying themselves at Highland Park.*



*William Hawkins competing in the Trail Challenge at Highland Park.*



*Rob Stevens (foreground) and Tyler Borden in the Trail Challenge at Highland Park.*

## **First Class**



40 Erie Crescent  
Fairport, NY 14450



*Steve Tylock at Highland Park.*