



The official newsletter of the Rochester (NY) Orienteering Club



Rogaine 2005 -- The eager participants in the Rattlesnake Hill Rogaine, seconds before the start.

Night-O Saturday November 12

A night orienteering event in November has become almost an annual happening for the ROC. This year we will again go to Mendon Ponds Park, which is ideal for night-O with its mix of open fields, roads, and distinct trails. If you've never tried it and can't imagine orienteering at night, come on out and give it a try. There will be all levels of courses, so anyone who can do a White course during the day can also do one at night. The event is based at the East Lodge in Mendon, and there will be a mass start at 5:30 p.m.

Ski Orienteering

Orienteering doesn't have to stop when the snow falls. New York State is the hottest part of the country for the cool sport of Ski Orienteering (Ski-O) because it is part of the annual Empire State Games in Lake Placid. People qualify by successfully completing two local ski-o meets. ROC has two scheduled at Oatka Creek, Saturday, January 7 and Mendon Ponds, Sunday, January 22. Participation in the Lake Placid Games is free!

The orienteering is somewhat different: all controls are on trails, though an occasional bushwhack may be

advantageous. This may sound like a white course, but route choice is often called for, and sometimes complicated trail systems can be confusing. The map has to be attached to something, since both hands are holding ski poles. More information is available at <http://empo.us.orienteering.org/ski-o/>. The full N.Y. state schedule is at the same website. -- Rick Lavine.

Membership renewal time approaching

Memberships expire on March 1, which believe it or not will be here before you know it, so renew now rather than waiting until the last minute. You can use the application form found on the back page of this newsletter, or obtain one on-line at the club's web site.

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General information on local meets

Courses

The club uses the USOF "color" designations wherever applicable. A description of the courses is as follows:

Color	White	Yellow	Orange	Brown	Green	Red	Blue
Approx. distance	2-4 km	3-5 km	4-7 km	3-5 km	4-7 km	6-10 km	8-14 km
# of controls	4-12	5-12	8-12	8-12	8-12	8-15	10-18
Difficulty	Easiest	Easy	Medium	Hard	Hard	Hard	Hard

The White course is intended to be easy enough for first-time participants after a short introduction to the sport. Control points are generally on trails or similarly easy-to-locate features.

The Yellow course is slightly more difficult than the White course. Control points are generally placed close to but not right at easy-to-find features, such as on a knoll that is 50 m away from a trail junction.

The Orange course requires more map-reading and course-planning skills than the Yellow course. Controls will generally have a good attack point, but the attack point may be more subtle than on the Yellow course, or the control will be placed further from the attack point. The route choice from one control to the attack point for the next control is often less obvious than on the Yellow course.

The Brown, Green, Red, and Blue courses differ from each other only in length. At local parks, they are usually the most difficult course that can be set given the size and the terrain of the park. Map-reading, compass, and route-planning skills will be tested to a greater degree on this course.

Sometimes other courses may be offered, such as a Motala (a course which involves one or more map exchanges), or a Line-O or Score-O. These courses will be explained in the meet instructions at any meet that uses these formats.

The entry fees to ROC meets are \$3.00 per individual or group for ROC members and \$6.00 for non-members. If several people (a family group for example) enter as a group using the same map, the fee is still \$3.00 (members) or \$6.00 (non-members). Additional maps are available for \$1.00 each. A person or group can do a second course using the same map for no additional charge (if you complete the White course and decide to try the Yellow course, for example).

Beginner instruction

Beginners are always welcome; there is an informal beginners' clinic approximately 15 minutes after the beginning of the event, and all meets offer a course suitable for beginning orienteers.

2005 Summer and Fall Schedule

Rochester Area

November 5 Saturday	Mendon Ponds Park. Annual trail run. 5K, 10K, 20K, 50K.
November 12 Saturday	Night-O. Mendon Ponds Park. East Lodge. Mass start 5:30 p.m.
December 4 Sunday	Location TBD (call Hotline). Annual Meeting & Scrooge-O, 5:00 p.m.
January 7 Saturday	Oatka Creek Park. Ski-O. Start between noon and 1:30 p.m.
January 22 Sunday	Mendon Ponds Park. Cavalry Lodge. Ski-O. Start between noon and 1:30 p.m.

Attention!

Before traveling to any ROC meet, please call the Hotline at (585) 377-5650.

Meet locations, details, and schedules may change at any time – the Hotline will always have the latest info!



Debbie Dawson, Alex Buell, Carter Stritch & David Nesradny finish the Orange course at Oatka Creek.

Contact information

ROC Hotline: 585-377-5650 (directions to meet sites, any last-minute changes, etc.)

ROC web site: <http://roc.us.orienteering.org>

USOF web site: www.us.orienteering.org/

Buffalo Orienteering Club (BFLO) web site: <http://www.buffalo-orienteering.bfn.org/>

Central New York Orienteering (CNYO) web site: <http://cnyo.us.orienteering.org/cnyo/>

Golden Horseshoe Orienteering (GHO) (Niagara/Hamilton region) web site: <http://www.dontgetlost.ca/gho/>

Empire Orienteering Club (EMPO) (Albany area) web site: <http://empopo.us.orienteering.org>

Adirondack Orienteering Klub (AOK) web site: <http://web.northnet.org/aok/>

Outside of Rochester Area

See web site of sponsoring club or USOF web site for details. All ski-O events listed are Empire State Game qualifiers, except of course for the Empire State Games themselves.

December 17 Saturday	AOK. Saranac Lake, NY Ski-O.
December 31 Saturday	EMPO. Clifton Park, NY Ski-O.
January 1 Sunday	EMPO. North River, NY Ski-O.
January 28 Saturday	CNYO. Dryden, NY Ski-O.
January 29 Sunday	CNYO. Sempronius, NY Ski-O.
February 4 Saturday	AOK. Utica, NY Ski-O.
February 12 Sunday	CNYO. New Hartford, NY Ski-O.
February 25 Saturday	Empire State Games Ski-O. Lake Placid, NY.



Rob Stevens heading out on the Orange course at Oatka Creek Park.

Recent Permanent Course Finishers – Congratulations!

Durand		
J F Kirchner	10/7/05	Webster NY
Letchworth		
Bruce & Linda Thistle	7/26/05	Painted Post NY
J F Kirchner	10/7/05	Webster NY
Mendon		
Steven Weinstein	7/12/05	Fairport NY
Greg Booth and Kristy Cox	9/7/05	Rochester NY
Webster		
John Olmsted	7/28/05	Spencerport NY
Tim Olmsted	7/28/05	Spencerport NY
Heidi, Maggie, Kate & Doug Hall	9/17/05	Webster NY
Theresa Marconi & Matthew D. Wilson	10/17/05	Penfield NY

New and Improved Mendon Ponds Permanent Course by Tom Cornell

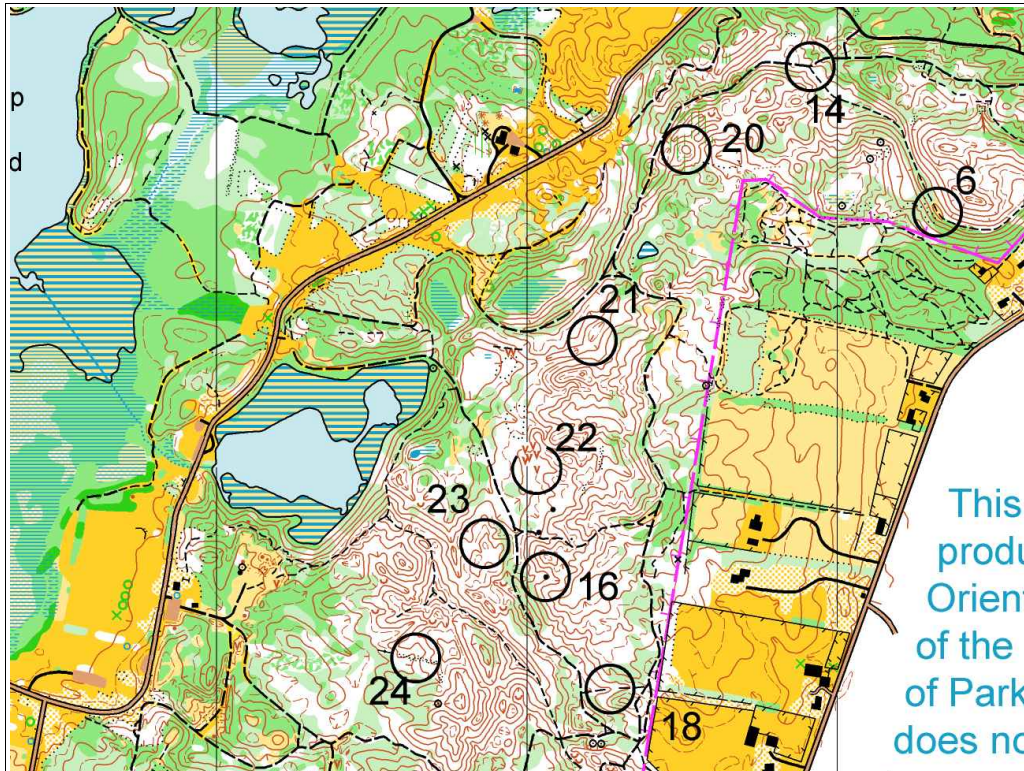
The revised Mendon Ponds Permanent Orienteering Course is finally in place and map-kits should be available by the time of this printing. The course is printed on the new 1:15,000 map and utilizes areas “off trail” formerly not permitted in this park. Consequently, the course has many more interesting and technically challenging controls and features. The controls on

the old course will also remain in place for a few years.

Our thanks to Park Supervisor Eileen Kennedy for granting us permission to use these new areas of the park. My personal thanks also to Jim Lavine, Doug Brooks, Joe Shonk, Dayle and Rick Lavine, Rick Worner, Dick Detwiler, Eric Barbehenn, and especially Sandra Lomker who spent many hours and a lot of energy helping me carry the almost sixty pounds of equipment needed to install or move the posts.

Permanent courses have fixed control-posts that remain in place year-round. They are identified on the clue sheet as Easy, Medium or Difficult to enable beginners to start out at a comfortable level. These courses are a great way to learn (or teach) the basic concepts of orienteering and also explore areas in the park normally not seen. Children have a lot of fun being the first to see the control, while adults find this leisurely approach a good way to develop their skills. The course may be completed in several trips to the park as there is no time limit or designated order. The map-kits contain a full-color map with marked control locations, a sheet of helpful information, clues, and a punchcard for recording the control code-letter as they are found. The card, when completed, can be mailed to the club for a certificate and coupon that can be used for a club event or towards a club membership. Map-kits are available at all of our events, The Map Shop, ADK meetings and several outdoor stores.

Besides Mendon Ponds, the club currently maintains permanent courses in Durand Eastman and Webster County Parks and in Letchworth State Park.



A small portion of the new Mendon Ponds Park permanent course.

Successful Woods Adventure: Orienteering Workshop for youth



Participants in the Wood Adventure proudly display their certificates of successful completion on the final day of the camp.

Thanks to the initiative and the organizational abilities of Karl Kolva and the assistance of a large number of club members, the ROC, in conjunction with the town of Irondequoit, ran a 3-day youth orienteering camp in August. Day 1 was at Camp Eastman, and Days 2 and 3 used the eastern side of Durand Eastman. A good time was had by all. Many of the participants had no idea what orienteering was prior to the camp, while other participants were highly active club members who participate very successfully in ROC meets. Regardless of the level of ability coming into the camp, everyone saw a marked increase in their orienteering abilities. It is planned to hold this camp again in the summer of 2006. Some other pictures from the camp are shown below.



Rattlesnake Hill Rogaine Report – September 10, 2005

(See photos below, results on next page, and portion of map on bottom of Page 11)

We had a very successful first-ever event using the new Rattlesnake map. The weather was great, and people seemed to really like the map and the courses that were set. Around 60 people turned out to enjoy the courses.. Based on the great weather and the nice publicity from Gary Falleson, we were hoping to get a few more day of the meet entrants.

The winner of the 12-hour category was a team from Detroit, named The Over the Hill Gang (Paul Piorkowski and Richard Waldo). They got every control except for one (#60), and they were only about 10 minutes away from that one with more than an hour and a half left, but made the very wise decision that if they were going to be in on time, they had to forego that one. As it was, they came in around 5 minutes before the deadline. For those of you who did any of the time categories in this rogaine, I'm sure you can appreciate what an achievement it was to bag 49 out of the 50 controls. The course setters really didn't think that anyone would come that close to getting them all.

In addition to being very good rogainers, this team was also very gracious. They were very complimentary about the terrain, the map, and the course. They even remarked how they had competed in the rogaine world championships a few years ago, and they thought our meet was much better than that meet! They thanked all of the volunteers profusely for our work.

Also, we had an interesting situation with one control (#39). It appears to have been stolen by a bear. We're not making this up! Someone found it a ways from where it was supposed to be, with significant damage to it, and claw marks on the board

for the intention sheet. This nice person put it back in its proper location, so most of the people who tried for it did find it. We know that Karl looked for it and it was NOT there though! We're going to credit him with finding this control. Anyone else who can vouch that they did look for it and that it was not present, please let me know and we'll credit you as well.

Thanks to everyone who helped out with this meet, it was a lot of work and it would have been impossible without so many people pitching in significantly. I may miss someone, but some of the people who helped were: Joe Seyfried and spouse, Jim Russell, Eric Barbehenn, Rick Worner, Linda Kohn, Kathy Bannister, Bob Bundy, Linc Blaisdell, Cheryl Detwiler, Sandra Lomker, Tom Cornell, Rick and Dayle Lavine, Timothy and Paul Gorbald.

-- Dick Detwiler (one of the three mappers and course setters)

Participant's quote:

We had a great time and look forward to doing another one. I did not know what the acronym stood for until part way through the 12 hour competition. I just thought it was a strange name of an orienteering race my friend asked me to join him on. Both of us had orienteering experience in the bush in Northern Ontario together and solo, but our priority there was accuracy and not getting lost. The course was extensive, well laid out and well mapped. The entry fee was a bargain. Given all the things we could have done better, and speed tricks we learned, I sure we could do much better. Brains and endurance is the ultimate challenge.

Andrew Fergusson, St Clements, Ontario, Canada



Results of Rattlesnake Hill Rogaine

# Points	Time (HH:MM)	Gender category	Overall place	Place in category	Team name	Team members
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3 hour category

882	02:59	Male	1	1		Rob Stevens
822	02:52	Female	2	1	TeamToko	Sandy Tetreault
612	02:52	Male	3	2	Asarna	Pierre Tetreault
460	02:55	Male	4	3		Walt Lyons
369	02:50	Male	5	4	McKeown	Richard McKeown
369	02:50	Male	5	5	Oldnbald	Karl Kolva
327	02:40	Male	7	6	Linc Blaisdell	Linc Blaisdell
327	02:40	Male	7	7	Bob Kremons	Bob Kremons
327	02:57	Male	9	8	XIDE12	Zachary Kane
322	02:37	Male	10	9	Straightarrow	Michael Wyant
275	02:46	Female	11	2		Sandra Lomker
275	02:46	Male	11	3	Two Slow	Tom Cornell, Jim Lavine
171	02:40	Female	13	3	Team Anna	
161	02:39	Mixed	14	1	First Timers	
132	02:20	Male	15	10	Last Minute	
0	(lost card)	Male	16	11		Keith Ash

6 hour category

1298	05:57	Male	1	1	Pasha	Pavel Korniliev
1107	05:17	Male	2	2	ROC Bottom	Michael Lyons, Nate Lyons
1106	05:41	Mixed	3	1	The ROCers	Linda Kohn, Rick Worner
1100	05:38	Male	4	3	Dark horse	Sergey Dobretsov
986	05:57	Male	5	4	Disc Golfers on Parade	David Levine, Adam Brown
973	05:36	Male	6	5	M.I.N.O.R. 1	Peter Dady
950	05:56	Male	7	6	Air Guy	Paul Beckwith
838	05:50	Mixed	8	2	L&M	Larry Zygo, Marilyn Zygo
830	05:55	Male	9	7	Lost & Found	Ravi Nareppa
706	05:43	Male	10	8	The dew sweepers	Rick Slattery, Paul Roche
676	05:55	Male	11	9	Woods Wanderer	Joel Shore
640	05:40	Mixed	12	3	Deja View	Paul Schwartz, Anne Schwartz
594	05:52	Mixed	13	3	Wander Lost	Allen Quirk, Anne Kenney
388	05:46	Male	14	10	Lost Again	Art Dee, Bob Bundy
DNS					no team	David Hanes

12 hour category

2165	11:55	Male	1	1	The Over The Hill Gang	Richard Waldo, Paul Piorkowski
1897	11:08	Male	2	2	Truffle Shuffle	Timothy Gorbald, Paul Gorbald
1550	11:40	Male	3	3	Adventureheads	Tom Wagar, Jim Mollosky
1426	11:43	Male	4	4	M^2	Robert Maslanka, Gary Maslanka
1350	11:22	Mixed	5	1	ROC Around the Clock	Richard Lavine, Dayle Lavine
806	11:31	Male	6	5	Fergusson	Dave Fergusson, Andy Fergusson
479	11:26	Female	7	1	Backtrackers	Jane Brennan, Kate Carrier, Joan Funke

Meet Results

Cobbs Hill Score-O

July 13, 2005

Meet helpers: Gil Robs, Ron Wellman, Eric Barbehenn, Tina Bray, Bob Bundy, Dave Levine, Tim Gorbold, Sandra Lomker, Carol Moran, Karl Kolva, Sergey Dobretsov

White Course

Name	Time
1. Rachelle Yablin	57:30
2. Becky Lomker	1:03:01
3. Doug Brooks	1:12:26
4. Bob Murphy	1:12:30
5. Jennifer Strohmeier	1:23:24
6. Traci Cahil	DNF

Score-O

Name	Total Score	Penalty	Score	Time
1. Tim Gorbold	24	0	24	37:59
2. Pavel Korniliev	24	0	24	38:00
3. Mike Lyons	24	0	24	41:40
4. Sergey Dobretsov	24	0	24	43:42
5. Ed Despard	24	0	24	43:52
6. Rob Holmes	24	0	24	46:15
7. Alex Jospe	24	0	24	47:20
8. Ravi Narappa	24	0	24	50:25
9. David Levine	24	0	24	54:40
10. Randal McGarvey	23	0	23	47:40
11. Joel Shore	23	0	23	58:20
12. Bob Bundy	22	0	22	59:30
13. Patricia Lyons	21	0	21	53:28
14. John Robak	20	0	20	59:03
15. Watt Lyons	18	0	18	49:30
16. Nate Lyons	17	0	17	49:50
17. Andrew	17	0	17	56:50
19. Sue Klassen	16	0	16	53:29
20. Pat Young	16	0	16	54:45
21. Joe Kirchner	14	0	14	44:30
22. Michael Hirsch	14	0	14	58:08
23. Kathy Bannister	14	0	14	59:30
24. John Nusz	14	0	14	59:43
25. Robert Krouse	13	0	13	52:55
26. Sandra Lomker	13	?	?	??
27. JF Wollenhast	17	5	12	64:40

Request from Dayle Lavine:

In the future, club members who earn ribbons at our meets are asked to pick up their ribbons at a future meet. (Non-members will still have the ribbons mailed out.) This is to save the club the postage expenses involved in mailing ribbons. Thanks everyone!

Ellison Park Score-O

July 27, 2005

Meet helpers: Mark Haydanek, Sergey Dobretsov, Gil Robs, Tim Gorbold, Eric Barbehenn, Sue Klassen, Jackie Novlov and Bob Bundy

White Course

Name	Time
1 Joe Kirchner & Janice Hoysic	0:40:00
2 Timothy Dobretsov	0:41:02
3 Joanne Spencer & Sandra Lomker	0:42:00
4 Keli & Traci Cahill	0:51:46
5 Nickada and Sandy Joseph	0:54:21
6 Art Dee	1:09:00

Ellison Score-O

Name	Points	Time	Penalty	Score
1 Michael Lyons	16	0:59:59	0	16
2 Ed Despare	15	0:55:35	0	15
3 Ravi Nareppa	15	0:59:53	0	15
4 Jason Merrill & Ken Martlen	15	0:59:54	0	15
5 Peter Dady	14	0:54:50	0	14
6 Stina Bridgeman	14	0:57:51	0	14
7 Rob Holmes	14	0:57:53	0	14
8 Steve and Kevin Tylock	13	0:55:32	0	13
9 Joe Seyfried	13	0:57:50	0	13
10 Jackie Novkov	12	0:54:41	0	12
11 Eric Barbehenn	12	0:58:16	0	12
12 Gary Maslanka	12	0:58:52	0	12
13 Patricia Lyons	13	1:00:08	1	12
14 Nate Lyons	11	0:54:20	0	11
15 Bob Bundy	11	0:58:41	0	11
16 Walt Lyons	11	0:59:11	0	11
17 Chris Lyons	11	0:59:47	0	11
18 Kameron Holmes	10	0:55:05	0	10
19 Sylvia & Sue Klassen	12	1:01:21	2	10
20 Heidi, Margaret and Douglas Hall	9	0:53:04	0	9
21 Alex Jospe	9	0:59:01	0	9
22 Linda & John Nusz	9	1:00:51	1	8
23 Tim Gorbold	7	0:58:46	0	7
24 Elizabeth Hane	7	0:59:23	0	7
25 Lincoln Blaisdell	10	1:02:27	3	7
26 Lorie, Rochael, Chris and Melissa Tylock	5	0:55:30	0	5
27 Andrew Turnquist	10	1:06:33	7	3
28 Randall McGarvey	8	1:06:30	7	1
29 Shawn Forny & Mary McPhail	3	1:14:07	15	-12
30 Mark Stock	10	1:46:00	46	-36

Black Creek Park Score-O

August 19, 2005

Meet helpers: Tim Gorbald, Dick Detwiler, Ron Salladin, Sandra Lomker, Carol Moran, Egils Robs, Bob Bundy, Mike Lyons, Linc Blaisdell, Andrew Elder, Colby & Curtis (Boy scouts).

White Course

1. Carol Moran	0:45:48
2. Eileen Flanigan & Amelia Cochrane	0:47:10
3. Zachary & Chelsea Lyons	0:55:47
4. Luke & Chris Lyons	1:08:08
5. Cheryl Van & Dan DeVault	1:11:15
6. Bob Epperson & Trisha Kaufman	1:12:25
7. Edith, Liam & Blake Scherer, Maddie & Zeke Stanberry-Beall	1:48:00

2 Hr. Score-O

Name	Time	Final Score	Penalty
1. Egils Robs	1:54:00	450	
2. Sergey Dobretsov	1:45:56	390	
3. Rob Stevens	1:55:15	350	
4. Alex Jospe	1:56:00	340	
5. Mike Lyons	Under 2hrs	330	
6. Stina Bridgeman	1:58:50	320	
7. Ed Despard	1:57:35	280	
8. Pavel Korniliev	2:01:35	270	-80
9. Doreen Fanton	1:53:06	220	
10. Joe Kirchner	1:55:36	190	
11. Kameron Holmes	1:58:50	180	
12. Lincoln Blaisdell	1:56:15	170	
13. Walt Lyons	1:58:15	170	
14. Steven, Rachael, Chris & Melissa Tylock	1:59:30	160	
15. Ellen Canna & Rick Bettencourt	1:54:58	130	
16. Heidi, Kate & Maggie Hall	1:42:09	100	
17. Mark Sciera	1:58:00	80	
18. Tom Higgins, Rick & Jared Klapacz	1:58:00	80	
19. Rob Holmes	1:00:00	30	
20. Nate Lyons	1:26:00	30	
21. Elizabeth Hane	2:08:15	30	-190
22. John Robak	2:08:12	10	-160
23. Victor Klassen	2:09:45	10	-180
24. Bob Bundy	2:13:30	0	-250
25. Karl Kolva	1:20:00	0	
26. Robert Krenzer & Barbara Chudanski Sandra Lomker	2:08:12 2:25:00	0 Ovt	-140

National Orienteering Day Highland Park

September 17, 2005

Meet directors and course setters: Rick and Dayle Lavine

Meet workers: Tina Bray, Tom and Riley Blasniak, Mike and Joe Gallagher, Sandra Lomker, Karl Kolva, Bob Bundy, Ravi Nareppa, Ron Wellman and Pat Young

ROC celebrated National Orienteering Day, NOD, at our Highland Park event. We did not get a lot of publicity, and there were many activities to choose from on that Saturday, but the turnout was decent and we had 22 first timers. Erko Ounaapuu was visiting from Estonia. He had run the Lilac 10k in the morning and ran the sprint course very well and

fast. It turns out that he is a devoted orienteer and mapper in Estonia. He was visiting Rochester for his Aunt's 90th B'day.

Mitch and Laurie Collinsworth came up from Ithaca with their twins, Hannah and Nathan. Georg Nadorff came with his daughter Elanor. Laurie, Mitch and Georg were on our National Ski Orienteering team together. This team represented the US in Europe and Russia. Tom Blasiak went out with his daughter Riley. Timi went out with Sergey and Tatiana. It was fun seeing the next generation enjoying orienteering with their talented parents.

Rick decided to have a sprint format for our seasoned orienteers. Those of you who do not subscribe to the USOF Club Net do not know that the sprint format is sort of the rage, now, among elite orienteers in the U.S. It sort of "cracks me up" reading reports from "The Blind Tangerine"—alias Michael Platt, one of the consistently top orienteers in the U.S.

The staff at the City of Rochester Recreation Center have been very supportive of our orienteering activities.

-- Dayle Lavine

White

1	Kameron, Tyler, and Bryn Holmes	25:42
2	Scotty Orr	29:08
3	Rob and Kayla Stevens	38:20
4	Fred and Steven Penta	40:25
5	Linda Hutchinson	44:50
6	Kristi, Jimmy, and John Stever	49:41
7	Blake, Liam, and Edith Scherer	59:10
8	Sarah, Jasmine, Madeleine and Vonder Hart	60:00
9	Sylvia, Sonya, and Renata Rooney	60:00
10	Jon Piacentino	90:00
	Mike and Joe Gallagher	DNF
	Lauren Jaeneke and Sarah Hutchinson	DNF

Yellow

1	Scotty Orr	51:58
2	Sylvia Klassen	53:01
3	Eugene Morreale	54:55
4	Laurie and Sarah Masood	61:48
5	Tom and Riley Blasniak	62:44
6	Jennifer Schultz	75:55
7	Diane Jarvis	85:36
8	Fred and Steven Penta	86:30
9	Tamara, Adam, and Todd Mancuso	97:36
10	Eric Barbehenn and Jennifer Crawford	97:50
11	Mitch, Laurie, Nathan, and Hannah Collinsworth	100:00
12	Georg and Elanor Nadorff	100:30
13	Bill and Sue McKenna	102:54
14	Cathie Benkert and Wilma Campbell	114:20
14	Lois Camphausen	123:30
15	Sergey, Tatiana, and Timofey Dobretsov	DNF

Sprint

1	Stina Bridgeman	35:20
2	Rob Holmes	37:45
3	Erko Ounaapuu	40:00
4	Bob Bundy	47:45
5	Victor and Sue Klassen	49:20
6	Kameron Holmes	49:46
7	Joe Kirchner	53:20
8	Tom and Jack Wallenhorst	63:30
9	Elizabeth Hane	86:33
10	Linda Nusz	93:38

Powder Mills Park

October 8, 2005

Meet director: Georg Nadorff

Course Setters: Jim Lavine, Tom Cornell and Sandra Lomker

Registration: Elizabeth Hane, Ron Salladin and Sandra Lomker. *Greeters:* Tom Cornell and Karl Kolva

Start/Finish: Lincoln Blaisdell and Stina Bridgman

Food: Steve Tylock. *Flag Pickup:* Jim Russell, Georg Nadorff, Karl Kolva, Rick Lavine and Eric Barbehenn. *Results:* Rick and Dayle Lavine

White 1.6 k

1	Brad LaForce	25:50
2	Carol Moran	26:44
3	Joanne, Anny, & Brad Chappell	28:30
4	Chris & Luke Lyons	33:45
5	Katie & Jim Bartasevich	38:08
6	Timothy Dobretsov	40:46
7	Rob,Sedon,Kevin,& Kayla Stevens	44:45
8	Zach Lyons	71:10

Yellow 2.2 k

1	Joe Kirchner	38:28
2	E R Bombers	43:33
3	Tom Higgins	50:48
4	Elizabeth Hane	57:21
5	Katie & Jim Bartasevich	70:57
6	Lauie,Hannah,Nathan,Mitch Collins	73:17
7	Christopher Meath	75:45
8	John Meath	75:45
9	RWK & Rex Moffett/Mark & Tim Kallm	87:00
10	Ray & Mith Breitenbach	87:00

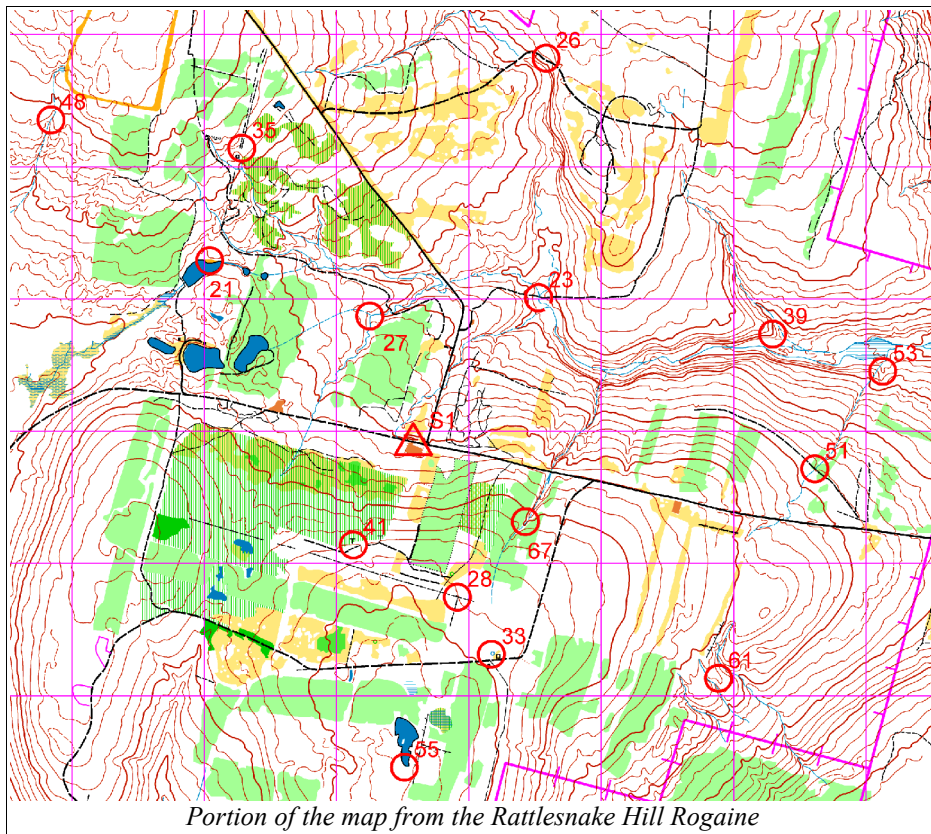
11	Michael & Jonathon Piacentine	105:00
12	Clara,Clayton, &Jennifer Manley	119:13

Orange 3.1 k

1	Nate Lyons	63:21
2	Jim Pamper	75:06
3	Steve & Rachel Tylock	80:38
4	Julie & Mike Allen	88:08
5	Bob Kremens	108:48
6	Curtis Hube	111:08
7	Lincoln Blaisdell	119:05
8	Shawn Forney	123:20
9	Ron Salladin	140:30
	Jeffrey Hube	DNF
	Walt Lyons	DNF
	John & Linda Nusz	DNF
	Mike Yunker	DNF

Orange Plus 4 k

1	Rob Holmes	59:44
2	Mike Lyons	61:48
3	Larry Zygo	68:15
4	Jim Rusell	68:35
5	Rick Slattery	68:36
6	Pete Dady	70:30
7	Rick Lavine	73:13
8	Eric Barbehenn	73:45
9	Ravi Nareppa	76:00
10	Stina Bridgeman	78:52
11	Doug Brooks	80:51
12	Dayle Lavine	81:36
13	Bob Bundy	92:23
14	Jackie Novkov	96:35
15	Joel Shore	99:19
16	Marilyn Zygo	138:42
	Leah Summerville Farrar	DNF



Oatka Creek Park

October 23, 2005

Subtitled: **“If it’s cold and rainy, it must be Oatka Creek Park”**. For the second year in a row, we’ve hit less than ideal weather for the Oatka meet, but that didn’t seem to stop the people from coming out to try the Yellow and Orange courses.

Course Setter: Dick Detwiler (Sylvia Klassen set out the white controls). *Meet Directors:* Rick & Dayle Lavine. *Registration:* Anna Woolston, Elizabeth Hane, Sue & Sylvia Klassen. *Instruction:* Karl Kolva. *Start/Finish:* Stina Bridgman, Rick Lavine, & Dick Detwiler. *Food:* Dayle Lavine. *Flag Pickup:* Sergey Dobretsov, Jim Russell, Eric Barbehenn, Rick & Dayle Lavine, Louise Cook

White 3.1 km.

1	Eric Chang	34:04
2	Carol Moran	46:43
3	Zach & Chris Lyons	54:26
4	Mike & Taylor Connelie	79:20

Yellow 3.3km.

1	Nate Lyons	39:23
2	Marilyn Zygo	52:10
3	Eric Chang	52:45
4	Justin Lassiter	58:00
5	Sue Klassen	59:33
6	Paul Roche	63:45
7	Tom Cornell	64:35
8	Karl Kolva	69:40
9	Ron Sallidin	69:57
10	Sandra Lomker	74:55
11	Scotty Orr	73:49
12	Jason, Tylor, & Sara Urckfitz	74:00
13	Sylvia Klassen	74:14
14	Matt Britt	83:05
15	Anna LaForce	87:18
16	Jeff & Jay Spencer	87:55

17	Elizabeth Hane	91:40
18	Kameron Holmes	91:52
19	Myra Coppage & Pam Mortensen	DNF

Orange 4.8KM

1	Sergey Dobretsov	42:52
2	Rob Stevens	47:38
3	Mike Lyons	50:27
4	Rob Holmes	52:31
5	Stina Bridgeman	54:05
6	Jim Russell	63:00
7	Larry Zygo	63:20
8	Ravi Nareppa	67:26
9	Eric Barbehenn	69:26
10	Patty Lyons	71:28
11	Rick Slattery	72:14
12	Rick Lavine	74:53
13	Dayle Lavine	74:54
14	Steven Tylock	75:08
15	Jim Pamper	75:30
16	Victor Klassen	78:07
17	David Long	88:19
18	Bob Bundy	93:10
19	Debbie Dawson, Alex Buell, Carter Stritch & David Nesradny	97:25
20	Tom Story	105:40
21	Lawrence, Kate, Cavaille, Anna & Tess Creatura	164:35
22	Louise Cook	OVT
23	Walt Lyons	DNF

Orange plus Yellow 8.1KM

1	Sergey Dobretsov	74:20
2	Rob Stevens	76:02
3	Mike Lyons	79:17
4	Rob Holmes	90:28
5	Stina Bridgeman	91:21
6	Jim Russell	101:32
7	Patty Lyons	111:58
7	Ravi Nareppa	111:58
9	Eric Barbehenn	113:42
10	David Long	150:18
11	Tom Storey	161:24



Sara, Tylor, and Jason Urckfitz finish strong on the Yellow course at Oatka Creek.



Stina Bridgman sprints in at Oatka.

Rochester Orienteering Club membership application form

- \$10 for one-year student membership (high school or younger)
- \$20 for one-year individual membership
- \$25 for one-year full family membership
- \$25 for one-year organization membership (example: Scout group)
- \$50 for three-year individual membership
- \$65 for three-year family membership
- \$200 for life membership

	<u>First name</u>	<u>Last name</u>	<u>Birthdate</u>
Self:	_____	_____	_____
Spouse:	_____	_____	_____
Children:	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

Address: _____

City: _____ **State:** _____ **ZIP:** _____

Phone: _____ **e-mail:** _____

Indicate if: New membership **or Renewal** **Date of application:** _____

Please circle one or more areas below in which you would be willing to volunteer occasionally. Training will be provided if needed.

Meet	Course	Food	Greeter	Registration	String-O	Start	Control	Results
Director	Setter					Finish	Pickup	Typing

Please enclose a check payable to the Rochester Orienteering Club and mail to:
Rochester Orienteering Club, 40 Erie Crescent, Fairport, NY 14450

First Class



40 Erie Crescent
 Fairport, NY 14450