

ROC 2012 President's Report:

In 2012 the Rochester Orienteering Club sponsored seventeen foot events, two Ski-O's and the Annual Trail Run. There were a total of 1289 starts. The club held its first Rochester Map Adventure, incorporating a number of City parks and environs in a bike/foot trivia event. Trail Challenges, introduced in 2011 to attract the running community to orienteering, continued with reasonable success. The first semi-permanent courses were also developed for Dryer Road Park and Mendon Ponds.

Membership increased slightly in 2012. The year ended with 120 individual and family memberships for a total member count of 174.

ROC entered into an agreement with Genesee Country Village to develop a new map of the Nature Center area. The map was completed and an Eagle Scout candidate used it to create a new permanent orienteering course. The map was also used by GCV to teach orienteering during their summer camp program.

With much discussion, ROC developed and agreed upon a Safety Plan. The plan includes a written policy, signage requirements, and an emergency cell phone at meets. The assistance line number is now printed on all maps and ROC whistles.

ROC increased its exposure by developing pages on Facebook and meetup.com to publicize to a wider audience. The meetup site attracted 90 members, many new to ROC. ROC also participated in the ADK Expo, with an information table and a course set up for visitors to experience orienteering.

In March, workshops were held at the Cornell Cooperative Extension for the first time. Sessions included meet director responsibilities, the e-punch system, and course setting. ROC honored Mary Kolva for her lifetime commitment to the club on that day.

ROC initiated a Tuesday Night Training series twice a month during the summer. Club members volunteered to lead training exercises at a variety of parks, averaging about ten participants per night.

In community outreach, ROC provided training for schools, Scouts, and youth groups. R-H School District staff were trained to develop an orienteering program for more than 70 summer program students. Linda Kohn created a map and taught a course at RIT, requiring students to participate in ROC meets. Don Winslow promoted orienteering at the Lyons Community Center Health Fair. Don also held an after-school club for Lyons Elementary and Middle School students with orienteering activities.

Mike Lyons offered an orienteering summer sports for Juniors camp through Webster Parks & Recreation, with disappointing turnout. Nate Lyons represented the club at JWOC for the fourth consecutive year. Lucas and Zachary Lyons, Hannah Collinworth and Timothy Dobretsov received one or more awards in the national arena in 2012.

The Mendon Trail Run attracted 200 participants and raised approximately \$1500 for the club. Larry Zygo, race director for many years, retired and Brian Thomas will take over those duties in 2013.

Thanks to Tyler Borden, online registration for regular events was offered for the first time and e-punch was used at all the events for the year. This streamlined many of the meet procedures and provided quick meet results to participants.

All this and more was accomplished thanks to the dedication of the Board of Directors and over 103 members who volunteered in 2012. We all look forward to an exciting and productive 2013 season.

Respectfully submitted,
Laurie Hunt, ROC 2012 President